

# KEY NOTES



South Atlantic Region of National Garden Clubs, Inc.

January 2017  
Volume 13, Issue 3

“Inspire Conservation Through Education”

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## *Key Notes issues*

*Key Notes* will be published in early July, October, January, and April.

The deadlines for the respective issues are:

June 20

September 20

December 20

### **March 20**

Please submit your articles by email, if at all possible, to [mfloyd3570@aol.com](mailto:mfloyd3570@aol.com)  
Subject: SAR Key Notes

## THE DIRECTOR'S MESSAGE "Inspire Conservation Through Education"

The coastal areas of South Atlantic Region states of South Carolina, North Carolina and Virginia have suffered the wrath of Hurricanes during the Fall of 2016. Kentucky and West Virginia, no strangers to the devastation from storms themselves, also suffered from the effects of tornadoes and flooding. Businesses will rebuild and lands that were flooded will eventually drain off and be able to grow much-needed crops in the spring, but lives that were lost cannot be replaced; those who were lost will be remembered for all they contributed to this nation during their time on this earth.



All of our Garden Club members in this Region are nurturers of this earth and will be valuable rebuilders of our damaged towns, cities and states. So many times we have planted our gardens and the waters came or the drought hit, then we replanted as best we could. Operating large farms is a challenge during the best conditions; sometimes the growing season has passed and losses are immense.

To all of our members, I wish for you God Speed in overcoming difficulties and know if we are given time, we will return to where we began years ago.

It's time to start making your reservations at the Greenbrier Hotel in White Sulphur Springs, West Virginia for the SAR Convention on March 26-28, 2017. The Registration Forms and Hotel Reservation information are in this issue of SAR Key Notes publication.

I appreciate all of the work the SAR Officers, State Presidents and the members of the SAR Board have done since this term began in the Fall of 2015. Read their reports in Key Notes and KIT publications and be grateful that we have all of them to keep you abreast of the work they have contributed with their chairmanships.

On behalf of the SAR Board, I wish all of our South Atlantic Region members and all of those National Garden Club, Inc. members a belated “Merry Christmas” and “Happy and Blessed New Year”.

*Sarah Ann Parler*

## State Presidents' Themes and Reports



### **The Garden Club of Kentucky, Inc. Edith S. Nelson, President “Paving the Pathway to the Future”**

The beginning of a new year is a time for reflecting on the accomplishments of the past year and a time to plan and focus on new ideas and projects for 2017. As you spend winter days with your gardening books and seed catalogs, remember to select seeds for native plant pollinator gardens and monarch waystations.

The Garden Club of Kentucky has seen a big increase in the number of certified gardens that ensure a brighter future for pollinators in our state. Kentucky has increased the number of Certified Monarch Waystations from 36 in 2013 to 404 through October 2016. Thanks to State Park Chairman, Joanna Kirby, we now have Monarch Waystations in 15 Kentucky State Parks. Linda Porter, Pollinator and Butterfly Chairman reported that public and private agencies across the state have joined forces to develop a Monarch Conservation Plan for Kentucky.

A park in Henderson, Kentucky has been offering to the public the opportunity to catch and tag Monarch butterflies to aid in tracking their migration paths to Mexico for the winter. Before being released, a small round sticker with identifying information is placed on the underside of the Monarch's back wing. Our garden club members have a huge impact in their communities as they beautify and improve them with the many volunteer hours spent each year. They continue to maintain gardens and waystations at Regional Airports, Arboretums, Nursing homes, Assisted living homes, Historical Society, National and State Parks, City welcome signs, and our State Headquarters. Garden Club for Noble Park received a \$5,000 watershed grant

to sponsor a rain garden workshop and to develop a rain garden to remedy a major water problem in the Parks Children's Memorial. While *Paving the Pathway to the Future*, we are making progress with our youth clubs. Youth Chairman, Ann Kowalkoski and her committee reports that all five districts have participated in youth activities including projects at a public library, work day at a park with pollinators, hands-on activities, and applying for Youth Awards.

Many flower shows have been held this year. One show was held in conjunction with a district meeting. Members placed entries in shows at fairs and city celebrations. Programs included creative designs and how to prepare for a flower show. The Garden Club of Kentucky and Middlesboro Garden Club will host Flower Show Course IV on March 16-17, 2017 in Middlesboro, Kentucky. Our Symposium, sponsored by Kentucky Council of Nationally accredited Flower Show Judges of GCKY, will be held June 14-15, 2017 at Carter Caves State Park, Olive Hill, Kentucky.

Corbin Garden Club and Lady Slippers Garden Club in Mountain Laurel District, each installed and dedicated a Blue Star Memorial Marker for Veterans Day. What a beautiful way to honor our servicemen and women with a memorial that will beautify and preserve the land for which they fought.

I'm looking forward to seeing each of you at South Atlantic Region Convention in White Sulphur Springs, WV March 26-28, 2017.

*Edith S. Nelson*



### **The Garden Club of North Carolina, Inc. Gail Hill, President Theme: "Growing Forward Together"**

Happy New Year Gardeners,

It doesn't seem possible that another year has come and gone, but it has. I hope that I can get some "out with the old and in with the new" this year. Maybe if I get started on it right away I may have a chance. My attic has been beckoning for me to clean it out for a couple of years now, and I need to get started. I was so slow in planting that I was putting in a few bulbs on December 20th. The weather was in the 60's and it wasn't quite winter yet, so I hope that they will survive.

