

# KEY NOTES



South Atlantic Region of National Garden Clubs, Inc.

July 2018  
Volume 15, Issue 1

“The Beauty of Nature: Protect, Preserve, Enjoy ”

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## Key Notes issues

Key Notes will be published in early July, October, January, and April.

The deadlines for the respective issues are:

June 20

**September 20**

December 20

March 20

Please submit your articles by email, if at all possible, to

mflloyd3570@aol.com

Subject: SAR Key Notes

## THE DIRECTOR'S MESSAGE

*The Beauty of Nature: Protect, Preserve, Enjoy ”*

Dear SAR Friends,

I have been fortunate to have visited four of “my” states in the spring. Covington KY that was right after the SAR Meeting, Virginia, North Carolina and South Carolina. I will be in West Virginia in September.

Kentucky is to be commended for putting on such a successful meeting, especially since the hotel informed them last November that it would be under construction. All turned out well as the committee could have the meetings and meals at the Metropolitan Club next door. The meals were very special and there was good space for the meetings. Thank you Ann Fiel and your committee. The National meeting was held in Philadelphia at the Loews Hotel in the heart of downtown. I was very glad to see many of our members attending.

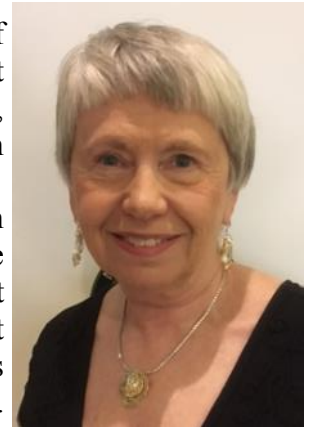
Summer is here and I plan to do as little as possible. It is too hot to go outside and garden. It is too hot to go outside at all. I go to the plant nursery, get excited, buy plants and get them home only to be too tired and hot to plant them. Then I call my gardener person and pay to have it done. Well worth the money.

NGC Fall Board Meeting will be in Orlando Florida Sept. 26-28. Let us hope that hurricanes stay away. That goes for South Carolina, North Carolina and Virginia too.

Don’t forget to Enjoy Nature. All our states have beautiful parks and gardens we can visit and appreciate.

Stay cool.

*Judy Barnes*



## State Presidents' Themes and Reports



### **The Garden Club of Kentucky, Inc. Paula Hyatt, President "Plant America—Kentucky"**

KENTUCKY...From the Bluegrass, to the Lakes, to the Mountains. We are in full bloom and beautiful. Many flower shows now and in the future are planned. Downtown streets are decorated with hanging baskets in over 100 towns, the county fairs are being held with many flower displays and judging. We may rest in the

late winter and early spring BUT there is no free time in the late spring and summer months. Kentucky is a-bloom and green. Come visit us and "stay awhile". There is always something to see and do. Remember to PLANT AMERICA and visit the Commonwealth of Kentucky.

*Paula Hyatt*



### **The Garden Club of North Carolina, Inc., Gail Hill, President Theme: "Growing Forward Together to Plant America "**



My reservations were made, my plane tickets were bought, but unforeseen circumstances kept me from attending the NGC Convention in Philadelphia. I understand from all accounts that it was a great one. I do wish to thank all of my gardening friends from across the country for your cards, thoughts and prayers during this tragic time for my family. You really don't know how much those cards have meant to us.

Our work goes on in this fine state of North Carolina with Blue Star Memorial Dedications, end of the year Officer Installations and any and all other things that can come up in a day, week or month's notice. It does keep a President on her toes.

Charles McLendon has just finished a Gardening School, Course I (June 4-5) in Raleigh. He has another one, Course II, planned for October 22-23, 2018 at The JC Raulston Arboretum in Raleigh. The Winston-Salem Judges Council has an upcoming Flower Show School, Course II, planned

for July 16-18, 2018 in Winston-Salem at the Brookstown Inn. They will be starting the FSS on Sunday to study Flower Show Procedure and then test FSP the next morning, study Horticulture on Monday and have the Horticulture written test on Tuesday am and study Design on Tuesday and have the Design written test on Wednesday am. Landscape Design, Course II, will be held August 13-14, 2018 at The JC Raulston Arboretum in Raleigh by Linda McLendon. The 2018 NC Flower Show Judges Symposium is scheduled for October 28-30 in Cary, NC at the Embassy Suites Hotel with Melanie Wyatt as Chairman. Flower Show School, Course III, is scheduled for November 5-7, 2018 in Winston-Salem at the Brookstown Inn.

We look forward to having Nancy Hargroves visit with us September for our Fall Board Meeting in Fayetteville. The clubs in District 8 have been planning this meeting for over a year and they are looking forward to a Presidential visit.

Have a blessed and relaxing summer!

*Gail Hill*

**The Garden Club of South Carolina, Inc.**  
**Donna Donnelly, President**  
**Theme: "Birds of a Feather Garden Together"**



The summer season is upon us with 90+ degree-days, high humidity and blazing sun! The recent episodes of heavy rain have allowed everything green to grow abundantly! The corn crops alone are over 8 feet tall! The end result makes the state a beautiful sight to behold with lush farmlands and even more luxurious green spaces as far as the eye can see!

