Key Notes

South Atlantic Region of National Garden Clubs, Inc.

Volume 15, Issue 3 January 2022



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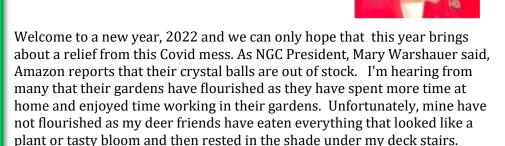
2022 SAR Convention

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Reconnect, Plant, Grow, and Bloom

THE DIRECTOR'S MESSAGE



I hope you are making plans to attend <u>2022 SAR Convention</u> in Berea, KY. Carla Hawkins and her committee have put together a fantastic event and we hope to see everyone there. Information is on the SAR website be sure to check it out.

Thanks to Sharon Jones for re-constructing the SAR newsletter, <u>Key Notes</u> which will be sent out as soon as possible. Email articles to: Sharon Jones: <u>toddie1904@aol.com</u> Phone number is 954-253-4383 if you have questions. Deadlines for Newsletter articles are: March 20, June 20, September 20 and December 20 for January of the next year.

If you have not already done so, please consider making a donation for our <u>SAR awards</u>. Send to the Awards Chairman, Martha Hilton, 727 Crowfield Circle, Lewisburg, WV 24901-2255, make checks payable to SAR and mark Awards on memo line. Contact Martha if you need information: 304-667-7060 Email: agentwv@mountain.net

The SAR website is up and running and has the board listings. Please check it out and consider submitting information about your area. Website is Teresa Laney, teresa.langley@gmail.com. Password for the member side is: bloom

Stay safe and warm -- and I'm looking forward to seeing you at Kentucky in March.

Marty Bowers

2021-2023 SAR Director

Phone: 540-297-0965 or 540-309-1676

Email: martbw@gmail.com

PRESIDENTS' REPORTS AND THEMES

The Garden Club of Kentucky, Inc.

Carcille Carloftis Burchette, President

Theme: "Let's Grow"



At the prodding of my brother Jon and good friend Sandy Robinson, I joined our local garden club. They both thought I would enjoy meeting all the nice garden club members from all over. I was still a teacher at the time, busy coaching and parenting two very active children. As much as I enjoyed my Corbin Garden Club, it was very enjoyable to meet other members. And then it was suggested I would like flower show school...

I have served as a state, SAR, and NGC Chair before being installed as President of the Garden Club of Kentucky, Inc. Currently, I am also serving my second term as a school board member and serving in other organizations as well. My theme is "Let's Grow" and projects emphasizing "Native Plants" and "Habitats for Our Wildlife: Animals, Birds, Insects and Plants". Because of the devastation in western Kentucky due to the tornado before Christmas, a special project is now in place with the creation of the GCKY Natural Disaster Re-Leaf Fund. This fund is to help with the restoration of the land once the debris has been cleared and the time for planting begins. Native plants and trees will be encouraged, and it will be to help with future natural disasters as needed.



The Garden Club of North Carolina, Inc.

Darene Fann Honeycutt , President

Theme: "Sowing Seeds for Future Generations"

Members of GCNC enjoyed an awesome Fall Board Meeting in September 2021 at The Haw River State Park in Browns Summit, NC.

Increased rates to hold meetings at hotels has been reported as the number one reason for decrease in members attending state meetings. Haw River is a conference center purchased years ago by the state of North Carolina so this state park is very unique. Members had all the amenities that a hotel provides to include lodging, outstanding meals, snacks, free wine at

the President's Reception, numerous workshops, a horticulture specialty show, and registration and door prizes for a package price of \$125 to include tax. GCNC had a record number attending a state meeting for the first time. The reduced rate and the flower show were very instrumental in increasing attendance. The current administration is seeking input from members and their new ideas to increase membership and retain membership. Affordable meetings are a great first step to improving communication and promoting GCNC.

(continue on next page)

Presidents' Reports and Themes (Continue)

GCNC has a new website with an email communication feature. Members receive monthly email blasts directly from the president with news and updates. The email feature has relieved some of the burdens placed on the ten district directors who no longer have to forward state messages to their district garden club members.