The Vice Presidents and I had a full month of touring our ten districts in October. It took us a little longer since Hurricane Matthew came through and did quite a bit of damage to some of our towns. We have some mighty strong, willing ladies and with lots of prayers, I'm hoping that we can get them back on their feet. Especially hit hard were around Fayetteville, Lumberton and Tarboro. On our trip to Banner Elk, which is in the mountains, I was giving my speech and everyone started standing up, talking and pointing out the window behind me. There was a black bear walking across the parking lot of the Lodge. He wandered off, then a little later as we were seated with our

*(Continued on page 3)*

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[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

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backs to the door, there was a rumbling at the double door where we looked up to see the dark fur grabbing at the door. We were about to jump over the table when one of the ladies of the host club stood up, took off the rug that she had picked up off the floor and put over her head, to pull the prank on us. It was a great meeting with lots of fun and everyone was at ease. It seemed like all of our meetings were held with delightful fun and ease and we enjoyed the fellowship with our members especially. It's our one chance to meet them one on one and get to know them and to let them get to know us. We are cutting back on our tours as we divide them to five tours in 2017 and five in 2018. Banner Elk was not the only eventful tour stop. They were all so special in so many ways!

The GCNC has had to increase their dues by \$4.00 becoming effective in March 2018. We are hoping that this will not affect our membership. We are trying to do everything possible to keep our club members active and satisfied. We are very actively pursuing Flower Show Schools to offer our members. I hope to have more news on this later. We had four Blue Star Memorial Dedications within a three week

period October 20-November 16, 2016.

We have a tour planned to go to the Philadelphia Flower Show March 12-14, 2017. Lynne Mabry is the chairman and if anyone is interested, please contact Lynne @ [mabrylynne@bellsouth.net](mailto:mabrylynne@bellsouth.net) or 910-276-5616 and leave name and number and leave a message that the call is in reference to the PFS trip. (No later than January 17<sup>th</sup>) Lynne filled a tour bus last year to the show and everyone that I've talked with had a marvelous time. She did want to get a \$200 deposit by 1-17-17 with the balance by 2-10-17. This does include deluxe coach, meals, Longwood Gardens, shopping and other extras. The total cost of the trip will be around \$750. It will depend on how many people go, the more that go on the trip, the less it will cost per person. This is because we split the cost of the coach rental between the travelers. Check with Lynne.

It's still a busy time of the year with lots to do. Stay warm and toasty and keep a smile on your face. It won't hurt.

*"Every day, tell at least one person something you like, admire, or appreciate about them"*

*Gail Hill*

**The Garden Club of South Carolina, Inc.**  
**Yvonne Morris, President**  
**Theme: "Let's Bloom and Grow Together!"**



The Garden Club of South Carolina is blooming right into 2017!

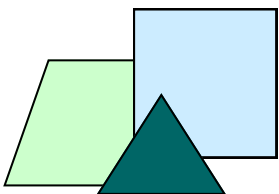
On January 17-18, we are offering Course 2 of the NGC Landscape Design School at Charles Towne Landing in beautiful Charleston. Districts are preparing for the March Spring District Meetings. The South Atlantic Region (SAR) Convention will be held March 26-28 at the Greenbrier Resort in West Virginia. On Saturday, April 1, we will have our Annual Youth Symposium at Riverbanks Zoo and Garden in Columbia. This is an educational and awards presentation event for our youth contest winners.

From a glimpse of the 200 GCSC awards that were submitted in mid-December, absolutely wonderful things are hap-

pening in garden clubs throughout the state! Be sure to visit the GCSC website for the February 1<sup>st</sup> posting of GCSC's 2017 SC Native Plant of the Year winner. All awards presentations will be made at our Convention to be held at the historic Westin Poinsett Hotel in Greenville on April 27-29. The theme is "Blooming and Growing in the Upstate." NGC President Sandra Robinson will be our honored guest, and South Carolina Botanical Garden Director Dr. Patrick McMillan will be our keynote speaker.

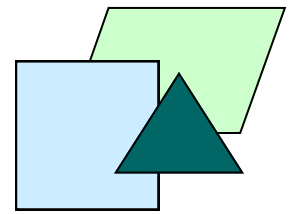
All the best for a Happy and Healthy Blooming New Year!

*Yvonne Morris*





**Virginia Federation of Garden Clubs, Inc.**  
**Janice M. Clem, President**  
**Theme: "Making Connections to Shape the Future"**



Through VFGC's Keys to the Future Youth Projects Grants, ten clubs received over \$7,000 for projects that will reach more than 1,100 youth. Some of the projects in which the Youth will participate include creating raised gardening beds, planting butterfly way stations, learning about birds and making a bird feeder, learning about an amphibian's life cycle (based on *The Frightened Frog*), and restoring and planting a children's garden.

VFGC's Grants to Beautify and Restore program awarded over \$4,300 to five clubs to restore the landscaping at the front entrance of the John Marshall house in Richmond; revive and add to the landscape of the Youth Development Center in Winchester; identify and tag native shrubs and vines at the Ellis Acres Memorial Park in Buckingham; beautify a two-acre educational garden at the Community Arboretum at Virginia Western Community College in Roanoke; and restore the area around a visitor's center in Winchester.

VFGC's Horticulture Chairman, Jane Sorensen, shared the following horticulture apps with members:

Leafsnap, Audubon Trees, Audubon Wildflowers, Great Smokey Mountain Wildflowers version 2.0, Plants Pedia, Garden Answers, and Garden Compass Plant. Perhaps you, too, would find these apps helpful.

March will be a busy month for VFGC members as the

spring district meetings will be held earlier than normal so that the VFGC convention can be held earlier.

