

Key Notes

South Atlantic Region of National Garden Clubs, Inc.

Volume 16, Issue 1 August 2023



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2024 SAR Convention

Remember to Plant America!

Go Green...Plant Natives!

THE DIRECTOR'S MESSAGE

I am a retired educator who believes in all kinds of education and not all is in the classroom. Important lessons are often learned while in the outdoors. My husband, two children and daughter-in-law, and two grandchildren seem to think southeastern Kentucky is a good place to live. I do, too. After meeting so many nice people at the last several South Atlantic Region Conventions, I am convinced many love where they live. And that is a good thing.

Welcome to the South Atlantic Region...Kentucky, North Carolina, South Carolina, Virginia, and West Virginia! Our state clubs, federated with National Garden Clubs, Inc., are committed to embracing the NGC mission statement.

Our new SAR state presidents are all excited, ready to embrace new projects and continue with present ones that have made an impact in their state. They look forward to working with their state committee chairs and club members.

I, too, look forward to working with our state presidents, SAR officers and committee chairs. And I look forward to meeting many state club members and making even more new friends.

Join us in our concerted efforts to make our region become more beautiful and more inviting to pollinators, birds and other wildlife. We emphasize the planting of native trees, shrubs, grasses, and flowers. We continue to beautify our communities with projects that benefit those who are passing through and especially those who live there.

And join us in our quest to provide educational resources that promote good stewardship of our land, air, and water. If you have never attended Environmental School, Flower Show School, Gardening School, or Landscape Design School, take the leap! These are for anyone wanting to increase their knowledge of what is in our world and how to take care of it. And you don't have to be a club member to attend any of these schools. We just want to educate you! Everyone will benefit.

Invite others to join you, 'and plant seeds for new clubs!'

Carcille C. Burchette

SAR Region Director, 2023-2025



PRESIDENTS' REPORTS AND THEMES

The Garden Club of Kentucky, Inc.

Susan Throneberry

Theme: "Go Green...Plant Kentucky!
Plant Kindness and Beauty, Harvest a Garden of Friends."



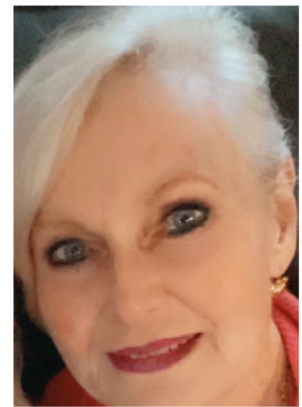
Susan Throneberry is the President of The Garden Club of Kentucky, Inc. My husband Robert and I live in Alvaton, Kentucky, are happily retired and we love to travel and garden. We have three children, our daughters Jordan and Jessica and our son, John David. Robert and I are the proud grandparents of two grandsons and two granddaughters.

Two Creeks Garden Club is my home club and in the past 25 years as a member, I've served in local offices, Co-Chair of The Cardinal Council of Garden Clubs Flower Show the last three years, Dogwood District Director for a two year term, and presently President of The Garden Club of Kentucky, Inc. I have completed Gardening School and look forward to the Environmental School offered in Bowling Green this Fall. My initiative is to continue with the important plans instilled by previous GCKY presidents. We will continue our work to remove invasives and replace them with native plants. Our membership is growing as our clubs reach out to their communities with enthusiasm and encouragement to join garden clubs. Youth and Junior Garden Club involvement with projects are important ways to not only educate about our Environment, but they are our future garden club members. My theme is "Go Green...Plant Kentucky! Plant Kindness and Beauty, Harvest a Garden of Friends." Although my theme is Go Green, my President's special projects are "Go Blue" emphasizing Bluebird Trails and Blue Star Markers.

The Garden Club of North Carolina, Inc.