GCNC clubs are meeting in person and virtually, holding events, and applying for awards. The GCNC Awards Banquet and Annual Meeting is scheduled for May 1-2, 2022 at the Embassy Suites in Concord, NC; home of the Nascar Museum and several race car garages. Members are looking forward to attending the meeting and the various tourist attractions. Keynote speaker will be Katie Stagliano of Summerville, SC. Katie received a cabbage plant from Bonnie's Plants while in the third grade. She grew a 40 pound cabbage and donated it to a local soup kitchen.

After being invited to help serve the meal where her cabbage was being served, Katie had a dream to continue feeding the hungry. Her story was published in a book titled, Katie's Cabbage and the rest is history. Katie has a very successful 501c3. Sowing Seeds for Future Generations is this administration's theme and Katie's story is the perfect example of how a seed grows to produce an abundant harvest.

GCNC members have been asked to participate in the GCNC President's Project. GCNC headquarters is housed at the J.C. Raulston Arboretum at North Carolina State University in Raleigh, NC. JCRA is updating several areas of the garden and GCNC is participating by purchasing bricks to build an accessible brick walkway in the garden.

The Garden Club of South Carolina, Inc.

Linda Howle, President
Theme: "Let's Grow"

Linda Howle lives in Darlington, South Carolina with her husband, Bill. They have four grown children: Townsend, Jamie, Gram, and Parker, two grandsons, and two yearold Springer Spaniel, named Charlotte. Linda and Bill have lovingly restored their 1880's Italianate home and garden, where they have lived for over 40 years. Linda received her BA Degree in Home Economics from Meredith College, Raleigh, N.C. and is also a National Board-Certified Teacher, retiring after 26 years in the classroom. She is a Master Gardener, and past club president for Darlington Garden Club. Linda has served as Director and Co-Director of the East Sandhills District, GCSC State Youth Awards Chairman. She serves on the National Garden Club, Inc. Board of Directors and is a NGC Accredited Flower Show Judge. She is currently SC State Flower Show School Chairman. She has enjoyed gardening and

floral design as long as she can remember. She grew up in Montgomery County, N.C., where everyone in her family had a farm or backyard garden. She was actively involved



in 4-H Clubs. Linda learned floral arranging from her mother, who was also a garden club member, as she helped her create arrangements for their church. They even entered Flower Shows together. Linda is very excited about her new adventure as the 45th President of The Garden Club of South Carolina, Inc., and looks forward to traveling around the state to meet garden club members in person. She hopes everyone is ready to get out, get together to enjoy gardening, and promote her theme for GCSC: "Let's Grow, South Carolina!"

PRESIDENTS' REPORTS AND THEMES (CONTINUE)



The Garden Club of Virginia, Inc.

Mary Owen, President

Theme: "Let's Dig Into Action"

A Virginia native, my love and appreciation for garden and floral arranging began at an early age. From my grandmother's garden, I was encouraged to cut and arrange flowers, this in-

stilled in me a love of nature and its need to preserve and protect. That is the basis for what began in 1995 as a Garden Club Member.

With a BS in Business Administration and a Minor in Government I initially pursued positions in the political arena with Congressional, Attorney General and Gubernatorial Campaigns. Although this was educational, I turned my career to a corporate environment. Working for Shell Oil Corporation as Director of Public Relations/Advertising for a new subsidiary and then to Corporate Advertising and Marketing in Richmond, Virginia. Then, marrying EW in 1992 I joined the family business of owning and operating Pharmacies.

However, in 1995 a new world opened "Garden Clubbing." This began with offices and responsibilities at the local level including President, all club offices, a myriad of chairmanships and the Chairing of multiple flower shows. From there the Piedmont District started, where I served as President and Director of Hospitality and Programs. Also, during that time I had the privilege of being a Nature Camp Trustee and camp Secretary. Following this was the Chairmanship of the VFGC 2011 State Convention, VFGC Third Vice-President, Finance Committee Secretary and numerous committee Chairmanship. Coinciding with much of my District and State Activities, my National level involvement began in 2007. This is where I served on NGC committees....Membership, Nominating Committee to Organizational Study. My last position being the NGC Recording Secretary.

And now, having just finished the VFGC First Vice President's role I'm seriously looking forward to the VFGC Presidency and doing some serious "Garden Clubbing."

Let's Dig Into Action"...with VFGC

The Garden Club of West Virginia, Inc.