The GCSC State Meeting held in Columbia on April 26<sup>th</sup> was well attended! Many clubs and councils received GCSC Awards. It was great to see everyone and celebrate the winning projects! The captivating words of our speakers, SAR Director Judy Barnes and Dr. Patrick McMillan, Director of the State Botanical Garden, were informative and entertaining! GCSC Presented Dr. McMillan with a check for \$10,000 for the Birding Garden Project at the SCBG. The funds were

raised through the generous donations of GCSC club members to the President's Project 'Feed the Birds'.

At this time GCSC is getting ready for the upcoming summer EXPO. At the EXPO the clubs presidents and members will get updated information from the state chairmen to start off their club's new year. It is a time for all to visit with club members from across the state, speak with District Directors and the President and get ideas for club programs. NGC Awards will be presented and the members will enjoy workshops and special speakers.

The remainder of the summer GCSC is officially on vacation to enjoy the many delightful and captivating beauty spots of our state! Have a great summer!

*Donna Donnelly*



**Virginia Federation of Garden Clubs, Inc.**  
**Marty Bowers, President**  
**Theme: "Planting Today For Future Generations"**

Summer is here with hot, humid days, making it hard to get the gardening tasks done. Hopefully, we will have a return to some more inviting gardening temperatures.

Spring brought the flurry of District Meetings, the South Atlantic Region Convention in Kentucky, the VFGC state convention in Richmond and finally, the great NGC Convention in Philadelphia, PA. All have been opportunities to meet friends and make new friends. VFGC was pleased to receive awards from both SAR and NGC.

I am continuing to read the reports from each of the local garden club presidents and it is amazing to hear about their projects and to know how active the clubs are.

Unfortunately, VFGC has lost clubs and members again this year. Therefore, it is always a joy to attend anniversary celebrations. Buckingham-Dillwyn just celebrated their 85<sup>th</sup> anniversary in June. Their scrapbooks are filled with the work the members have accomplished during the years. They are still going strong with projects today. I have also been a guest at

other garden club regular meetings and we all rejoice when the clubs have taken in new members.

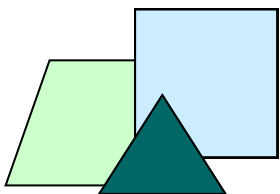
Virginia students are looking forward to Flower Show School III to be held following the VFGC Board Meeting, August 27-30 in Lynchburg, VA. Landscape Design School is scheduled to be held at Lewis Ginter Botanical Gardens, October 1-2, 2018. Symposium is planned for November 13-15 in Richmond, VA. Our schools continue to be an important part of the program of VFGC as there is always more to learn.

Early planning is under way to update and revamp the VFGC website as well as develop other forms of social media in order to be able to reach our current members as well as attract new members. Hopefully, by the time of the next Key Notes publication, we will have news about that.

It is a joy to be connected to our sister SAR states and to hear about their projects and news.

Happy gardening!

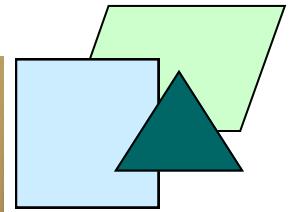
*Marty Bower*



### West Virginia Garden Club, Inc.

Carolyn McCafferty, President

Theme: "Opening the Doors to the Future"



On Saturday, June 9th, we dedicated our 83rd Blue Star Marker in New Cumberland, West Virginia. This was a special day, because dedicating a new marker is always exciting...but this marker came to our state in an unusual way.

George Hines had seen Blue Star Markers in his travels around our state and others. He has a small park that sits on Route 2, that he did most of the work to create. It is a tribute to those who have served in the armed forces. So, George decided that he would like to have a Blue Star Marker, but found out, that you have to be a part of garden club to put in a marker. Now, upon hearing this news, most people would have just given up on getting a marker--but not George. What do you think he did? Well, he started a garden club! He recruited the people to help him plant flowers around the city of New Cumberland to be members. They have seven! George serves as President. I thank George for all of the time and effort he put into making his marker happen. Oh, and by the way, now he is working on getting a Gold Star Marker!!

We need more people to be like George! Go getters! We are planning for Flower Show School, Course 2, to be held in Moundsville, WV on August 9-11. We are in search of students--please spread the word to your members. Maybe, this is where they can be go-getters! Contact me ([dancrlyn@aol.com](mailto:dancrlyn@aol.com)) or Lea Ann Terrell ([nurselat@live.com](mailto:nurselat@live.com)). We will get you the information you need to attend.

At the NGC Convention held in Philadelphia, we were very proud of George Longenecker, who was presented with the NGC Award of Excellence! He resides with his wife, Carol in Morgantown, West Virginia, where he worked to create the WV Botanic Garden.

Another George that was a great go-getter! (You can read more about this George, on the NGC Website and in The National Gardener)

I know if I keep looking--I will find other go-getters in our state. I extend my thanks to all our members, who go above and beyond to make West Virginia Garden Club great!

*Gardens are not made, by sitting in the shade."*

*Carolyn McCafferty*

## Chairman Reports

### ARBOR DAY

Geneva Hunt

325 Ewell Rd. Williamsburg VA 23188-2186  
757-565-1694 [genevahunt@cox.net](mailto:genevahunt@cox.net)



Did any of your garden clubs do anything special to celebrate Arbor Day this past spring? We need to promote Arbor Day by planting trees or other plantings or by cleaning up an area or any other way to promote Arbor Day. Many of our students (and maybe some parents) don't know about the history of this day and how our projects can help our environment. After planning and/or carrying out your celebration, try to get publicity for your club and state while celebrating in your own way. Try to involve other groups with you. This could become a community project.