VFGC's convention will be April 2-4 at the beautiful and historic Hotel Roanoke. Members will be treated to a wide array of programs by our speakers, Dr. Alex Neimiera, Paige Canfield, David Pippin, Al Brockwell, and David Roos and there will be shopping opportunities with our many vendors. One of our districts, Blue Ridge, will sponsor the Standard Flower Show "Making Connections" at the convention.

The final morning of the convention will feature an exciting awards celebration for our members, clubs and districts.

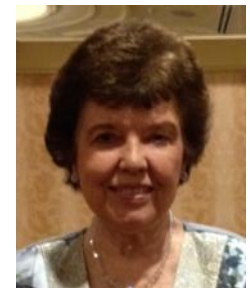
A new Landscape Design School Series will be launched on April 11 and 12 with Course 1 at the Woodlands Conference Center at Colonial Williamsburg. We invite you to join us for this excellent educational program in a beautiful setting.

VFGC members are looking forward to traveling to The Greenbrier Hotel as our West Virginia garden club friends host the fifty-sixth SAR convention "Southern Charm and Hospitality" in March. See you there!

VFGC members are preparing to welcome you to the 88<sup>th</sup> Annual National Garden Clubs Convention at the Downtown Marriott in Richmond.

Happy Gardening to each of you in 2017 and let's continue "Making Connections to Shape the Future"!

*Janice Clem*



**West Virginia Garden Club, Inc.**  
**Judy Guye Swanson, President**  
**Theme: "Plant The Seeds and Grow With Us"**

We have continued to plant our seeds over this last year and I am delighted to announce a new club forming in Old Trails District. They have filed their probation application and hopefully they will be issued their Charter at the WVGC 2017 Convention at the Greenbrier.

I attended eight District meetings this fall. Each District meeting is a little different, but all have one common interest – to promote the love of gardening and promote West Virginia Garden Club. Vivian Shomo, Ways & Means Chairman, and I travelled during the beautiful fall season, and enjoyed the different landscapes around our state. Thank you to the District Directors for the work you have done to make

these meetings a success.

Attending the NGC Fall Board meeting in Portland, Maine was delightful. NGC Corresponding Secretary Robin Pokorski, had a workshop to encouraged garden club members to change our methods and to use new ideas to ensure our Garden Clubs continue. We learned about Acadia National Park and the beauty of the area as they celebrated their 100<sup>th</sup> anniversary. Thank you to the Garden Club Federation of Maine for hosting the meeting. During the business meeting, WVGC Inc. was proud to have Brenda Moore, Past President of WVGC, to be nominated for the position of Third Vice President of National Garden Club.

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## State Presidents' Themes and Reports (continued)

(Continued from page 4)

Brenda authored the NGC children's book, *The Frightened Frog*, along with Jean Ohlmann, which has sold over 7500 copies. She has served National Garden Clubs' as the Membership Committee Chairman, the Frightened Frog Chairman, and serves on the Future Planning Committee. Brenda will be installed at the 2017 National Garden Clubs Convention in Richmond, VA in May.

This winter I hope members continue to plan for pollinator gardens and to remember the Million Garden Challenge and

register your garden on the S.H.A.R.E. map. Visit <http://millionpollinatorgardens.org> to learn more.

WVGC, Inc. is hosting the SAR 2017 Convention at the Greenbrier, March 26-28, 2017. Please see the Registration form in this issue of Key Notes. We offer you Southern Charm and Hospitality and hope to see you at the Greenbrier. The WVGC 2017 Convention will follow March 28-30 at the Greenbrier.

*Judy Guye*

## Chairman Reports

### ARBOR DAY

Geneva Hunt



Did any of your garden clubs do anything special to celebrate Arbor Day last spring? We need to promote Arbor Day by planting trees or other plantings or by cleaning up an area or any other way to promote Arbor Day.

Is your club or state planning to celebrate Arbor Day this spring? Many of our students (and maybe some parents) don't know about the history of this day and how our projects can help our environment.

After planning and/or carrying out your celebration, try to get publicity for your club and state while celebrating in your own way. Try to involve other groups with you. This could become a community project.

Let this chairman know what you did or what plans you have for Arbor Day 2017. She would like to hear from clubs and states so she can highlight some of the activities.



### BIRDS

Betty Gorrie

#### CHIMNEY SWIFT

Mark your calendars for February 17 – 20. It is once again time for the Great Backyard Bird Count. This is a great project for club members, grandchildren and especially the Youth Garden Clubs.

The GBBC is a joint project of Cornell Lab of Ornithology, National Audubon Society and is sponsored by Wild Birds Unlimited. The information that you report becomes part of a large data base that helps in important trends in bird populations, their range, habitat changes and any shifts in the migration process. Go to the website

[www.gbcbirdcount.org](http://www.gbcbirdcount.org) for all of the information to register and report your sightings.

And.....don't forget.....birds will be looking for sources of food, water and shelter now. They need high calorie and high fat foods in the winter. Check at your local specialty bird center for the recommended winter seed, suet cakes and peanuts. There are many recipes for homemade suet on the internet if you prefer to make your own. Water is very important in the winter. Provide a bird bath, if possible, with a bird bath heater. (Some bird baths come with a built in heater.) Also remember, your birds need a place that will provide shelter from the wind, cold and predators.

### AWARDS

Judy Ann Fray

Plan to attend the SAR Convention at West Virginia's famous Greenbrier Resort and hear the announcement of this year's Awards Winners! Each state president will receive a package of awards certificates – and monetary awards—for the work done during 2016. See you there.



