

# KEY NOTES



South Atlantic Region of National Garden Clubs, Inc.

July 2013

Volume 10, Issue 1

"A World of Opportunity—Be Involved"

## *Inside This Issue*

Director's Message	1
State Presidents	2
Kentucky	
North Carolina	
South Carolina	
Virginia	
West Virginia	
Officer Reports	5
Chairman Reports	6
Aquatic Ecosystems	
Energy Conservation	
Environmental Education	
Historic Gardens Restoration	
Historic Trails	
Videos-DVD Programs	
Odds'n'Ends	9
SAR Convention 2014	9
NGC Convention 2013	10

## *Key Notes issues*

*Key Notes* will be published in early July, October, January, and April.

The deadlines for the respective issues are:

June 20

**September 20**

December 20

March 20

Please submit your articles by email, if at all possible, to [mfloyd3570@aol.com](mailto:mfloyd3570@aol.com)  
Subject: SAR Key Notes



## THE DIRECTOR'S MESSAGE "A World of Opportunity—Be Involved"



The National Garden Clubs, Inc. 84<sup>th</sup> Annual Convention was well attended by members of the South Atlantic Region. The members of the Washington State Federation of Garden Clubs were wonderful hosts, and the entire meeting was well-planned and informative. We especially enjoyed the fellowship and program at our Regional Luncheon. We look forward to being in Norman, OK next year.

Beginning anything new is always exciting, and with this issue of Key Notes we mark the beginning of my term as your South Atlantic Region Director. I feel honored to serve, and will count on the support of all of you. We are grateful to outgoing Director, Mary Dixon, for her great leadership the past two years, as well as the Officers and Board who served with her. At the NGC Convention, we were so proud of the reports from our State Presidents, Judy Barnes, Judy Binns, Dianne Caines, Maida Danzler, and Brenda Moore, and the Region's report by Mary. We have made a difference in the states of our South Atlantic Region!

The theme for the next two years in SAR is "A World of Opportunities-Be Involved". We all know the value of our garden club friendships, but unless we become involved in projects and programs beyond just our club level, we are missing many of the opportunities we have to grow, not only as gardeners, but as citizens of our community.

I urge you to take advantage of the Schools offered by NGC: Gardening Study, Landscape Design, Environmental Study, and Flower Show Schools, as well as various Refreshers and Symposiums offered. We have excellent instructors available and Regional and National Chairmen who are willing to help if you would like to sponsor a School in your area.

At the SAR Convention in Lexington, I introduced many of you to SAR-A, the Busy Bee (as in BE Involved). You will see her at meetings over the next two years, but I didn't know she would have a friend at the NGC Convention. "Blossom" the Bee was invited to help with membership emphasis. Without new members, and retention of all members, we cannot grow, so please remember to support the bees!

Most SAR members attending the NGC meeting flew out to Seattle, but Russ and I drove. We had traveled nearly 5,000 miles, and been in fifteen states when we returned home on June 2. We drove through rain, sleet, a blizzard in Idaho, and drizzle most of our time in Seattle. It was our third road trip out that way and we still marvel at the beauty of the mountains and plains, and the BLUE sky. This trip we came back through Utah, which made the 49<sup>th</sup> state we have visited, and found it to be as beautiful as we had been told it was. What a wonderful country we live in, and what a responsibility we have to help preserve and protect it. As members of the National Garden Clubs, we accept that duty!



Be involved!

Martha

## State Presidents' Themes and Reports



### **The Garden Club of Kentucky, Inc. Joanna D. Kirby, President "Kentucky, Let's Grow" Helping Hands Across Kentucky**

The theme for the Garden Club of Kentucky, Inc. for 2013-2015 is "Kentucky, Let's Grow" Helping Hands Across Kentucky.

From the foothills of eastern Kentucky to the far western region our club members are busy this spring with many garden club activities. There are numerous garden tours in many locations, county fairs with member participation and guidance. Flower shows and teas are in the near future as our gardens burst into bloom after a long, wet winter.