This visibility could be a chance to open a door to a new member, too.

Let this chairman know what you did. She would like to hear from clubs and states so she can highlight some of the activities. She heard only from several clubs/Councils in Virginia. We know there were lots more! They were not reported to this chairman for recognition!

### ARBORETUM/BOTANICAL GARDENS

Mary Reeves

170 Cabbage Patch rd. Saluda NC 28773-9760  
828-749-9809 [reevesmary3@gmail.com](mailto:reevesmary3@gmail.com)

SPOTLIGHT this quarter will be on the Piedmont section of North Carolina, home of SAR Director, Judy Barnes.

There are so many beautiful gardens just in the Central portion of our state. In the interest of your time and editorial space, I will list each with a website and a few lines to entice you to travel. Next quarter we will go up and over into the mountains for fall color and I invite you to visit my Western NC.

This is the busy Piedmont that covers the Central 1/3 of this state with elevations from 300ft to 100ft.

[Sarah P. Duke Gardens](#) - 55-acre garden complex is the showcase for 5 distinct garden areas. Begun 75 years ago in the midst of Duke University, the gardens are "no fee" gardens and open 365-days a year from 8 until dusk. Duke University and contributions maintain. [gardens.duke.edu](http://gardens.duke.edu)

## Chairman Reports (continued)

(Continued from page 4)

Botanical Gardens of UNC Chapel Hill- Another multi-gardens sight at the main UNC campus garden, the Display Garden and Education Center, the Coker Arboretum, Battle Park and Forest Theater. [ncbg.unc.edu](http://ncbg.unc.edu)

Reynolda Gardens- Winston-Salem -Adjacent to Wake Forest University is Reynolda House and 4 acres of formal gardens. The gardens are open daily and there is no fee.

Greensboro Arboretum- A 17 acre garden with many individual gardens (Conifer, Shade, Vine, Dwarf Conifer, Holly are a few of them). Another no fee garden in Greensboro. Hours vary, check website. [greensborobeautiful.org](http://greensborobeautiful.org)

Daniel Stowe Botanical Gardens (Belmont near Gastonia). This is an amazing 380 acre property with a vast history. Andre' Michaux, the French Botanist, walked and rode this property in 1795. Fees for non-members \$12.95. Members have free admission. [dsbg.org](http://dsbg.org)

Tanglewood Park Arboretum and Rose Garden- Clemmons- Many gardens included in this large property. There is no fee as this property was owned by another Reynolds who, upon his death, donated the over 1000 acres to Forsyth County. [forsyth.cc/Parks/Tanglewood/gardens.aspx](http://forsyth.cc/Parks/Tanglewood/gardens.aspx)

Wing Haven Gardens and Bird Sanctuary - Located in the middle of Charlotte, this 3-acre site is actually 2 separate gardens. One is the Wing Haven site (begun as a private garden 1927) and the other is the Elizabeth Lawrence House & Garden (1916). Admission to both properties Wednesday-Saturday

10:00-5pm fees of \$10. [winghavengardens.org](http://winghavengardens.org)

### AWARDS

Sharon Jones

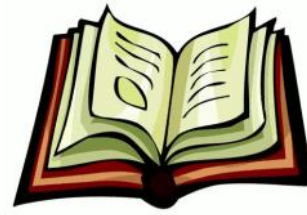
85 Surber Dr. Moneta VA 24121-3449  
540-719-2466 [toddie1904@aol.com](mailto:toddie1904@aol.com)

This chairman thanks all those who took the time to prepare their awards applications. And a thank you to the Awards Chairmen in each of our states for encouraging the applications and forwarding the state winners to this chairman.

Also thanks to all those who helped judge these applications. That was not an easy task.

We hope to have even more next year. Now is the time to begin your application process by collecting all the info and photos you will need.

The list of all SAR Awards can be found in the SAR Directory and on the website. These are the same as last year.



### BOOK REVIEW

Susan Hooper

8501Greencastle Dr. Charlotte NC 28210  
704-552-5673 [susanhooper@att.net](mailto:susanhooper@att.net)

**A Gentleman in Moscow**

**Amor Towles.....Viking Press....2016....ISBN  
9780670026197....fiction**

At first glance you might wonder why I have chosen to review a book that does not have gardening or floral design as its theme. What the book does have is a story about connecting the dots, about thinking beyond the obvious, about having a sense of wonder and adventure. The Moscow gentleman is Count Rostov, an aristocrat sentenced to house arrest in the luxurious hotel Metropol in 1922 when the Bolshevik revolution was just beginning. As he returns to his hotel, expecting to be confined to the suite of rooms he has occupied for several years, he is shown to the attic, his new home for the next few years. He collects a few of his most precious objects and sets out to make a new life. Over the course of the story, we are entertained, surprised and empathetic as he discovers what has gone on in clear view without his notice. The characters he meets open doors, literally and figuratively, to a world that has previously escaped his notice.

I selected this story when I began to think of it in terms of gardens and how one would learn, react, think if instead of being confined to a living space you were confined to your own garden for a period. Think about the following:

Would you notice the cat who visited your garden and knew its nooks and crannies far better than you ever did?