Linda McLendon ,

Theme: "Cultivating Inspiration" in Gardening by
Communicating, Educating and Participating "



President – The Garden Club of North Carolina, Inc.
NGC, Inc. 5-STAR Consultant after having become a Master in all 4 NGC's Schools, Environmental, Flower Show, Gardening and Landscape Design School.
NGC, Inc. Board of Directors member
SAR – Landscape Design Chairman
NC Landscape Design School – Chairman
NC Gardening School – Chairman
Agricultural, Extension Master Gardener
Master Flower Show Judge
North Carolina State Extension Master Gardener, Past President
Member- Evergreen Garden Club
Member – Lady Banks Garden Club
Church Deacon
Married to Charles McLendon and mother of a daughter, Charla M. Alsterberg

PRESIDENTS' REPORTS AND THEMES



The Garden Club of North Carolina.

David E. Stoudenmire, Jr. , President

Theme: “Legacy Gardening” Past - Present - Future ”



David E. Stoudenmire, Jr. was installed as the 46th President of the Garden Club of SC, Inc. on April 22, 2023. He is the first male garden club member to be President of GCSC. He has been a member of his local garden club, Lori, for over 25 years having served as president twice as well as all other offices. During the 2019-2021 term, David was elected and served as the District Director for Coastal District in SC. Ine 2021-2023 he was elected as the 1st Vice President/President Elect of GCSC. During this two-year period, he chaired the Finance, Bylaws, and Standing Rules Committee. The Bylaws and Standing Rules Committee during the 2021-2022 year completely revised and recommended this revision of both documents to the Board of Directors and Delegate Assembly and received an overwhelming vote of approval for these documents. Just after David’s installation at the 2023 Convention in Myrtle Beach by NGC President, Mary Warshauer, he was presented with the “Order of the Palmetto” which is the highest civilian honor that can be bestowed by the Governor of SC. David is a graduate of Clemson University with a BS degree in Plant Science (Ornamental Horticulture) and a master’s in educational administration in secondary education. He was employed by Horry County School District for thirty-five years first as a horticulture instructor, followed by Job Placement Coordinator, Assistant Principal and finally for nineteen years as principal. The Career and Technology Center he was principal for received several state honors over the years as the top performing center in SC.

Not only has David been active in the educational community, but he also served for 24 years as the Mayor of Loris, holding the distinction of the longest serving mayor in the town’s 100+ year history. He also served on the Board of the Municipal Association of SC, President of the local chamber, etc.

David also, is active in Loris First United Methodist Church having chaired most of the committees and enjoyed singing in the adult choir. He is the son of the late Mamie and Ed Stoudenmire, who both enjoyed being in the local garden club. He was blessed along with two excellent parents with two devoted sisters.

In his spare time, David has enjoyed restoring his grandparents’ home in Estill as well as researching his family genealogy.

PRESIDENTS' REPORTS AND THEMES

The Garden Club of Virginia, Inc.

Val Storie, President

Theme: Every Person Makes A Difference



Born in New York, lived briefly in Connecticut and grew up in California, eventually making my way to Virginia in 1985. My love of flowers and designs began with my grandmother, who for years designed the altar flowers for the local Episcopal Church. I believe this instilled in me the desire to become a flower show judge.

With a BS in Hospital Administration, I worked as a nurse for almost thirty years

Currently I belong to three garden clubs, including a designer's guild. I am, also, a Master Flower Show Judge. In Virginia, I have held various board as well as officer positions. In NGC I am on the Plant America Committee and in SAR, I was the Penny Pines Chair and the 2023

Convention Chairman.

My theme is "Every Person Makes a Difference". There are various goals for VFGC: a new revised Web, increase social media presence, zoom educational programs, revamped Bylaws and yearbook (all to be on the VFGC Web). There will be an emphasis on community visibility.

I totally support NGC, VFGC, Districts and each and every garden club, enjoying the challenge of new projects. I really appreciate club members & visiting clubs.

My other interests are garden and, on the side, I love to play bridge? My husband and I have four children and eight grandchildren.

The Garden Club of West Virginia, Inc.