The Garden Club of Kentucky, Inc. is partnering with a national native plant organization, WildOnes, to help establish Monarch Way Stations across the commonwealth thus insuring that the beautiful Monarch butterfly will have more habitat and host plants (Milkweed) to utilize as they visit and migrate through our region. We are encouraged by the enthusiasm members have shown with this important project as we help

our garden friends.

Garden clubs in each of our five districts will be learning about Community Gardens and how they can help to establish or support an existing one in their own towns. Helping others in need of food and giving them a chance to work outside will help to build a better relationship within our communities.

In our quest to build membership many clubs are holding workshops, demonstrations and classes at their local libraries, extension offices and churches that are free and open to the public helping to share knowledge and their love of gardening with others.

We will have our work cut out for us during the next two years but feel that our hands can reach out and help Kentucky grow!

Joanna D. Kirby  
Garden Club of Kentucky, Inc.  
President



### **The Garden Club of North Carolina, Inc., Jenene Smith, President Theme: "Volunteering to Make a Beautiful Difference"**

The National Garden Clubs Convention in Seattle, Washington was most interesting and very informative. The time zone changes, however, were difficult to adjust to, especially coming back home. All the reports of State Presidents and National Chairmen were very inspiring and it was overwhelming to hear what is happening all over the Nation. It is so nice to know that we have friends all across the United States that are volunteering to make a beautiful difference. Most of the garden Clubs in North Carolina begin their regularly scheduled meetings in September as most everyone is on vacation and/or enjoying family time.

Judy Barnes, our State editor, is currently working on the GCNC Gardener Yearbook. It will be printed and mailed in July.

This spring throughout our State, each District has or will have a President's meeting. These meetings include all of our Garden Club Presidents and gives them an opportunity to interact in preparing yearbooks, programs and projects.

Since this is the year of changes, our Website Chairman, Mar-

cia Loudon, is busy updating all the information. Please check out our website, [www.gardenclubofnorthcarolina.org](http://www.gardenclubofnorthcarolina.org). This is a very helpful tool, especially in obtaining new members. It gives them an insight into our programs and projects. Our headquarters in Raleigh maintains a library of programs that can be obtained by our club members.

Some of the Beautiful events that took place in May were the Blue Star Memorial Marker dedication at Spivey's Corner and in June a Memorial Garden was dedicated in Mooresville.

Our future holds some interesting things. Our Fall Board Meeting will be held in Morehead City on September 22 and 23 and a Judges Symposium will be November 3rd, 4th and 5th in Raleigh.

The Garden Club of North Carolina, Inc. is sponsoring a trip in May, 2014 to London to see the Chelsea Flower Show. Information on this and all events mentioned will be on our website.

As the new President of the Garden Club of North Carolina, Inc., I am looking forward to exciting and a beautiful year.

Jenene



**The Garden Club of South Carolina, Inc.**  
**Judith Johnson Dill, President**  
**Theme: "Inherit the Past: Create the Future"**

President Linda Nelson charges each of us to conserve and preserve our natural resources. We inherit and cannot alter our past; however, we can create our future! Using lessons from our past and information we gather from research and cooperative efforts with statewide and community organizations, we can devise a plan to create a future that concentrates on saving and maintaining our valuable natural assets.

Rather than having many individual projects, GCSC has one overarching project, *Historic Trees for Historic Places* (HTHP), which encompasses the duties of every board member, uniting the group to action. Led by HTHP Chairman, Jane Riddle Pearman, clubs will use specific protocols to identify the state's historic sites and trees. Designed as a broad-based effort that combines resources of local and state private and public entities with GCSC club members, HTHP serves not only to identify historic sites and trees, but also to educate the public about conservation and preservation of our natural resources.

On May 18, 2013 Gardening Girls Study Club honored one of their members, President Judith Dill, with a beautiful reception at Camden's historic Cedar Knoll, the historic in-town plantation and former home of Lucy B. Pomeroy, 2<sup>nd</sup> President of GCSC. Guests from across the state reveled in the restored, terraced parterre garden and gracious mansion, which served as a fine example of an historic Revolutionary War battle site with historic trees!

Almost immediately following the NGC Convention, on June 6, we held our first meeting of the GCSC Board of Directors. Jane Pearman presented a power point discussion about HTHP

and strategies to combine various GCSC committees and community resources. Four very different break-out sessions gave members the opportunities to think critically and devise practical methods to launch the project. With a working luncheon, members sat in new groups to gather ideas and information.