Would you welcome a youngster who wandered into your garden and had a sense of play and discovery you had long lost in the midst of the work?

Would you invent a game (such as Zut) that puts your mind to work to see how things are connected?

Would you converse with the trash collector who dutifully carried away the refuse you left at the curbside without a thought of where it went or how it was used?

Would you visit with a friend who was still free to wander and be enthralled by what they had seen or experienced outside your garden?

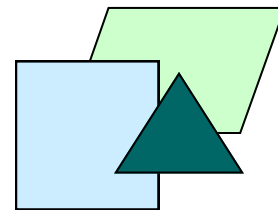
Would you wander like a ghost in your garden at night and begin to realize that there is much freedom when the ordinary daily activities are not distracting?

Would you take notice of the bees who land on your flowers and wonder where they were taking the pollen they collected and if their honey held the scent of the flowers?

Would you be inspired and courageous enough to risk trying something new?

Would you reexamine what you valued and set a new goal for your

(Continued on page 6)



*(Continued from page 5)*

garden when the time came to return to the world you had left behind?

Much of the pleasure I derived from this book came from the wit and charm that was employed to describe the most ordinary times and objects. In the instance when the Count engages the young girl in play, their interaction is described this way, "Then she leaned a little to her right in order to look around his torso. Mystified, the Count stepped aside and turned-just in time to see the long-legged watchman of the minutes catch up with the bowlegged brother of the hours. As the two embraced, the springs loosened, the wheels spun, and the miniature hammer of the twice-tolling clock began to signal the arrival of midnight. As Sofia listened, she sat perfectly still. Then, with the twelfth and final chime, she leapt down from the chair and climbed into bed."



### CALENDARS

Linda McLendon

115 Cedar St. Dudley NC 28333

919-736-1255 mclendon1@aol.com

The 2019 Vision of Beauty Calendars are available from NGC Member Services. For groups within the sstae, consider purchasing these in bulk and selling the through your group.

### GARDENS: COMMUNITY GARDENS/ CONTAINER GARDENING

Gail Hill

5512 Seven Gates Dr. Greensboro NC 27410-2694

336-292-8007 bgthill\_gail@aol.com

#### **BENEFITS OF COMMUNITY GARDENS**

It is wonderful this time of year to drive through neighborhoods and see community gardens springing up. I see them in church yards, school yards, and county extension service centers, everywhere. It reminds us that people care; they care about each other and feeding each other. I would just like to list some benefits which I came across of community gardens.

Community gardens are one way that residents have mobilized to beautify urban neighborhoods, improve access to fresh produce, and engage youth. Qualitative case studies were conducted of two neighborhood-based community gardens with youth programs. Data collection included participant observation and in-depth interviews with adult gardeners and neighbors, youth, and community police officers. Results suggest that the garden programs provided opportunities for constructive activities, contributions to the community, relationship and interpersonal skill development, informal social control, exploring cognitive and behavioral competence, and improved nutrition. Community gardens promoted developmental assets for involved youth while improving their access to and consumption of healthy foods.

#### **Community Development**

We find that the opening of a community garden has a statistically significant positive impact on residential properties within 1000 feet of the garden, and that the impact increases over time. We find that gardens have the greatest impact in the most disadvantaged neighborhoods. Higher quality gardens have the greatest positive impact. Finally, we find that the opening of a garden is associated with other changes in the neighborhood, such as increasing rates of homeownership, and thus may be serving as catalysts for economic redevelopment of the community.

#### **Stress**

Stress-relieving effects of gardening were hypothesized and tested in a field experiment. Thirty allotment gardeners performed a stressful task and were then randomly assigned to 30 minutes of outdoor gardening or indoor reading on their own allotment plot. Salivary cortisol levels and self-reported mood were repeatedly measured. Gardening and reading each led to decreases in cortisol during the recovery period, but decreases were significantly stronger in the gardening group. Positive mood was fully restored after gardening, but further deteriorated during reading. These findings provide the first experimental evidence that gardening can promote relief from acute stress.

Results suggest that community gardens were perceived by gardeners to provide numerous health benefits, including improved access to food, improved nutrition, increased physical activity and improved mental health. Community gardens were also seen to promote social health and community cohesion.

### GARDENING SCHOOL/ CONSULTANTS COUNCIL

JoJean Scott

7961 Twin Bridges Rd. Alvaton KY 42122  
270-781-2089 [jojogarden.34@gmail.com](mailto:jojogarden.34@gmail.com)  
For all SAR Gardeners!

With pleasure, I am able to tell you that Gardening Schools in the South Atlantic Region are blossoming! From Linda McLendon of the Garden Club of North Carolina, I have learned that for the first time since 2008, her state has sponsored Course 1, Series III of the NGC Gardening Schools in Raleigh, North Carolina on June 4 and 5, 2018.

Fifteen students registered and took Course 1 with 11 taking the exams to become Consultants. All 11 passed the tests and 1 Consultant refreshed. Congratulations to all!

The date for Course 2 will be October 22 and 23, 2018 in Raleigh and the dates for Course 3 and 4 are: June, 2019 and October, 2019.

Linda is Chairman of the Gardening School in Raleigh and works closely with her husband, Charles, who is North Carolina's Landscape Design Chairman. What a great team!