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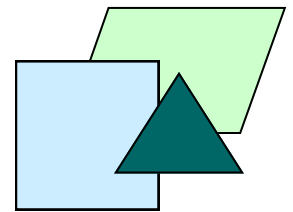
## Chairman Reports (continued)



### CALENDARS

Elaine Thornton

For those of you who were swamped with activities at the end of last year, it is not too late. The 2017 Vision of Beauty calendars are still available from member services for \$6.75. Enjoy 2017 with this lovely calendar. And for those of you who like to plan well ahead, the 2018 Vision of Beauty calendars will be coming out in June.



### CONTAINER GARDENING

Helen Heater

“A Few Recipes for Sun and Shade”

We always need to be thinking ahead and planning for another successful container garden season, as spring is just around the corner.

There are plenty of options, whether your yard is in the scorching light or deep shade. The following are just a few ideas for a sunny location and/or the shade. Next we need to think about the container types, should they be pedestal, hanging basket or ? Which fits or fills my space best?

Since spring will be here soon, maybe we should think about bright colors and maybe a large pedestal pot. What about a “POP” of bright colors?

Select 4 or 5 miniature orange snapdragons, 1 or 2 orange Calibrachos, 2 or 3 Nemesias (nemesia fruticans), pink, 2 or 3 yellow pansies, and 1 yellow Wallflower (Erysimum Citronia), yellow. These spring flowers won't last long, as they will fade away with the heat of summer, but this combo is stunning while they last. Then you could begin to replace them with some summer plants.

As the weather begins to warm, maybe bright and cool would be a better choice in a hanging basket (at least 10 inches in diameter). Begin by planting: 3 Petunias “supertunias” Bordeaux (purple), 3 to 4 Verbenas, (pink), and at least 5 or 6 Lobelias (lobelia erinus, Laguna) trailing lilac type. This combo will look great from spring to early summer. Since they all have trailing tendencies they will look great in a hanging basket.

Or if a hanging basket is not your choice, what about a wicker or traditional handled type basket? Baskets and flowers go together like apple pie and ice cream. Each is great on their own but baskets filled with flowers have a casual or sweet country feel to them. They also make a perfect addition to a porch or a cottage area. If you use this type of basket you may want to prolong its life by lining the basket with a piece of plastic with some drainage holes before adding your potting mix. Make sure your selection of a basket is at least 10 inches in diameter.

To get that welcoming look: Combine at least 1 Calibrachoa (calibrachoa “Superbells”) a light or bright cherry red; add 2 or 3 Nemesia (nemesia fruticans, “Bluebird”), 1 Twinspur (Diascia Darla “Rose”) and 1 or 2 Sweet Alysium (Lobularia maritiana). These will do fine in full sun as long as they have great drainage and even moisture. If the Nemesia begins to fade in early summer just replace them with 1 or 2 Verbenas or Petunias.

If shade is your preference try these combos. First try this “Perfect Duo” You will need a container approx. 12” or larger. Select a Hosta (Golden Tiara) and a” berry bladder fern” (Cystopteris bulbifera). Both can stand partial to full shade throughout the growing season. These are two great textures and the bright green apple colors will brighten the deepest shaded corner. It is best not to let them dry out. If you want to save these beauties at the end of the season just transplant them in August in your perennial garden and water well.

If the spot is partial shade and your preference is a bit of color and more texture try this combo: You will need: 1 Rex Begonia (the one with the purple or dark edge leaves with the bright pink center), 2 Rush Plants (Jucous “Twisted Arrows Mix:”), 5 or 6 Double Impatiens (impatiens hybrid) and at least 2 Emerald Lace (Plectranthus pertendahlia) For best results of this combination give the begonias well drained soil and a good potting mix and they will do best out of the direct sun light. Make sure your container is at least 12 inches wide or larger.

All of these plants in this article are common at most nurseries. These are quick and simple, and some of these ideas seem to take a bit more maintenance; but working with different flowers give us perhaps better selections for the years to come. Each year I like to try different plants and colors, and different containers. It is good to also keep a garden journal of things that work and note those that don't work very well. I even have some photos that I especially like to keep for future ideas or try again. The ideas are only limited by your imagination and, of course, by actual growing requirements and the space I have to share my ideas. So have fun planting and try new ideas. **“It is rewarding.”**



## Chairman Reports (continued)



### NATIONAL GARDEN WEEK

Mary H. Dixon

Clubs within our Region will celebrate National Garden Week June 4-10, 2017. Celebrations may include special tours, events and flower arrangements for libraries or other places.

Plan now for an event, have your city Mayor sign a proclamation declaring June 4 - 10, 2017, National Garden Week in your city and apply for an award. There are copies of a proclamation on the NGC website and you can just have the Mayor sign that and while you are at it take a small token of appreciation, like an arrangement, so city persons know we appreciate them also.

Thank you all for what you do to let others know we are National Gardeners and are proud of it.

### THE CORRIE WHITLOCK MEMORIAL SCHOLARSHIP FROM SAR

Marsha Alexander

Just before Christmas, I received a generous donation given in memory of Corrie Whitlock, a former SAR Director. During Corrie's term, 1995-1997, the SAR Life Memberships were initiated to help fund the SAR Scholarships. The funds from donations for memorials and honorariums are also placed in this Restricted Account designated to help a rising Junior or Senior in College fund their education. Scholarships are the way that we can open many doors for students, as well as make a tremendous contribution to the future needs of our communities.