Saturday, June 15 GCSC held *The Fair*, open to all GCSC club members throughout the state. Held in Columbia's Trinity Episcopal Cathedral, the site of the first GCSC organizational meeting, The Fair had workshops, delicious delicacies created by board members and GCSC-manned booths that detailed various aspects of our community service. Highlighting the festivities was a most entertaining presentation of HTHP. Jane Pearman and forty costumed-as-trees HTHP committee chairmen danced and sang explanations of HTHP, all to standing ovations and wild applause, setting the stage for Jane's power point presentation and following forum. Everyone left, ready to work!

Throughout the summer, we are working with various statewide public and private entities and clubs to launch the project in specific locales.

In conjunction with the Department of Natural Resources, GCSC sponsors Camp Wildwood, a highly-popular camp (June 23-29) focusing on conservation and environmental issues. High school students have the opportunity to "look up" to discover nature, by leaving their technical devices at home.

What an adventure!

During the summer travel and leisure time, we encourage each GCSC member to include time to locate historic trees and historic sites! Think of the travelogue!

Judith Dill



**Virginia Federation of Garden Clubs, Inc.**  
**Marilyn J. Mason, President**  
**Theme: "Working Together To Preserve Our Legacy  
-Conserve, Preserve, Restore, Educate"**

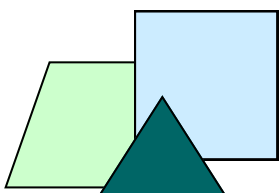
Marilyn joined the Lake of the Woods GC in 1991, following her move to the lake community. The idea of nurturing the beauty of the natural setting quickly became a new-found vocation. What followed, in addition to building a home there, has been a continuum of responsibilities and interest in the realm of garden and community beautification-related interests.

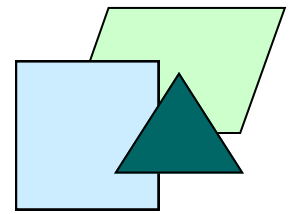
Marilyn has been a member and former President of the Lake of the Woods Garden Club and former President of Shenandoah District. Since 2007, she has served as VFGC Treasurer,

Second and First Vice Presidents. She completed Landscape Design Schools and became a Landscape Design consultant and has enjoyed attending Flower Show Schools and Symposia and the National Garden Club conventions.

Marilyn's working career in Northern Virginia was in human resources management. She graduated with a Master of Science degree in Human Resources Management from American University. She and her husband, Bill, enjoy their combined family of 6 children, and 8 grandchildren.

(Continued on page 4)





(Continued from page 3)

**Goals** for this administration will focus on:

**Preserving** our Legacy by planting Trees Native to Virginia - by giving Awards to clubs for plantings on Public or Historic properties.

**Beautifying and Restoring** in our Communities through a new grant program Continuing "Keys to the Future" youth project grants

**Continuing** to better serve Members through offering schools and symposia and other programs that educate.



**West Virginia Garden Club, Inc.**  
**Patricia Arndt, President**  
**Theme: "Those Who Plant Gardens Believe in Tomorrow"**

First and foremost, I am both humbled and privileged to have this opportunity to serve as President of West Virginia Garden Club.

I began my journey in West Virginia Garden Club in the spring of 1995. My mother-in-law, Barb Arndt, had asked me to be a docent for Shenandoah-Potomac district's annual House and Garden Tour. Of course, not wanting to disappoint my mother-in-law, I reluctantly said "yes." Two months later, I was invited to join Berk-Mar garden club. Now, I must tell you that, back then, I was an extreme introvert. (Really, honestly, it's true!) So, joining a group of women I didn't know took a lot of courage for me. But, I did join and I began to participate in all garden club activities. And, I actually liked it!

In 1997, I had my first opportunity to attend a state meeting. It was held at the Greenbrier Resort in White Sulphur Springs, WV, and Carol Rockwell was being installed as our new state President. I packed my bags and off I went with some of my club members to try out this new experience. What a wonderful time I had! I got to meet more members of my district and others from across the state, and, it was there that I started to feel that I might stay with this organization. My shyness was wearing off – it was about time.