Martha Hilton, President

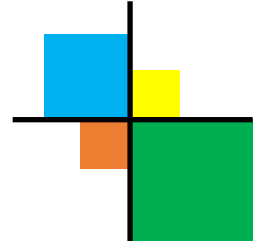
Theme: "Go Green,, Grow With the Flow
Bee the Seed! Sow-Bloom!"



Martha lives in Lewisburg, WV with her husband, Tiff. They have 3 sons & 2 grandchildren whom they love dearly. Garden Club involvement started in Tazewell, VA where she and several ladies started the Seasons IV Garden Club – it's still going strong today. Upon moving to Lewisburg, Martha joined the Young Greenbrier Gardeners in 1983 – it has since changed its name to the Greenbrier Gardeners!

Her passion is helping to find new ideas to benefit the club and the community in their endeavors to beautify the area. When she has a moment, Martha is a Real Estate Broker and has agents throughout WV who keep her on her toes.

CHAIRMAN REPORTS



Birds

Gail Hill, Chairman
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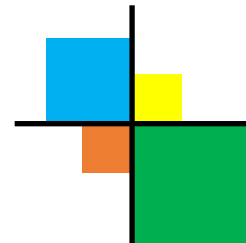


Think of your bird feeders like a cafeteria or restaurant. Would you want to eat there? Birds can catch and spread diseases from dirty bird feeders and moldy seed. Learn how to clean your bird feeders and how often you should do it.

5 Tips for Keeping Feeders Clean

- 1) **Clean every 2 weeks** more often if you live in a damp climate, or during rainy seasons.
- 2) **Use a mild cleaner** Mix 1 part bleach with 9 parts water. Substitute vinegar for bleach to prevent damage to wooden feeders. A protein-based cleaner made for birdhouses and feeders that won't contaminate seed or leave behind chemical residue.
- 3) **Scrub the inside**, outside, feeding ports and perches. Remove droppings, mold and dirt. Brushes designed for scrubbing out feeding ports make the task simpler.
- 4) **Let it dry before refilling.** Damp seed can develop mold quickly which may lead to health problems for birds.
- 5) **Clean the ground below** the feeder Leftovers can sprout. Droppings and discarded seed and shells can harbor bacteria.





Book Review

Margaret Graham, Chairman
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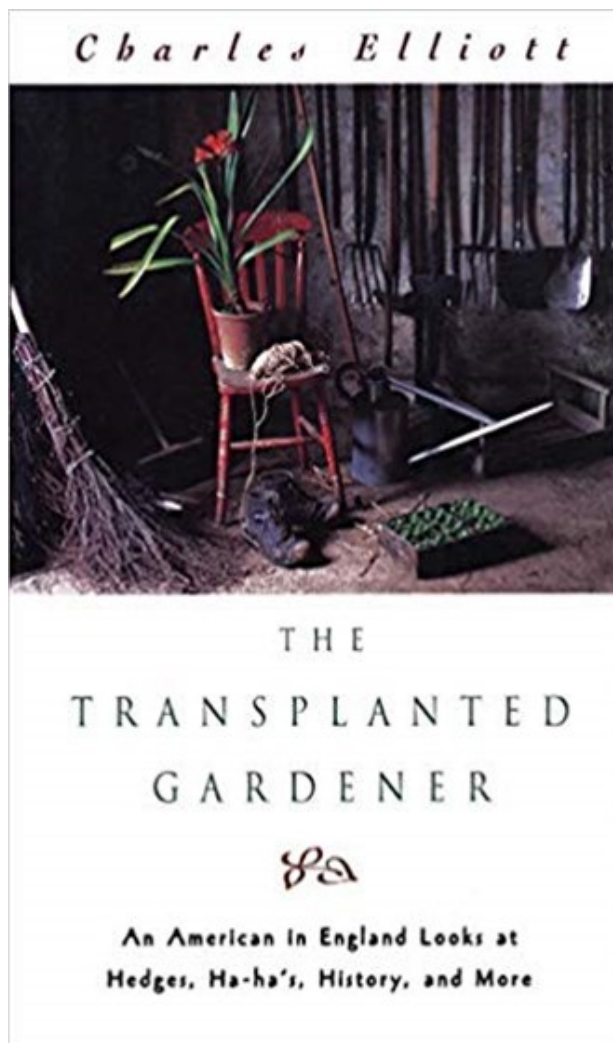
*In 2019, I was looking forward to a gardens tour of Wales and the English Lake Country and searched for books that might give a different look at the areas gardens. And then came Covid and I am still waiting but here is an interesting book that I found *The Transplanted Gardener* is a collection of essays written by Charles Elliott that appeared in Horticulture Magazine in the 1990s and early*