Stacy Bradshaw of Emporia, Virginia, a 2016 Scholarship winner, recently wrote to say that she was planning to graduate in the Spring of 2017 with a Major in Agriculture, Plants and Soil Science. She plans to work with the USDA Natural Resources Conservation Service. She wanted to thank the SAR Members for the Scholarship, which really helped her to continue to pursue her Degree. Our Scholarships are helping to ensure that our future will be in good hands!

I am looking forward to receiving an application from each of our five States by March 1<sup>st</sup>. Two Scholarship winners will be announced at the SAR Spring Meeting. Each will receive a \$2000 Scholarship to further their Education. A previous winner and/or applicant can apply each year that they qualify. Applications may be obtained from the SAR Scholarship Chairman or the Scholarship Chairman of each state in the region. Information and applications can also be found on the SAR Website.

**Complete Applications must be sent to the State Scholarship Chairman by February 1<sup>st</sup>. Each State's best application for the SAR Scholarship must be sent to the SAR**

### Scholarship Chairman by March 1<sup>st</sup>.

The following National Garden Clubs, Inc. Scale of Points. is used to evaluate each application:

Academic Record	40 %
Applicant's Letter	30 %
Listing of Honors/ Extracurricular	
Activities/ Work Experience	10%
Financial Need	15%
Recommendations	5%

Our SAR Director has chosen the theme "Inspire Conservation through Education". SAR Members...let's honor Sarah Ann by helping achieve this goal through Scholarships! They are an important way to help secure our future efforts in beautification, agriculture, conservation, and the environment.

### SOUTH ATLANTIC REGIONAL SPECIAL PROJECT 2015-2017

"AWE-SOME POSSIBILITIES"

Attention:

### SAR Special Project Award Information Extra time for 2017 Application!!

To encourage applications for the SAR special project Award I am extending the deadline until February 1<sup>st</sup>. Please review your projects and see how you can adapt to fit any category of Sarah Ann's theme, "**Inspire Conservation Through Education**". Read the information about this award on page 30 of your SAR Directory.

Send application to me by email on national form by Feb. 1, 2017:

[Bentmary54@gmail.com](mailto:Bentmary54@gmail.com)

11481 Voorhees Rd.  
Denmark SC 29042



### VIDEOS/DVD PROGRAMS

Dorothy Richardson

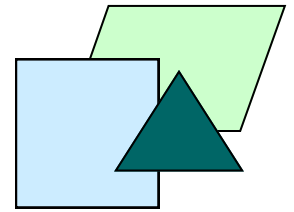
This Chairman would like to let you know that we have lots and lots of exciting garden-related Programs. If you need a program on a particular subject please contact NGC Headquarters, MEMBER SERVICES.

Email: [headquarters@gardenclub.org](mailto:headquarters@gardenclub.org), phone 314-776-7574, Address: 4401 Magnolia Avenue, St. Louis, MO 63110.

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### YOUTH PROJECTS – GIRL SCOUTS

Carolyn King

#### NGC NATIVE PLANT BADGE

So far most of us have experienced an extremely cold 2017. It won't be too long before the crocus and daffodils will be coming up. I hope each garden club has been working with our youth on projects, native plants and Girl Scout badges. Please let me hear what you are doing, and what I can do to help you with ideas.

### WILDFLOWER / ROADSIDES

Mary Ann Powell Kirby

TRILLIUM cuneatum has been a beautiful Wildflower sometimes found in ditches and along roadsides and grows in "My Neck of Woods" in SC. The preferred soil for growing trillium is woody and loamy. This plant is called "Little Sweet Betsy" along with "Large Toad Shade".

Somehow this chairman can just visualize a toad sitting under the "Mottled" leaves and enjoying a moment in the moist woods waiting on a snack to appear!

This Spring blooming Wildflower has a slight fragrance similar to Sweetshrub. This Trillium cuneatum must not be tasty to deer for they do not bother this plant. Trillium cuneatum spreads by "Rhizomes". Rhizomes are horizontal, brownish, short. Bracts are held well above ground and may be blade green to purplish green. Flower borne upon bracts are erect with odor being usually pleasant, faint, spicy. Sepals are widely spreading, variably green, purple-streaked to all petals and are long-lasting. The maroon-purple sepals vary and may be brownish purple, bronze, greenish purple, clear green, yellowish green, pale lemon yellow, or 2-colored, yellow with purple base.

Other names for this trillium: Whip-poor-will flower, cuneate trillium, purple toad shade and bloody butcher.

In occasional clones, flowers open or quickly fade to bright copper bronze, the particular color pattern is consistent from year to year, fading to browner tones with age except in yellow or green forms.

Trillium cuneatum has escaped locally and become established in Michigan and other states. It is most frequent on the limestone-derived soils of southern Kentucky and Tennessee, and is perhaps the most vigorous and certainly the largest of the eastern trilliums.

**Lore:** The Chippewas treated earache with "second layer of the bark of the root, put in hot water and boil" this was then dropped in the ear.



### YOUTH – SMOKEY BEAR/WOODSY OWL POSTERS

Barbara Ohmsen

Any club can sponsor a contest. Get in touch with your state chairman – contact schools, church groups, Scout troops, home-schooled children, etc.. With your support the last two years, the South Atlantic Region has won the national award for most posters received. CONGRATULATIONS!!!!

State Chairmen will receive information later to distribute to your clubs.