Vickie Stedman, President

Theme: "Beautiful Places, Smiling Faces""

My name is Vickie Stedman and this, thanks to our new old friend Covid, is my second term as President of West Virginia Garden Club, Inc. I live on a farm just outside of Martinsburg, West Virginia with my husband of 50 years and 15-year-old dog, so life has slowed down a little for us. We are lucky to have our son, daughter-in-law, and grand-daughter as next-door neighbors, although they live almost a mile away. Other than gardening and my many Garden Club friends, my favorite pastime is traveling. After a career in bank management, I decided to embark upon a new career.

I attended a Travel Institute and then opened a full-service travel agency in Stuart, Florida, where I quickly learned to appreciate the many joys of travelling. My husband and I have had the pleasure of visiting over 60 countries and all of the continents except Antarctica and Australia. We are planning our first River cruise in May to celebrate our 50th anniver-



sary. I'm really glad that life has finally begun to return to somewhat normal and I'm looking forward to resuming the many Garden Club events that we've missed the last two years.

Chairmen Reports

Arbor Day

Geneva Hunt
325 Ewell Rd.
Williamsburg VA 23188-2186
757-565-1694: genevahunt@cox.net



Did any of your garden clubs do anything special to celebrate Arbor Day this past spring? We need to promote Arbor Day by planting trees or other plantings or by cleaning up an area or any other way to promote Arbor Day. Many of our students (andmaybe some parents) don't know about the history of this day and how our projects can help our environment. After planning and/or carrying out your celebration, try to get publicity for your club and state while celebrating in your own way. Try to involve other groups with you. This could become a community . This visibility could be a chance to open a door to a new member, too. Let this chairman know what you did. She would like to hear from clubs and states so she can highlight some of the activities. She heard only from several clubs/Councils in Virginia. We know there were lots more! They were not reported to this chairman for recognition!

Bees & Butterfly Preservation, Pollinator Gardens, Endangered Species

Dina Braniff
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Washington, WV 26181-3616
304.284.8872 : dina.braniff@gmail.com



I am honored to chair Bees & Butterfly Preservation, Pollinator Gardens, Endangered Species for the SAR of National Garden Clubs. I invite you to email me at dina.braniff@gmail.com to let me know what your garden clubs plan to do in support of Bees & Butterfly Preservation, Pollinator Gardens, and Endangered Species. I look forward to meeting you in KY at the 2022 SAR Convention and working together on our activities!

My garden club, Lubeck Acres GC (WV), recently had a meeting on Winter Sowing. Watched a YouTube video (10 min.)" Winter Sowing Perennials a Quick Tutorial". After we watched the video, we each planted butterfly weed seeds and went home with our own winter sown seeds. Butterfly weed seeds sown last January were put in the sandy soil on May 27 and bloomed August 28. We are hoping for the same success. Our club sponsors the Lubeck School Conservation & Garden Club and their meeting was held Tuesday, January 25. It was a zoom meeting about bees with Deborah (continue on next page)

Chairmen Reports (Continue)





Florence from the WV Environmental Protection, Youth Environmental Program bringing us a program on Bees, Pollination and Recycling to help the bees.

The student favors are a "Be A Bee Buddy Activity Booklet", a Beesponsible pencil and of course,

a Beesponsible Tattoo! We are equipping our youth with the knowledge needed for support of Bees & Butterfly Preservation.

I'd also put out a shout to the No Mow May. Mowing your lawn less creates habitat and can increase the abundance and diversity of wildlife including bees and other pollinators. One way to reduce mowing is by participating in No Mow May. No Mow May is a conservation initiative first popularized by Plantlife, an organization based in the United Kingdom, but which is gaining traction across North America. The goal of No Mow May is to allow grass to grow unmown for the month of May, creating habitat and forage for early season pollinators. This is particularly important in urban areas where floral resources are often limited." I'd like to site Bee City USA for this information https://beecityusa.org/

I wish you all the greatest success in your endeavors with Bees & Butterfly Preservation, Pollinator Gardens, and Endangered Species! Please look forward to my next SAR News Letter article which will feature a submission from WV Bee Keeper Jan Ott.







Chairmen Reports (Continue)



Birds

Gail Hill 5512 Seven Gates Drive Greensboro, NC 27410-2694 336-292-8007, bgthill_gail@aol.com

WINTER BIRD FEEDING: THE BASICS

Action, color, drama, song; it's all there at your backyard bird feeder. Feeding birds is a great way to brighten a dreary winter day. It's also a never-ending source of entertainment and enjoyment. You'll get to know the regulars and, if you're lucky, you'll be rewarded with surprise visits from birds not usually found in your area.