The Garden Club of Kentucky and Bowling Green's Cardinal Council of Garden Clubs sponsored Course 2, Series 10 of NGC's Gardening Schools. Completed March 25 and 26, 2018, 24 students registered for Course 2 and 13 took the exams to become Gardening Consultants with 2 Consultants refreshing. A highlight of Course 2 was the lecture and pruning exhibition of young fruit trees by Bill Jackson, owner of the renowned Jackson's Orchard of Bowling Green. The date for Course 3 is March 12 and 13, 2019. A teaching tour of the Baker Arboretum, led by Dr. Martin Stone of Western Kentucky University, will be a major part of Course 3 for all who are registered and attend. For a brochure and early registration, contact Jo Jean Scott at

[JoJogarden.34@gmail.com](mailto:JoJogarden.34@gmail.com)

### LITTER CONTROL/ RECYCLING IDEAS

Jill Rogers

6211 Lowergate Dr. Waxhaw NC 28173-6747  
704-256-9091 [jill.rogers@newchurch.org](mailto:jill.rogers@newchurch.org)

#### Upcycling Ideas That Conserve Our Resources

When researching for this article I came across the following paragraph. It isn't a new idea or something I don't know or believe, but this short, simple reminder to reuse or "upcycle" made me realize how little I actually do it.

"Reduce, reuse, recycle" has long been the mantra of the environmental movement. Many people believe this simply means taking their paper and cans to the local recycling point. This misses the important point that 'reusing' is in fact much better for the environment than putting something through the whole recycling process. So three cheers to the inventive gardeners who are putting this into practice! If you have come across (or invented) a great way to recycle items in (and/or for) the garden, then please do share it..." Jeremy Dore

Following are some ideas directly from [birdsinfloom.com](http://birdsinfloom.com) By Crystal Rennie that I plan to try...even the hose rug in spite of the funny look my husband gave me when I presented the idea to him. It looks comfy for the feet when I am potting plants.

#### Old Garden Hoses



1. Set four wooden posts a square and weave the hose around them to make a simple compost bin.
2. Make a doormat by cutting your hose into lengths, putting corks in the cut ends and gluing the pieces to a worn out mat. For step-by-step instructions, visit [markintzel.com](http://markintzel.com).
3. Put small lengths of hose around bucket handles for a more comfortable grip, or on rope to protect tree or shrubs when tying them back.

#### Wine Bottles

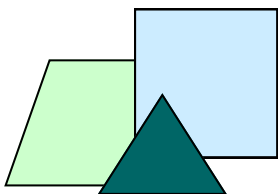
1. Plant bottles upside down around a garden bed or path for a whimsical edging.
2. Fill bottles with water, flip them upside down in your planters, and they'll slowly water your plants, in case you forget or are going out of town.
3. Write plant names on wine corks; stick them on skewers and use them as garden markers. [StacyRisenmay/Notjustahousewife.net](http://StacyRisenmay/Notjustahousewife.net)

#### Pantyhose

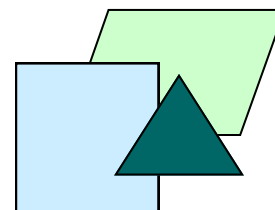
1. When planting containers, place pantyhose on the bottom of the pots so water can pass through, but not soil.
2. Store out-of-season flower bulbs or onions from the garden in a pantyhose leg and hang in a cool, dry place.
3. Cut pantyhose in strips and use to tie up and stake plants.
4. Push growing melons into pantyhose legs and tie them to a support off the ground to eliminate rot, mold and insect invasion.
5. Slip pantyhose over flower heads and secure with twist ties to collect their seeds.



*Upcycling is reusing old materials to create objects of higher quality or value than the originals.*



## Chairman Reports (continued)



### NEW AND IMPROVED CULTIVARS

Charlotte Croft  
725 N. Pine Valley Rd.  
Winston-Salem NC 27106-5507  
336-416-4871 cchudgens@mindspring.com  
**Summertime and the growing is easy especially with these new cultivars!**

**By Charlotte Croft**

As we look out into our gardens we see all the fruits of our spring hard work. Our vegetable gardens are starting to come in, roses are blooming and birds are singing. What more could we ask for you say? Well if you are like meJ you are always thinking ahead about what to plant next. So here are a few plants to consider for upcoming plantings and possible plants to bloom for next year.

How about *Allium amethystinum* 'Red Mohican'? An Ornamental Onion

This *Allium* has deep burgundy globes with tiny buds that open to white florets to give the appearance of an icy frost. Growing 3 foot plus allows this ornamental baby to stand up over lower growing flowers and readily attracts attention from viewers as well as butterflies and pollinators. *Alliums* also flower in summer after most other bulbs are finished. These plants can be used for planting on a slope or bank, good for cut flowers, Deer resistant, hot/dry site tolerant, can be used in container plantings as a thriller, and is rabbit resistant.



### MEDIA/VIDEOS/DVD PROGRAMS

Dorothy Richardson  
P.O.Box 14 Loris SC 29569  
843-756-7413

This Chairman would like to let you know that we have lots of exciting garden-related Programs. If you need a program on a particular subject please contact NGC Headquarters, MEMBER SERVICES.