# SAR Convention 2017

## “Southern Charm and Hospitality” South Atlantic Region Convention March 26-28, 2017 The Greenbrier White Sulphur Springs, WV



It is with pleasure that West Virginia Garden Club invites you to attend the annual Convention of the South Atlantic Region to be held at The Greenbrier in White Sulphur Springs, WV .The dates are March 26-28<sup>th</sup>, 2017 ...just in time for the daffodils to bloom. Located amid the breathtaking mountains of West Virginia, The Greenbrier is a National Historic Landmark and world-class resort that has been welcoming guests since 1778.

There will be workshops in addition to a tour of the Bunkers and other tours of the Hotel’s interior. Sandy Robinson, our National President will bring official greetings.

Workshop on Monday afternoon will be Windowsill Art: Creating One-of-a-kind natural arrangements to celebrate the seasons. Almost everyone does it, puts a little something on the windowsill. Nancy Ross Hugo will create arrangements through photos in a power point demonstration, showing this simple art form can hone arranging skills, stretch creative muscles, and provide connection to the changing seasons. She shares dozens of her creations and which techniques, containers, and materials best facilitate the process.

Sunday tours, meetings, and Banquet are shown on the schedule with the Registration Form.

The room rates including all taxes and fees will be: standard/intermediate room \$207 a night for 2 people; Superior room, \$254.00 a night for 2 people. Mark your calendar and save the dates to be at The Greenbrier in March to enjoy Southern Charm and Hospitality. Look for the Registration Form in this issue. It will also be on the South Atlantic Region website. **Registration deadline will be February 17, 2017.** There is an additional fee for late registrations.

Convention Chairman/WVGC President: Judy Guye, 304-636-4763. [guyeswanson@live.com](mailto:guyeswanson@live.com)

Co-Chairman: Martha Hilton 304-667-7060 [agentwv@mountain.net](mailto:agentwv@mountain.net)

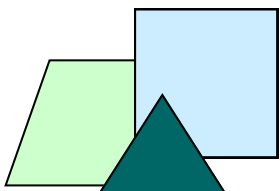
The Registration Form is on page 13 of this issue.

## “Inspire Conservation Through Education”

Special Project:

AWEsome

AirWaterSoil-some

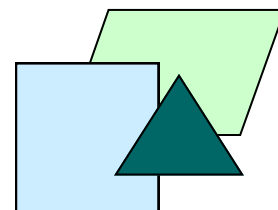


Key Notes

January 2017

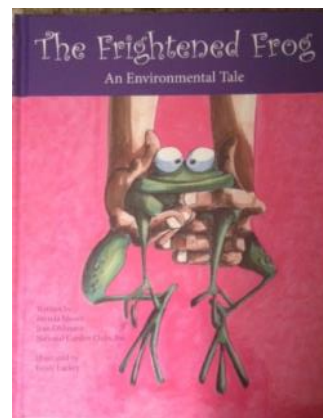
[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

# National Garden Clubs, Inc.



Sandy Robinson  
2015-2017 NGC President

Theme:  
“Leap Into Action”



(from the Winter issue of *The National Gardener*)

## LANDSCAPE DESIGN

Did you read *The National Gardener* article about landscaping in our region —Williamsburg VA? What good publicity for one of our own states. Many gardens and historic areas were highlighted. This gave a perspective on Colonial Gardens—much different from those of most of us.

As a matter of fact, you can see for yourself if you want to attend Course 1 of Landscape Design School in Williamsburg April 11-12, 2017.



## NATIONAL GARDEN CLUBS CONVENTION

And since we know that all of you are planning to attend the National Convention in Richmond VA in May, please read pages 14-19 and get to know our speakers, presenters, seminar subjects and tour details as you are making your plans.



## OTHER

There are other articles of interest in this issue as well. Please take the time to read them. And did you know you can read this on the National Website in the Member Section? Check the Bylaw amendments that will come up for a vote at the convention.

From Elene Combs, SAR member and NGC *Vision of Beauty* Calendar Committee

Congratulations to Jeannie Turner of Charlottesville, Virginia for her design being included in the 2017 *Vision of Beauty* Calendar. Jeannie's design is featured for the month of July.

Your design could be in the 2019 calendar **BUT** you have to submit it !! The SAR has many talented designers who deserve to have their designs in the calendar. The deadline for submission is July 1, 2017. The entry form and requirements are on the website: [www.gardenclub.org](http://www.gardenclub.org). Also on the website are hints on how to take a winning photograph.

The calendar showcases traditional and creative designs and even small “pocket gardens”. Entries will be judged by the same criteria used to judge Flower Show designs.

**We hope** you are reading the interesting/informative articles in each issue *The National Gardener*. Don't receive it?? Check with your SAR or state chairman or go online to NGC to subscribe. You'll be glad you did!

Key Notes

January 2017

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)



### NATIONAL GARDEN CLUBS CONVENTION

May 17-20, 2017

Richmond Virginia

Marriott Hotel

VFGC members are preparing to welcome you to the 88<sup>th</sup> Annual National Garden Clubs Convention at the Downtown Marriott in Richmond. Kick off your time with us by going on the Tuesday, May 16 tour to Colonial Williamsburg where you will stroll down Duke of Gloucester Street, one of America's most famous streets, where patriots such as George Washington, Thomas Jefferson, and Patrick Henry, walked. Enjoy the many gardens throughout Virginia's colonial capitol. Other Tuesday tour options include Agecroft and Virginia House and Lewis Ginter Botanical Garden, all in Richmond.