20th century. These essays are chapters that can be read and enjoyed one at a time. The topics cover many English eccentricities such as a debate over ivy, giant vegetable competitions, the Victorian love of bedding plants, the design of shovels, and the history of lawn mowers, mole wars, building a stone walls and much more

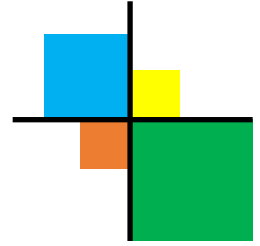
There are some biographical essays, including Charles Darwin's earthworms, A.J. Downing and his structured landscapes. and "Capability" Brown who criticized them. Elliott includes garden writers and critics who had an influence on American gardens, and traces major features in gardening and landscape design history.

Charles Elliott is an editor and writer who lives in London and gardens in Monmouth near the Welsh border. By his own account, he is not truly a gardener himself. What these essays make perfectly clear is that he has been an observer of the gardening and human nature

I found this book to be a reminder of gentler times and recommend it to you. This book and two others by the same author, *The Potting Shed* and *The Gap in the Hedge*, can be found online or perhaps if you are fortunate enough to be near a book store, they might order it for you.



CHAIRMAN REPORTS



Children's Gardens/School Gardens

Glenda Eaton
ggeaton1948@gmail.com
Glasgow Garden Club



Over the last few weeks, communities across Kentucky celebrated summer with county fairs. With summer's heat and this year's rainy conditions, my gardening chores include the annual invasive plants purge along our shaded highway frontage; specifically, Poison Hemlock, Garlic Mustard, Winter Creeper, English Ivy.

Poison Hemlock is toxic to humans and animals, prolific seed producers, tolerates shade, aggressive growth habit in ditches and along roadsides. Can be dug up or cut back before flowering. Do not compost, a thoughtful approach with the following list too.

Garlic Mustard forms dense ground cover, spreads quickly by animals and flooding. Pull plants in early spring and rosettes in late fall.

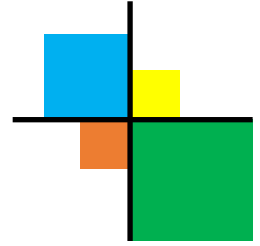
Winter Creeper forms dense ground cover, eliminating native species from the understory. Blooms in June-July. Control by pulling and grubbing to remove roots.

English Ivy uncontrolled will climb trees resulting in loss of vigor and serves as an alternate host for Bacterial Leaf Scorch. Cutting from trees, removal of pulled plants will require repetition.

The Kentucky Exotic Pest Plant Council and the Garden Club of Kentucky have published a leaflet entitled, "Kentucky's Native Alternatives to Invasive Plants, A Guide for Landscapers and Gardeners." Volunteers from the Garden Club of Frankfort manned a booth at the Franklin County Fair and handed out the flyer along with information on how to join a garden club. State Fair Season is upon us all, perhaps a similar educational opportunity might await your club.

After fall clearing is finished, comes the fun of dividing, transplanting, and/or selecting new native perennials. Shall I plant Crossvine, American bittersweet, Phlox or...the brochure provides these alternatives and many more as well as optimum growing conditions, fall color, showy blooms, and other helpful facts about each plant.