Email: headquarters @gardenclub.org, phone 314-776-7574, Address: 4401 Magnolia Avenue, St. Louis, MO 63110.



### NATIONAL GARDEN WEEK

Mary Dixon  
132 Moonlight Point Suffolk VA 23434-9300  
757-934-3420 mdixon2643@aol.com  
Hope everyone had a great National Garden Week. If you did any special projects hope you took some pictures to submit with your entries for an award. Even if you don't wish to enter for the SAR award then share with us what you did so others have ideas for next year. Enjoy the rest of your summer and do something to let others know about your club.



**THE CORRIE WHITLOCK MEMORIAL SCHOLARSHIP FROM SAR**

Phebe Kirkman

101 Brampton Court Winston-Salem NC 27106

336-774-0118 pinkland2@aol.com

A rising Junior or Senior in College and/or a graduate student are eligible to receive the Corrie Whitlock Memorial Scholarship or the SAR Scholarship. Each state within the South Atlantic Region may submit one application to be in competition for a Scholarship. A qualifying student is one majoring in the study of Horticulture, Floriculture, Landscape Design, Botany, Plant Pathology, Biology, Forestry, Agronomy, Environmental Concerns, City Planning, Land Management and/or allied subjects.

Two Scholarships are given each year. The Scholarship amount is determined by the SAR Board of Directors, and the winners announced each year at the SAR Conventions. Applications will be judged on the following scale:

Academic Record	40 %
Applicant's Letter	30 %
Listing of Honors/ Extracurricular Activities/ Work Experience	10 %
Financial Need	15 %
Recommendations	5 %

Applications must be sent to the state scholarship chairman by February 1. This chairman will forward it to the regional chairman by March 1.



**SOUTH ATLANTIC REGION DIRECTORS PROJECT 2017-2019**

Sandra Dutton

4429 Smithfield Rd. Knightdale NC 27545

919-26691329 r\_dutton@bellsouth.net

Plant, Protect, and Preserve our South Atlantic Region: Its national parks, state parks, public lands and community spaces.

**Plant, protect, and preserve our South Atlantic Region:** Its National parks, state parks, public lands and community spaces.

I do not know how it is in your area, but in the Raleigh North Carolina area our green spaces are disappearing to housing projects with very small yards, high rise apartments, and huge warehouse buildings. It is so sad to see our small farms disappear, the wild life are losing their homes, and home gardens are much smaller. Our parks, public lands, and community spaces are more important than ever before. People are using them to walk, run, walk their dogs and congregate with others. I was at Central Park several years ago talking with a young mother who was getting ready to have her second child. She brought her son to the park every Saturday because there was not a safe area where she lived for him to play. How sad it would be if Central Park had not been installed.

As garden clubs we must begin projects to preserve green space areas. My club is participating with our town to plant in small areas around our new park. We have installed 50 azaleas in one area with a small pollinator garden. We will also be installing a Gold Star Memorial and move our Blue Star to an area in the park where the town is installing a Veteran's Memorial. We will

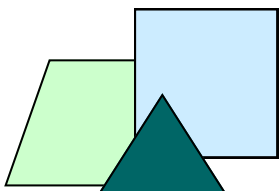
be installing a small garden around each memorial.

There are so many projects that can be accomplished, big and small.

I look forward to reading and judging all these projects this fall. Remember, an award only takes 3 pages, before and after pictures, an explanation of your reason for the project and be sure to have a picture of all the members participating.

This South Atlantic Region Director's Project is a \$100.00 Award and I am sure your club could use the money and as many beautiful areas as there are in the South Atlantic area, there should not be any problem to find a special area to begin this project.

**REMEMBER:** The crucial part of the application should explain why the club decided on the project, purpose of the project, what they hope to gain and did the project accomplish the purpose. Express if those who participated in the finished project, finished the project with a sense of being a part of protecting and preserving our lands.



## Chairman Reports (continued)



### WILDFLOWERS

Marsha Alexander  
110 Plantation Dr. Moore SC 29369-9794  
864-476-1513  
marshaalexander@charter.net  
Nature's Grand Picture

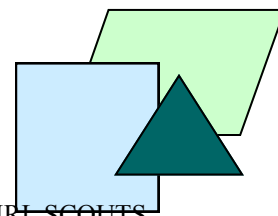
As you travel through the States of the South Atlantic Region, you see many wildflowers and native plants adding beauty along our roadsides, mountain trails, woodland gardens, and ocean sand dunes, to name a few. Not only do they add beauty, but they are important to support the dwindling population of native pollinators and improve air and water quality. Native plants are the foundation of our natural ecosystems and protect biodiversity. *"Wildflowers are part of nature's grand picture."*

As gardeners, it is beneficial to plant native plants and wildflowers as part of our garden projects. Because native plants adapt well to local environmental conditions, they require far less water and maintenance which is always a consideration with any garden project. In addition, they provide vital habitat for birds and butterflies.

Several of the Garden Clubs in our region have shared their projects through awards and reports. The Glasgow Garden Club of the Garden Club of Kentucky installed a Monarch Way Station at the Barren River Lake State Park. To provide host plants and nectar sources for the butterflies, they also planted seven species of native plants along with wildflowers. Members provided educational information on the Monarch Butterflies, as well as native plants for visitors.