I remember attending my first state business meeting – sitting in that large auditorium – in the back of the room, of course! Another new member of my club and my Greenbrier roommate, Anna Crowell, sat beside me, and we were taking it all in. She looked at me and pointed up at the stage, where the executive officers were all seated at the head table. Then, she smiled, and said to me quite matter-of-fact, "that's going to be you up there someday." I laughed at the very thought that I might someday be an officer of West Virginia Garden Club. I didn't even dream that I may someday be the President. I must tell you, I have to pinch myself to know that this is real – that I have this most wonderful opportunity before me – to be President of West Virginia Garden Club.

The theme I have chosen for my term is "those who plant gar-

dens believe in tomorrow." I wish I could say that I came up with that saying myself, but, I can't. During WVGC's 2012 state meeting, again, at the Greenbrier, there was a presentation by the assistant of Mr. Carlton Varney, one of the designer's of the Greenbrier's interior. When Mr. Varney's assistant mentioned his phrase, I looked over to June Ashworth sitting beside me, and I said "that's going to be my theme." Inspiration had struck! That was a pretty profound phrase – "those who plant gardens believe in tomorrow." But, a seed had been planted in my mind. What did it mean to me, and how would it relate to West Virginia Garden Club? The answer came very easily to me.

You see, before we plant a garden, we usually do a lot of planning. We ask ourselves questions, such as, how big should we make the garden? What kind of plants should we plant? What kind of preparation is needed before we put the seeds or plants in the ground? What ongoing care is needed to ensure the best results or the highest yield? Then, if you are like me and my husband, we start to look through all those interesting seed and plant catalogs that come to us in late winter. Children look forward to Christmas toy catalogs. My husband and I get excited when the plant catalogs arrive! I sit in my recliner and look slowly through each page, taking in all those beautiful pictures and imagining how stunning our garden will be. We look at all the heirloom varieties. They are the backbone of garden plants. They have stood the test of time, and they give our garden the stability of tried and true growth. We look at the hybrid plants, those that have qualities of heirlooms, but they have been tweaked to cope with the environmental changes around them. We look at the brand new varieties, those that we've never heard of before, but can add something new to the garden. We don't know how they might do in the garden plan, but we want to give them a chance to see if they will grow and thrive. Then, we look at those plants with bright, colorful blooms that demand attention and add so much beauty to the garden. You know, the ones that we absolutely must have every year. Those that draw our eye to them and make us respect their, shall I say, "leadership" role in the garden. We look at the plants that thrive in the shade. Certainly, not all plants in the garden must have a bright bloom. The shade-loving

(Continued on page 5)

## State Presidents' Themes and Reports (continued)

*(Continued from page 4)*

plants fill their spots in the garden, not with showy blooms, but with a quiet, supporting beauty all their own.

So, finally, we have a good idea of what the garden should look like. We turn the soil, add the fertilizer, lay out the rows, and meticulously put in the seeds or seedlings. And then, we wait. We wait to see if the seeds will sprout, if they will grow and thrive.

But, through all of this planning process, we have one thing that goes unmentioned – faith. Faith that we will do everything in our power to ensure that we will have the garden that we see in our mind's eye; faith that our garden will grow; faith that we will have done something worthwhile; faith that we will have something to show for our efforts.

In a nutshell, that's what my theme means to me. "Those who plant gardens believe in tomorrow." It's pure faith – a belief that, if we plan correctly, choose the right plants, fertilize and water it, and nurture it – our garden will grow. There are so many things that can happen to prevent our garden from being what we want it to be – but, we have faith that it will grow.

I have faith in West Virginia Garden Club. We have heirloom members, those who have established their importance in our organization, and who we feel we can always look to for guidance and support.

We have our members who respect the established ways of West Virginia Garden Club, but who are also working the "think outside the box" by suggesting ways of improvement to better our club – our "hybrids." We have our new varie-

ties – those members who are new to Garden Club. Those members are learning what Garden Club is all about, and will give us a new perspective on what they expect to learn from us.