Food and Feeders: Different species of birds prefer different types of seed and feeders, and no one type is preferred by all birds. Where you set up your feeders and how much cover and water you also affect feeder use.

Bird Seed and Other Food for Birds: The type of seed you provide influences how many birds come to your feeder. Over 20 types of seeds are sold as birdseed. The best all-round is probably the small black-oil sunflower seed. It costs a little more but is preferred by many smaller species, including chickadees, nuthatches, and titmice. It has a high oil content that is nutritionally important for birds, and a thin seed coat that is easy for them to crack open. If you are going to provide one seed, this is the one to choose.

The striped sunflower seed, slightly larger, is very popular with blue jays and cardinals, but it is difficult for many smaller species to crack open. Sunflower seeds usually are provided in a hanging feeder. A disadvantage of sunflower seeds is that birds crack them open to eat the hearts, dropping the hulls on the ground, creating a mess under the feeder. You might instead opt to buy hulled sunflower seeds, which come without the seed coat which are more expensive but leave no mess.

If you want to attract a variety of species, try providing a variety

of foods. Besides sunflower seeds, other popular seed types Include white proso millet, niger, and peanuts. White proso

millet is cheap and attracts many species, but also may attract less desirable ones, such as house sparrows and brown-headed cowbirds. Niger or thistle seed is popular because of the attractiveness to goldfinches, house finches, and purple finches. Niger seed is very small and usually offered in a special feeder with small holes for dispensing the seed.

Peanuts attract blue jays, chickadees, titmice, and woodpeckers.

They can be offered as shelled kernels, in the shell, or as peanut hearts – the small chips left when peanut halves are broken apart. The hearts are valuable because they are small and can be eaten by many smaller species of birds.

Besides seed, you can offer other types of foods to enhance the attractiveness of your feeding station. Suet is a high-quality animal fat that is highly sought-after in winter. It is particularly attractive to woodpeckers, chickadees, nuthatches, and titmice, although some atypical feeder birds like Carolina wrens and brown creepers also like it. Suet is sold at grocery stores in the meat section. It can be hung in a mesh bag (often provided with the suet) or you can buy special suet feeders. Processed suet cakes are available at many stores that sell bird feeding supplies. These cakes may contain other pieces of seed and fruit and are processed so that they don't turn rancid in warmer weather.

"Marvel Meal" a mixture of peanut butter and other items, is fun for children to make and is a favorite of chickadees, titmice, wrens, and even bluebirds. It can be pressed into the holes of a log feeder or smeared directly onto the bark of trees. It can also be frozen into blocks and put in a suet feeder or sliced into chunks and placed on a feeder tray.

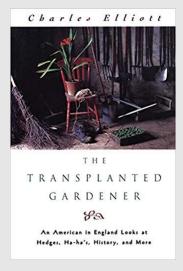
Recipe for Marvel Meal

- 1 cup peanut butter
- 1 cup vegetable shortening
- 4 cups cornmeal
- 1 cup flour
- 1 handful of sunflower seeds (optional)

Chairmen Reports (CONTINUE)

Margaret Graham 1303 Golfview Drive N. Myrtle Beach, SC 29582-2611 843.280.9718 843.222.2548 C

Book Review



In 2019, I was looking forward to a gardens tour of Wales and the English Lake Country and searched for books that might give a different look at the areas gardens ...And then came Covid.. and I am still waiting but here is an interesting book that I found

The Transplanted Gardener is a collection of essays written by Charles Elliott that appeared in Horticulture Magazine in the 1090s and early20th century. These essays are chapters that can be read and enjoyed one at a time. The topics cover many English eccentricities such as a debate over ivy, giant vegetable competitions, the Victorian love of bedding plants, the design of shovels, and the history of lawn mowers, mole wars, building a stone walls and much more

There are some biographical essays, including Charles Darwin's' earthworms, A.J. Downing and his structured landscapes. and "Capability" Brown who criticized them. He includes garden writers and critics who had an influence on American gardens, and traces major features in gardening and landscape design history.