The Franklin Garden Club of Kentucky helped restore a garden at the Goodnight Library in Franklin. The garden was designed to be a haven for wildlife and a place to learn. Overgrown non-native plants were replaced with plants native to the region. The plants were labeled and the garden certified as a Butterfly Garden. Rain water is directed to two rain gardens for water-loving plants and trellises provide structures for six native vines, which bloom in different seasons and provide host plants for different species of caterpillars.

Garden Club members making a difference!! These are examples of two outstanding projects in our Region. I would like to hear about the projects that your clubs are doing using wildflowers and native plants....more that I can share in the Keynotes!



### YOUTH PROJECTS GIRL SCOUTS

Carolyn King  
16 Wappoo Creek Place  
Charleston, SC 29412 843-364-6401 [csking-world@aol.com](mailto:csking-world@aol.com)

Now is the time for your Garden Club to find a Girl Scout Troop in your area and help them earn their Girl Scout Native Plant Badge and your state's Girl Scout Badge. This is a wonderful project for your club and very rewarding and fun working with our youth.

This chairman has talked with several people and sent out information to Garden Clubs and Girl Scout Troop Leaders in the past two months. The printed material I have will give you ideas on working with the Girl Scouts. Please let me hear from you.



### YOUTH: SMOKEY BEAR/WOODSY OWL POSTERS

Barbara Ohmsen  
2881 Meadow Wood Dr. E. Chesapeake VA 23321-4243  
757-484-1753  
basohmsen@cox.net

Good News!! SAR won again for the eighth year – most posters submitted! Keep up the good work! To all State Chairmen (Smokey Bear) – did your state president (or you) get the NEW information at the national convention? I will be getting the letter and info out this next week. Look for it! This next year is Smokey's 75<sup>th</sup> birthday – SO posters will only have Smokey = no Woodsy for this year! Get the word out to your district chairmen – along with the new forms and information! We need to keep up the good work for an additional year!!!!



# SOUTH ATLANTIC REGION CONVENTION 2019

South Atlantic Region 2019 Convention  
“The Beauty of Nature: Protect, Preserve,  
Enjoy”

DoubleTree by Hilton in Williamsburg, Virginia.  
March 28-30, 2019

## South Atlantic Region 2019 Convention

The South Atlantic Region 2019 Convention “The Beauty of Nature: Protect, Preserve, Enjoy” will be held at the DoubleTree by Hilton in Williamsburg, Virginia. The dates are March 27 for early arrivals with a very limited number of rooms blocked so register early. The room rate is \$119.00 per night plus taxes and \$2.00 Resort fee for standard rooms and \$139.00 for suites. When you register you can call 1-800-222-8733 and refer to group name: South Atlantic Region Associations 2019 or you can give Group Code: SAG. On March 28th we will have meetings for the Finance Committee and Executive Board with a luncheon to include the former directors also. There will be a workshop that afternoon and dinner with a program. The convention will open on Friday, March 29th at 9:00 a.m. and the luncheon will be the terrific “Dueling Designers” David Pippin and Al Brockwell. We will have an evening program with dinner and on Saturday will have a brunch, Awards, and Installation of the new Director and Alternate Director.

We are looking forward to having you come to Williamsburg in the spring for some Colonial Hospitality where we hope you Enjoy the Beauty of Nature. The registration forms will be in the next Keynotes and on the web site.

Mary Dixon, Chairman

[Mdixon2643@aol.com](mailto:Mdixon2643@aol.com)

Loy Holt, Vice Chairman

[Loy614@aol.com](mailto:Loy614@aol.com)



## Incoming SAR Director

At our recent SAR Convention we were introduced to the next SAR Director who is Carolyn McCafferty of West Virginia.

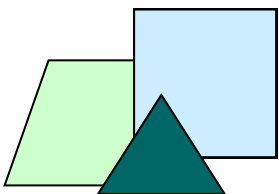
The Alternate Director will be June Ashworth.



Key Notes

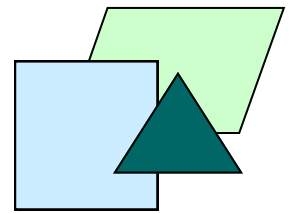
July 2018

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)





# National Garden Clubs



Nancy Hargroves  
2017-2019 NGC President

Theme:  
"Plant America"



## LOVE BLOOMS in PHILADELPHIA NATIONAL GARDEN CLUBS CONVENTION

May 21-24, 2018 Philadelphia PA Lowes Hotel

The Committee planning the NGC Convention 2018 did an outstanding job. We were entertained, fed, educated, and loved. And we had fun visiting with so many of our South Atlantic Region members. For those who were unable to attend for various reasons, know that you were missed.

We were pleased that clubs within our Region received awards for their efforts.

Make your plans now to attend the 2019 NGC Convention in Biloxi MS April 30-May 5. This will be an installation year (how fast time flies!) and Gay Austin will be installed as the next NGC President.



## YOUTH PROJECTS

National Garden Clubs is continuing "The Frightened Frog" program with the book. We now have another book to use with children, "The Saved Seed", tracing the life of a pumpkin seed. This book is also \$10 and can be ordered from NGC Member Services.