On Wednesday, May 17, history lovers will want to go with us to see Thomas Jefferson's exquisite home, Monticello, and then walk through his gardens. For those who would like to remain in Richmond, take the walking tour to Virginia's State Capitol and Capitol Square or travel to the Virginia Museum of Fine Arts to see over 35,000 pieces of magnificent art. End Wednesday by enjoying the NGC Life Member Banquet featuring Kaiulani Lee who will present the play "A Sense of Wonder" based on the life and works of Rachel Carson.

On Thursday morning, May 18, non-NGC Board members can enjoy a historic Richmond trolley tour or a visit to Hollywood Cemetery where Presidents James Monroe and John Tyler rest. Everyone will enjoy the luncheon speaker, Peter Hatch, Monticello's director of gardens and grounds for thirty-five years, as he speaks on Thomas Jefferson, the Gardener. Following lunch, the official opening of the NGC Convention begins at 2:30 p.m. Then enjoy one of the three fabulous afternoon seminars. We cap off Thursday evening with the Awards Banquet.

Friday, May 19, is another wonderful NGC Convention day! Following our morning business session, we head to lunch and then we'll hear our charming keynote speaker P. Allen Smith. There are three afternoon seminars from which to choose. Following dinner, see the fabulous and unique designs created by Ian Prosser.

Saturday morning begins with our Regional Breakfasts and I know that SAR will have a huge number of attendees. After the final business session, the luncheon speaker will be engaging Bryce Lane who will talk about Waterwise Gardening. Saturday afternoon, choose a tour or stay in the hotel for one of two great programs. We cap off the evening with dinner and the installation of the 2017-2019 NGC officers and Region Directors. Virginia's Julia Clevert, an internationally known floral designer, will create a floral tribute to outgoing NGC President, Sandy Robinson and incoming NGC President, Nancy Hargroves --- both from our own South Atlantic Region. We are so proud of both Sandy and Nancy --- so please be sure to attend this banquet to honor them.

Go online to the NGC website: [www.gardenclub.org](http://www.gardenclub.org) and read more about the convention programs, tours, and seminars and while you are there, register online --- it's simple to do.

We do hope that lots of our SAR members will attend the NGC Convention. It's not that far away for any of us. And be sure to sign up for both the Life Member Dinner and the Regional Breakfast. Both are listed separately on the Registration Form.

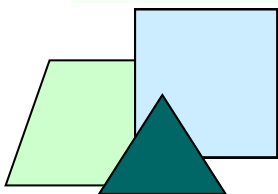
NGC Convention 2017

Richmond, Virginia

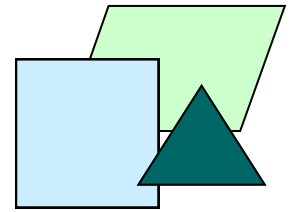
500 East Broad Street, Richmond VA 804-643-3400

The room rates are very reasonable: \$139 single or double; \$139 triple; \$149 quad.

Valet parking is available at a cost; or self park at a nearby public parking garage



## Odds 'N' Ends



**Sympathy** is extended to the family of our SAR Treasurer Jerry Shriver who passed away Jan. 4 following a long battle with cancer and other complications. She was a former president of the West Virginia Garden Club. She will be missed by all.

**Sympathy** is extended to Karen Prewitt, SAR Environmental Education/Energy Conservation/Litter&Recycling Chairman, whose father passed away December 23.

Schools/Symposia (as found on the websites. Check websites for details)

Landscape Design School:

Jan. 17-18: Landscape Design School, Charleston SC

Apr. 11-12: Williamsburg VA Course 1

May 24-26: Morgantown WV Course 3

Environmental Study School:

Jan. 20-21: Environmental Study School, South Carolina

Mar. 10-11 Phinizy Swamp Nature Center

Flower Show School:

Mar. 16-18: Middleboro KY Course 4

Symposium:

June 14-15 Carter Caves State Park, Olive Hill KY

The new Flower Show Handbook will be available soon, and will take effect as of July 1, 2017. Check the websites for each of our states after the first of next year as many states will probably schedule Flower Show Schools using the new book.

### JUST FOR FUN.....

What do you know about us?

1. What is the title of the top officer in our region?
2. Who currently holds that position?
3. What is the name of our region?
4. How many states are part of our region? Can you name them?
5. How many regions are in our parent organization?
6. What is the name of our parent organization? What was it called before the year 2000?
7. Where is our Annual Convention in 2017?
8. Where is our National Convention in 2017?
9. Who is our current National President? From what state?
10. Can you name that state Presidents from each state in our region?

If you have read this edition, most answers are somewhere on these pages, if you don't already know all the answers. They are also on the back page.

# South Atlantic Region Registration Form

## SOUTH ATLANTIC REGION CONVENTION March 26 - 28, 2017

Fifty-sixth Annual Convention  
"Southern Charm and Hospitality"  
The Greenbrier Hotel, White Sulphur Springs, WV

**Registration:** Please complete form, make checks payable to "NGC-SAR 2017 Convention" and mail both to Emily Shrey, 205 Elm Street, Roncovevte, WV 24970; email: [emilyshrey@hotmail.com](mailto:emilyshrey@hotmail.com) phone: 304-645-7511  
**Postmark by February 17, 2017 for On time Registration.**

Last Name \_\_\_\_\_ First \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail address \_\_\_\_\_

Please check \_\_\_\_\_ if we may email your acknowledgement to the address above.