CHAIRMAN REPORTS



National Garden Week

Mary Dixon
National Garden Week Chairman
Mdixon2643@aol.com



When planning for projects this year, consider a project for National Garden Week, June 2-8, 2024. Be sure to include your clubs name and membership with SAR and NGC to bring attention to our clubs. Share with this chairman your projects so I can share with others interested in doing something.

SAR Life Membership

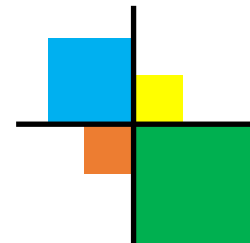
Dorothy Richardson, SAR Life Membership Chairman
P. O. Box 14, Loris, SC 29569
(Home) 843-756-7413 (Cell) 843-430-5205
dwrich30@sccoast.net



The SAR Life Membership supports The Corrie Whitlock Memorial Scholarship. This scholarship is open to a college sophomore or junior for use during the junior or senior year of college. Each state within the South Atlantic Region may submit one application to be in completion for the scholarship. Qualifying students must major in the study of Horticulture, Floriculture, Landscape Design, Botany, Plant Pathology, Biology, Forestry, Agronomy, Environmental Concerns, City Planning, Land Management and/or allied subjects. To obtain SAR Membership, just complete an application and send to Dorothy Richardson, P. O. Box 14, Loris, SC 29569, SAR Life Member Chairman with a check for \$65.00. Please make check payable to SAR. All SAR Life Membership goes to the Corrie Whitlock Memorial Scholarship, which means that you can use the entire amount as a charitable deduction for tax purposes. You will also receive an SAR Life Membership pin.

Giving someone an SAR Life Membership is an excellent way to honor someone who has made a special contribution to your garden club, district, state or region. Or you may purchase one for yourself. Scholarship funds help young people complete their education.

REMEMBER: LIFE MEMBERSHIPS=SCHOLARSHIPS



Judy Ann Fray, Chairman
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ja.fray@verizon.net

Now is the time for State Scholarship Chairs to provide information to eligible students about the SAR Corrie Whitlock Scholarship. It is a \$1,000 Scholarship sent directly to the winner's school. (The number of scholarships to be awarded annually shall be determined by the Finance Committee.)

Scholarships are open to all college sophomores, juniors, or graduating seniors for use during their junior, senior

or graduate studies of college. Each state within the SAR may submit one application to be considered.

In order to apply, the student must be majoring in one of the following fields of study: Horticulture; Floriculture; Landscape Design; Botany; Plant Pathology; Biology; Forestry; Agronomy; Environmental Concerns; City Planning; Land Management and/or Allied Subjects.

Applications may be obtained from the SAR Scholarship Chair, SAR website, NGC website or from the Scholarship Chair of each state in the region. Send completed applications to the State Scholarship Chair by February 1. Each State Scholarship Chair must have their state winner's application to the SAR Scholarship Chair by March 1

CHAIRMAN REPORTS

Youth Poetry/Youth Sculpture Contest

Susan Throneberry, Chairman
270 781-0000
sthronberry1@gmail.com



School's back in session! There are many opportunities for students to enter the **Youth Poetry Contest**. Special Education, English as a second language, and General Education: all Kindergarten through Ninth Grade are eligible for the Youth Poetry Contest. Each state in the South Atlantic Region may enter one poem from each grade level (according to the eligibility requirements). Entries must be submitted to Susan Throneberry, SAR Youth Poetry Chairman, 4621 Old Scottsville Road, Alvaton, KY 42122 sthronberry1@gmail.com 270 781-0000 (landline) by February 1, 2024. Please note: All entries must be typed and titled.

On Back of Entry, include name, address, age, grade and school of student. The Sponsoring Garden Club and state Garden Club name must also be identified. Sponsoring garden club may be that of a grandparent. Poems do not have to rhyme. Poems may be traditional verse, acrostics, blank verse, cinquains, diamond poems, limerick, or Haiku. The theme should not be used as the title to any poetry. When judging, the title is worth 10 points. The theme for 2023 is "I Spy With My Little Eye, Something Green Outside - Celebrating Our Green World"

This is an opportunity for students to use their creativity! "Excite and encourage our Youth to express and explore their creative thoughts through different types of poetry. NGC's Poetry Contest enables our Youth to embrace their creativity through the art of writing. Be imaginative."