We have our members who are always willing to come forward – to fill whatever role or to take on any responsibility that is asked of them. They are the bright blooms of West Virginia Garden Club. And, of course, we have our members who serve in the background. They may be a bit unsure of taking on a larger role in garden club, but they are there, supporting us quietly. Without them, our garden wouldn't be complete.

Over the next two years, my responsibility is to plan our garden and to make sure it has everything it needs to prosper and grow. I sincerely thank you for the support I've received in preparing for this new role.

I challenge the members of West Virginia Garden Club to help our garden grow and prosper. Invite new members, men and women. Engage our youth by starting more youth clubs in our schools. Let your communities know who we are through networking and publicity.

But, most of all, nurture your existing clubs and members. Know that, just like plants in a garden, no two are exactly alike. But, when we plant the different varieties and they grow together, a beautiful garden is created.

As I look over the members of West Virginia Garden Club, I am looking at the most breathtaking garden I've ever seen – the garden that is West Virginia Garden Club.

Have faith and remember, "those who plant gardens, believe in tomorrow."

Envision the garden, plant it -- and believe.

## Officer Reports

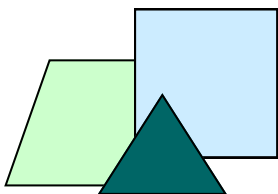
Jo Jean Scott

SAR Chaplain, 2013 - 2015

It is my privilege to serve as Chaplain for the South Atlantic Region, 2013 - 2015. If you have special needs or concerns of a personal nature or of environmental, gardening or club matters and you feel that I may be of assistance, please contact me. My e-mail address is [jojogarden.34@gmail.com](mailto:jojogarden.34@gmail.com)

I also have a special request of each state Chaplain of the SAR. Please let me know well in advance of our March, 2014 Regional Meeting the names, states and a bit of information about those garden club members who have passed from this earthly realm to homes on the other side of Jordan during the past year. In addition to the above e-mail address, my phone number is 270-781-2089. I am waiting to hear from you.

*In a garden there is wonder and delight.  
In a garden there is hope*

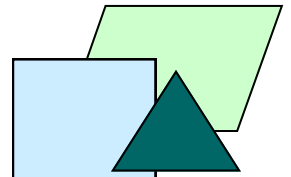


Key Notes

July 2013

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

# Chairman Reports



## AQUATIC ECOSYSTEM

June B. Ashworth, Chairman

Our NGC President, Linda Nelson, is asking all garden club members to become caretakers of our air, water, forest, land and wildlife. Each of these natural resources depend upon all the others to survive.

The same water that existed in the beginning of the earth is still here; not one drop more or less.

Did you realize that only about 1 % of the water on the Earth is fresh water that humans need to survive? However, the human body is 66% water, and we share fresh water in wetlands, rivers, streams, lakes or ponds with all other living things whether it be plants, fish, birds, animals or microorganisms (fungi and bacteria). And each living thing contributes something to keep the system working. Plants convert the sun's energy into food for fish and animals. Microorganisms breakdown waste materials that we dump into our water sources and provide food for plants. Birds eat plants and fish. And wetlands acts as a natural filter to reduce pollution, control flooding and are nurseries for many aquatic species.

The aquatic ecosystem works if we don't pollute

Since the U.S. uses about 338 billion gallons of fresh water daily, we must strive to better protect it. Invasive plants need to be eradicated; industry needs to screen all chemical and pollutants that could reach a watershed; we must maintain our faucets (a dripping faucet wastes more water than one person needs for a full week); since one gallon of gasoline can contaminate 750,000 gallons of water, we need to keep it out of our fresh water.



## ENERGY CONSERVATION CHAIRMAN

Gail Hill

### WEED KILLERS YOU MAY HAVE ON HAND

**Vinegar** – pour vinegar on weeds, let sun on them, no water.

**Cornmeal** - after weeds sprout, the cornmeal attracts worms, which loosen the soil.

**Boiling water** – just pour it on the weeds

**Salt** – apply carefully as salt can poison the soil. It is best to restrict to graveled areas. Salt can kill plant roots and important organisms like fungi and earthworms.

**Weed Control Barriers** – This style of weed control is a bit more involved but the effects can last longer. The barrier keeps out light and must be heavy enough to prevent weeds from growing through it.