- Check ALL that apply:
- |  |  |   |
|--|--|---|
| <input type="checkbox"/> NGC Officer     | <input type="checkbox"/> SAR Director        | <input type="checkbox"/> SAR Officer      |
| <input type="checkbox"/> NGC Chairman    | <input type="checkbox"/> Former SAR Director | <input type="checkbox"/> SAR Chairman     |
| <input type="checkbox"/> NGC Life Member | <input type="checkbox"/> SAR Life Member     | <input type="checkbox"/> State President  |
| <input type="checkbox"/> Club President  | <input type="checkbox"/> Club Member         | <input type="checkbox"/> Elected Delegate |
| <input type="checkbox"/> Guest           | <input type="checkbox"/> Spouse              |   |

Please mark the plan you want to attend. Registration fee and meals included.

Full Convention beginning Sunday afternoon	\$300
WV/GCI Member -Full Convention beginning Sunday	\$280
Convention beginning with Monday lunch	\$205
Tuesday Design breakfast and program only	\$ 45
Additional Late Registration fee if space available	\$ 20
Kitchen Tour (limited to first 25 people)	\$ 20
Tour of Greenbrier Lodge & Sporting Club	\$15
<b>TOTAL ENCLOSED</b>	_____

Please indicate special diet restrictions \_\_\_\_\_  
(these may be for Medical reasons only)  
We will make every effort to accommodate your medical allergies but will not be able to accommodate individual dislikes. Thank you for your cooperation.  
No requests for substitutions will be accommodated at the time of meal service

Staying at The Greenbrier? \_\_\_\_\_ Roommate(s) \_\_\_\_\_

### MEALS:

Full Convention includes 2 banquets, 1 lunch, 1 breakfast and reception  
Complimentary breakfast coffee and tea are available in lobby.  
Convention beginning Monday omits Sunday Banquet.

### No refunds after March 10, 2017

**Tour to be arranged with Concierge:**  
Bunker tour at 11 am, 1:30 pm, 3:30 pm 1 ½ hr \$40 per person

Free Gourmet cooking demonstration at 11am & 2:00 pm in Gourmet Shop  
Free movie in theater at 9:00 pm

**Hotel Reservations** Reservation deadline is February 17 2017  
Make reservations directly with The Greenbrier Hotel. Call the Hotel directly at 1-304-536-1110 or 1-800-624-6070 and ask for the South Atlantic Region Garden Clubs room block to receive the established group rate. You must identify yourself as a member of SAR initially when making the reservation.

**Room Rates: This includes all fees and taxes.**  
Standard/Intermediate Guest Rooms \$207/night for two people  
Superior Guest Rooms \$254/night for two people  
There is a \$56.45 per person, per day charge for third and fourth persons added to above rates if staying in the same room.

Website: [www.greenbrier.com](http://www.greenbrier.com)

Driving Directions: Take I-64 to White Sulphur Springs, WV exit 181

### Sunday, March 26, 2017 "Inspire Conservation Through Education"

9:00 am	Church services.....	Greenbrier Chapel
12:00 pm - 5:00 pm	Registration.....	Lower Lobby
12:00pm-1:00 pm	Former Regional Directors lunch.....	Drapers Cate
1:00 pm	Finance Committee meeting.....	Pierce Room
2:00 pm -3:00 pm	Executive Board meeting.....	McKinley Room
2:00 pm-4:00 pm	Tour Greenbrier Sporting Club homes & Lodge.....	Lobby
3:00-4:00 pm	Kitchen Tour.....	Main Lobby
4:15-5:00pm	Greenbrier Tea.....	Dining Room
6:30 pm	Banquet honoring SAR Life Members.....	Chesapeake
	Violinist: Adam DeGraff	
	Speaker: SAR Director, Sarah Ann Parler	

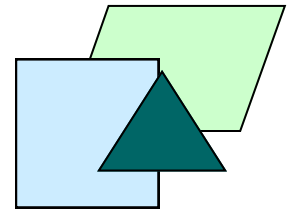
### Monday, March 27, 2017 "Timeless Traditions"

8:00 am - Noon	Registration.....	Lower Lobby
9:00 am	Official opening of convention.....	Theater
12:00 pm	Awards Luncheon.....	Chesapeake Room
3:00 - 4:00 pm	"Windowsill Art" by Nancy Hugo.....	Theatre
4:15-5:00 pm	Greenbrier Tea.....	Dining Room
6:30 pm	Banquet.....	Chesapeake Room
	Speaker: NGC President, Sandy Robinson	
8:30 pm	Reception honoring Sandy Robinson and Sarah Parler	

### Tuesday, March 28, 2017 "Unforgettable Experiences"

8:30 am	Breakfast, Final Credentials Report.....	Chesapeake Room
10:00 am	"Designs for the Greenbrier".....	John Gillespie

# The South Atlantic Region Member States



- Just For Fun.....  
Answers
1. Director
  2. Sarah Ann Parler
  3. South Atlantic Region of National Garden Clubs
  4. Five; Kentucky, North Carolina, South Carolina, Virginia, West Virginia
  5. Eight
  6. National Garden Clubs, Inc.; National Council of State Garden Clubs, Inc
  7. The Greenbrier in White sulfur Springs WV
  8. Richmond VA
  9. Sandra Robinson; Kentucky
  10. KY, Edith Nelson; NC, Gail Hill; SC, Yvonne Morris; VA, Janice Clem; WV, Judy Guye

**NGC Mission Statement**  
National Garden Clubs, Inc provides education, resources, and national networking opportunities for its members to promote the love of gardening, floral design, and civic and environmental responsibility.

Key Notes January 2017  
www.southatlanticregiongardenclubs.org

Pleased Share This Newsletter With Clubs In Your State And With Members Of The State Boards  
Thank You