The South Atlantic Region **Youth Sculpture Contest** encourages students to keep our planet green and to get involved with saving the environment. There is no theme. Please download the form to enter at <https://gardenclub.org/sites/default/files/2023-05/ngc-youth-sculpture-contest-entry-form-2023.pdf>

Contest Rules:

Children in 4th through 8th grade will be eligible to enter the contest.

Sculptures must consist of recyclable, reused and reduced materials.

Width of the sculpture can be no more than 8 1/2 x 11 inches.

Height should be in proportion to width.

Entries should include as many photographs as can be printed on the back of the entry form but two 4x6 photographs are recommended.

The Scale of Points:

Creative use of materials and self expression: 60%

Description of sculpture and materials used: 30%

Craftsmanship and technique: 10%

Club entries must be sent to your State Chairman, then your state chairman will forward one first place entry from each grade level to the Region Chairman/Awards Chairman by February 1, 2024 c/o Susan Throneberry 4621 Old Scottsville Road, Alvaton KY 42122 sthronberry1@gmail.com 270 781-0000 (landline).

For more information: <https://gardenclub.org/youth-sculpture-contest>

CHAIRMAN REPORTS

Penny Pines

Janice Clem, Chairman
540-977-1713
tchokie@aol.com.



Our SAR states have beautiful national forests! Have you walked in Kentucky's Daniel Boone national forest or visited the Land Between the Lakes National Recreation Area? In North Carolina, you can enjoy Croatan, Nantahala, Pisgah and Uwharrie national forests. South Carolina's Francis Marion-Sumter national forests and the Savannah River Site are must stops, too. Have you explored Virginia's George Washington and Jefferson national forests, or West Virginia's Mongahela national forest? The USDA Forest Service oversees all these forests as well as those in our other states and Puerto Rico.

Sadly, wildfires and natural disasters mar the beauty of our forests, but we can help restore that beauty by supporting NGC's Penny Pines program. National Garden Clubs entered into a conservation agreement with the Forest Service whereby donations to Penny Pines provide funds for planting replacement trees for the reforestation of areas destroyed by fires, floods, and infestations.

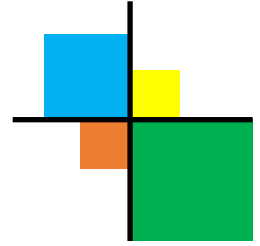
Donations are made in \$68.00 increments. Why \$68.00 you might ask? When the program initially began, seedlings could be produced for one cent each, and approximately 680 seedlings could be planted in a typical acre, with 10 acres of seedlings costing \$68. Today, \$68.00 pays for about 200 seedlings.

Each \$68.00 donation is called a plantation. The Forest Service uses our donations together with federal funds to replant devastated areas with replacement indigenous trees (not just pine tree).

Download the donation form on the NGC website, www.gardenclub.org, select "Programs" and then select Penny Pines. You may choose to use your donation to honor an individual or a group or in memory of someone. The donation form and a check are sent to NGC Headquarters, or you may donate using the online link.



2024 CONVENTION



2024 SAR Convention
Embassy Suites Greenville Golf
Resort and Conference Center in Greenville, SC,
670 Verdae Boulevard, Greenville, South Carolina, 29607
Save the Date
Sunday, March 17 through Wednesday, March 20



The South Atlantic Region

Member States



Don't forget the Key Notes Articles

Please submit your reports using Times New Roman 12 pt format.

Key Notes issues Deadline

March 20

June 20

September 20

December 20

Please submit your articles by email to toddie1904@aol.com

Sharon Jones O'Connell

954-253-4383

Please Share This Newsletter With Clubs In
Your State And With Members Of The State
Boards . Thank You