Charles Elliott is an editor and writer who lives in London and gardens in Monmouth near the Welsh border. By his own account, he is not truly a gardener himself. What these essays make perfectly clear is that he has been an observer of the gardening and human nature

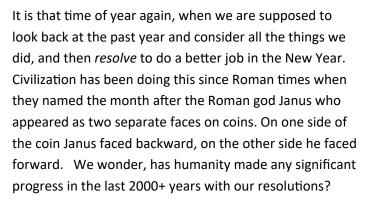
I found this book to be a reminder of gentler times and recommend it to you. This book and two others by the same author, The Potting Shed and The Gap in the Hedge, can be found online or perhaps if you are fortunate enough to be near a bookstore, they might order it for you. Email pgmcg69@gmail.com

Chairmen Reports (Continue)

Grassroots Green: Greener Resolutions

Environmental Education

Karen Prewitt
33 Hasell Street
Charleston, SC 29401-1604
843.607.7772 C: kpadgett4c@gmail.com



The definition of the word "Resolve" is interesting. The first meaning is: "to break up into parts to analyze". The alternate definition is: "to reach a decision". If we use Webster's first definition as our guide for our new resolutions, perhaps our efforts to actually keep those resolutions will be a little easier. This philosophy is perhaps best explained in the old adage, "The only way to eat an elephant is one bite at a time". The environmental problems we are facing are not going to be resolved overnight, it is going to take a serious and <u>sustained</u> effort by each of us to help make a difference.

I recently had to replace my 30+ year old washer and dryer, and in an attempt to practice what I preach, I purchased a washer that automatically computes how much water will go into the wash cycle based on the load size. It



won't let me make that choice. I confess that I think the clothes are getting beat around more with less water, and I'm not sure that is good for them. I console myself that I am doing a little bit to help save our natural resources. I also use the *tap water* temperature selector more often, rather than automatically selecting the warm or hot water cycles. I find the clothes are just as clean.

I am also resolving to try to use fewer products that are packaged in plastic. This is a difficult promise to keep. Scientists claim that we eat, swallow or breathe 2,000 particles of plastic <u>a week</u>, about the weight of a credit card! This can't be good for our health! Need I even mention not to cook food packaged in plastic in the microwave? Everything in the grocery store seems to be packaged in plastic today, from meats, to tomatoes, to milk. What happened to buying individual tomatoes or apples or onions? I'm going to ask my grocery store to use less of this sort of packaging, but it will take lots of voices to make a difference. I would be willing to pay a little more for milk in glass bottles again and have that glass recycled.

I will leave you with a quote I $\,$ have used before by Gaylord Nelson

"The ultimate test of our conscience is our willingness to sacrifice something today for the sake of future generations, whose thanks will not **be** heard" ... Have you 'reached a decision' yet?

Our world's plastic recycling efforts don't seem to be making much difference.

Chairmen Reports (CONTINUE)

Penny Pines

Valerie Story 140 Culpeper Street Warrenton, VA 20186-3220 540.272.0975 C valstory@aol.com

As many know NGC and the USDA Forest Service are proud to have formed a partnership sustaining our forests through this reforestation/forest education program.

Your Garden Club can participate in this meaningful and practical conservation project by contributing \$68.00 to a Penny Pines plantation as part of the costs of replanting replacement trees to a particular damaged area. Whether by fire or by other natural catastrophe, pine trees and other trees are replaced. You may designate a specific state you wish to have benefit from this contribution.

States, regions, districts, clubs, and/or individuals may participate in this program by donating in multiples of \$68. A \$68 donation may be made in honor or in memory of one individual, organization, or theme.

Go to the NGC web under programs to Penny Pine. There is an application form easy to download and or print.

For further questions feel free to contact me at valstory@aol.com .



SAR 2022 Convention

South Atlantic Region 2022 Convention

March 20-22, 2022 Historic Boone Tavern Berea, Kentucky

"Coming Home to Kentucky"



You will feel like you are "coming home" when you walk into Berea's Historic Boone Tavern. Named for Appalachian hero

Daniel Boone, this gracious hotel has been hosting visitors since 1909. Boone Tavern is a member of the Historic Hotels of America and is listed on the National Register of Historic Places. Berea is the Folk

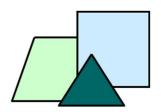
Arts and Crafts Capital of Kentucky! You will find plenty of places to shop as Berea is home to many artists, craftsmen, and culinary experts. Boone Tavern celebrates all things local, from fresh foods sourced from local producers to rooms filled with handcrafted furniture, many made by Berea College students. Their awardwinning chefs will provide mouth-watering dishes for the convention, including their legendary spoonbread!