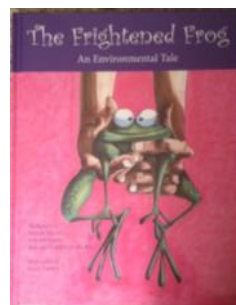
As has been done for many years, we will continue to sponsor the Smokey Bear/Woodsy Owl Poster Contest. Don't forget the Poetry Contest for K-9. This year's topic is "Pop Goes the Seed". The HS Essay contest for grades 9-12 has the topic "The Impact of Bottled Water on the Environment and the Water Supply". All rules may be found on the NGC website.

And finally there is the Youth Sculpture Contest open to grades 4-8. The sculpture is to be made of recycled, reused, or reduced items.

All details can be found on the NGC website.



President Nancy Hargroves presiding over the Business Session



## National Garden Clubs (continued)



Awards Ceremony



SAR members attending the Regional Breakfast

### AWARDS

We were pleased to have our states receive some awards at the National Level. This list only gives us the names of clubs receiving Certificate of Merit (First Place overall) and Certificate of Commendation (First Place by category/size). We know that many of our clubs also received Certificates of Appreciation for having their applications reach the National Level. Congratulations for the work done.

#### Kentucky

Warren East GC (Kellogg Civic Achievement)  
Two Weeks GC (Pollinators)  
Two Creeks GC (Therapy Gardens)  
Glasgow GC (Civic Project with Native Plants \$300)  
Franklin GC (Civic Project with Native Plants \$100)  
Franklin GC (Pub 2-6Aiii)  
One NGC Scholarship Winner

#### North Carolina

Boiling Springs GC (Community Gardens)  
Trent Woods GC (Blue Star Memorial Byway Marker)  
The Garden Club of North Carolina (Pub 2-6Ciii)  
One NGC Scholarship Winner

#### South Carolina

Poinsett GC (Community Gardens)  
Lake and Hills GC (Floral Design Program)  
The Beaufort GC (Pub 2-2B)  
Flowertown GC (Yearbook A-4)  
The Council of GC of Greater Charleston (Flower Show Achievement Award)  
The Council of GC of Sumter (Flower Show Achievement Award)

#### Virginia

Culpepper GC (Community Gardens)  
Salisbury GC (Community Gardens)  
Salisbury GC (Litter/Recycling/Reclamation)  
Seasons IV GC (Water) **Overall Winner**  
Thomas Jefferson GC (Therapy Gardens) **Overall Winner**  
Monticello GC (Blue Star Memorial Marker)  
Rock Spring GC (Garden Club Membership)  
Abingdon GC (National Garden Week)

**We hope** you are reading the interesting/informative articles in each issue *The National Gardener*. Don't receive it?? Check with your SAR or state chairman or go online to NGC to subscribe. You'll be glad you did!  
Of particular note in the summer issue is a summary of the NGC Convention, a clarification of requirements for the Botanical Arts Horticulture—dried specimen, and an article about Plant America Grants. This is being offered again. Check the NGC website for all details. The application deadline is October 15.  
Congratulations to the Coastal GC in North Carolina. They were a recipient of one of the grants for 2017-2018.

Midlothian GC (Socila Media/Website)  
Wayside GC (Pub 1-1Aii)  
Rock Spring GC (Pub 1-3Aiii)  
Tidewater District (Pub 1-3B)  
Wayside GC (Pub 2-1Aii)  
Fluvana GC (Pub 2-2Ai)  
Rappahannock GC (Pub 2-5Aii)  
Salisbury GC (Pub 2-5Aiv)  
Town and Country GC (Pub2-8Aiii)  
Lynnhaven Heritage GC (Yearbook A-1)  
Town and Country GC (Yearbook A-3)  
Chesapeake Bay GC (Yearbook A-5)  
Salisbury GC (Flower Show Achievement Award)  
Winchester Council of GC (Flower Show Achievement Award)  
Tidewater District VFGC (Flower Show Achievement Award)  
Chesapeake Bay GC (Flower Show Achievement Award)



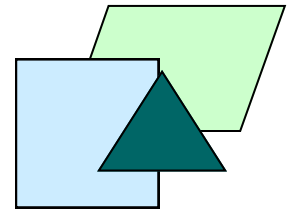
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Key Notes

July 2018

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

# The South Atlantic Region Member States



## Odds 'N' Ends

### Schools Coming Up

#### Landscape Design School:

Course 2 Aug. 13-14 Raleigh NC; Sept. 18-19 KY  
Course 4 May 15-16 Morgantown WV; Oct. 1-2 Richmond VA

#### Flower Show School:

Course 2: Aug. 9-11 Moundsville WV; Oct. 5-7 NC  
Course 3 Aug. 27-30 Lynchburg VA; Sept. 10-12 SC  
Course 4 Feb. 19-20, 2019 SC

#### Flower Show Judges Symposium:

July 25-26 SC; Nov. 13-15 Richmond VA

#### Gardening School:

Course 2 Oct. 22-23 Raleigh NC

Yearbook Correction: Page 9-South Carolina State Convention 2019 will be April 11-13, 2019 in Beaufort, SC

Sympathy is extended to Gail Hill (Pres. NCGC) on the recent loss of her husband

NGC Mission Statement  
National Garden Clubs, Inc provides education, resources, and national networking opportunities for its members to promote the love of gardening, floral design, and civic and environmental responsibility.

Key Notes

July 2018

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Pleased Share This Newsletter With Clubs In Your  
State And With Members Of The State Boards  
Thank You