We are pleased to offer a diverse program of outstanding speakers including Jon Carloftis, award winning garden designer; Jonathan Webb, Founder and CEO of App Harvest; and the talented Kentucky Flower Show Judges Council. Programs on horticulture, design and the SAR Awards will round out the schedule.

Guest rooms will be offered from \$89-\$109 + Tax. Ask for "Garden Club" when reserving a room at 1-800-366-9358.

Come a day early, or stay a few days later, and enjoy the beauty of the Bluegrass. We hope to see you in March as there is nothing like "Coming Home to Kentucky" in springtime!

Convention Chair: Carla Hawkins (502)319-2192 Cchawk749@yahoo.com



SAR 2022 Convention Schedule

2022 South Atlantic Region of National Garden Clubs, Inc. (SAR) Convention

Historic Boone Tavern and Restaurant

Berea, Kentucky

March 20-22, 2022

"Coming Home to Kentucky"

Tentative Schedule

Sunday, March 20

10:30 a.m. - 6:00 p.m. Registration

11:30 a.m. - 12:30 p.m. Lunch (Former SAR Directors, Finance and Executive Committees)

12:45 p.m. - 1:45 p.m. Regional Finance Committee Meeting

2:00 p.m. – 3:00 p.m. Regional Executive Committee Meeting

3:15 p.m. - 4:15 p.m. SAR Board Meeting

6:30 p.m. Banquet Honoring SAR Life Members

Program: Jonathan Webb

Founder & CEO of AppHarvest

Monday, March 21

8:00 a.m. - 6:00 p.m. Registration

9:00 a.m. - 11:30 a.m. Convention General Meeting

11:00 a.m. - 5:00 p.m. Vendor Boutique

Noon Luncheon Program: Jon Carloftis, Garden Designer

2:30 p.m. - 3:30 p.m. Program: Horticulture Program

3:30 p.m. - 4:30 p.m. Program: Design Program

6:00 p.m. - 7:00 p.m. Social Hour

7:00 p.m. - 10: 00 p.m. Banquet

Program: Kentucky Flower Show Judges Council

Tuesday, March 22

8:00 a.m. - 9:00 a.m. Registration

9:00 a.m. - 11:00 a.m. Awards Breakfast

SOUTH ATLANTIC REGION OF NATIONAL GARDEN CLUBS, INC.

60th Annual Convention - March 20-22, 2022

"Coming Home to Kentucky"

Boone Tavern Hotel and Restaurant Berea, Kentucky

Mail completed form and check payable to "SAR 2022 Convention" to:

Connie Crain

46 Mockingbird Lane, Flemingsburg, KY 41041

For Info:crain99@windstream.net

Postmark by March 1, 2022 for on-time registration

Last Name	First _		Middle Initial	
Address		City		
State	Zip Phone Number			
E-mail Address:	ase check if we may	email your acknow	vledgement	
Check ALL that apply:				
NGC Officer NGC Chairman NGC Life Member Club President Guest	SAR Of SAR Ch State Pre Elected SAR Di	airman sident Delegate	Former SAR Director SAR Life Member Club Member Spouse	
Please select all which are in Note: Full Convention inclu Tuesday Breakfast. Note: Su	des Registration, Sur		ay Lunch and Banquet,	
Full Convention (Outside of GCKY Member -Full Conv	vention		\$225 \$203	
GCKY Spouse-Full Conver Sunday Lunch-Former SAR	Directors, Finance as	nd Executive Comm		
Sunday Banquet & Program Monday Lunch & Program Monday Banquet & Program		Judgas Caunail	\$ 45 \$ 25	
Tuesday Awards Breakfast One Day Registration	I - K1 Flower Show	Judges Council	\$ 45 \$ 28 \$ 30	
Late Registration Fee postm		t PAYMENT ENCI	\$ 20	
Please indicate special dietar			Other	
Hotel Reservations: Boone Call 1-800-366-9358 and res	ference group name: '	'Garden Club''	a, KY 40403 9.00 - \$129.00 plus 10.24% ta:	

The South Atlantic Region



Don't forget the next Key Notes Articles or Reports must be by March 20 so it can get the April issue. Please submit you reports using Times New Roman 10pt format.

Key Notes issues Deadline

March 20

June 20

September 20

December 20

Please submit your articles by email to toddie1904@aol.com

Sharon Jones

954-253-4383

Pleased Share This Newsletter With Clubs In YourState And With Members Of The State Boards Thank You