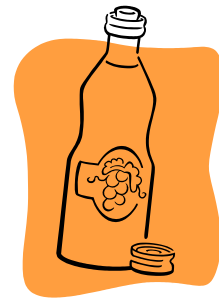
**Newspaper** forms a natural barrier against weeds but be sure to remove the color pages because the chemicals in the colored ink will get into the soil.

**Garden Mulch** spread on top of weed control fabric produces a similar effect. It will not prevent tough weeds from growing through but it can prevent weed seeds from sprouting. And on top of the fabric, mulch decomposes more slowly, helping to keep the soil moist for plants.

**Weed Blocking Products** – A variety of environmentally friendly weed control products exist on the market. To be the most effective, choose one that targets the stubborn weeds in your garden.

**Burnout** is organic horticultural vinegar. It is comprised of 20% vinegar rather than kitchen vinegar which is comprised of 5%. It's a good alternative to toxic weed killers.

**Weed-Aside Herbicidal Soap's** a fatty acid weed killer that dehydrates plant tissue. It works on weeds, unwanted grass, algae and moss that have already sprouted..



## Chairman Reports (continued)

### ENVIRONMENTAL EDUCATION ~ LITTER ~ RECYCLING

*Grassroots Green*

Karen Prewitt

I enjoyed serving as your Chairman of Arboretums, Botanical Garden and Education Centers for the last two years and now will be switching hats to serve as your chairman for Environmental Education, Litter and Recycling. Environmental Education issues are dear to my heart and I have spent the last four years as South Carolina's Chairman. During those four years I used the above *Grassroots Green* title for my articles because I felt that even our smallest garden clubs could mitigate their ecological footprint, if only they knew how they could help. In upcoming *Key Notes* articles I will be covering various issues, but I would also like to open up this space as a forum for environmental issues that you encounter in your own states.

It has been through travel that I have learned many new ways of doing things. Comparing ideas with others is one of the best ways I know of problem solving. I hope you will keep in touch with me and share your ideas so that we can learn from each other. [KPadgett4c@cs.com]

Like a number of you, I have just returned from the NGC conference in Seattle and was so pleased to discover that our new NGC President, Linda Nelson, has chosen an environmental theme for her term. Linda's theme: *Making a World of Difference-Choices Matter*, encapsulates the very heart of environmental education. Linda gave all conferees a bookmark with a pledge on the reverse, it states: *'I pledge to protect and conserve the natural resources of the planet earth and promise to promote education so we may become caretakers of our air, water, forests, land and wildlife.'*

My trip to the Seattle convention was a prolonged one, and a great learning experience. My husband and I combined his early May conference in Las Vegas with mine in Seattle. We rented a

car in Las Vegas then spent two-plus weeks traveling to Seattle by way of Death Valley and U.S. Highways #1 and #101, up the Pacific coastline. The trip through Death Valley, with its 108-degree temperatures and lack of living things was a poignant reminder of what this world *could* look like without the precious gift of water. The area approaching Bakersfield, California contained two more reminders of our continuing dependence upon energy. One mile-long area was filled with hundreds of oil derricks, another with a virtual forest of electrical power towers. Clearly, our consumption of energy is still a big issue - but the good news is, Californians are making a major effort to use solar power wherever possible. All digital roadside signs in California are powered with small solar panels that are incorporated on the same pole. The roofs of many private residences also contained solar panels. Near Bakersfield were also thousand acre farms of fruits, vegetables and nuts and it was evident that this bounty depended on both water and bees to bring the crops to market. We sometimes forget the number of resources it requires to bring food to a grocery store display.

I discovered that San Francisco has placed a strict ban on plastic bags and most residents provide their own carryalls - if not, they must *purchase* a re-useable bag from merchants. Again, the good news is that this plastic ban has not adversely affected the local economy. In a shopping mall café area I discovered stainless waste bins marked *recycle, compost and landfill*. Amazingly, the landfill container was empty! Most toilets in the northwest now incorporate the two-flush, or a low flow system. I was impressed with the Left Coast genius for making people more aware of the choices they make. These are just a few of the ideas I gathered in my travels.

Martha's theme for her term: *"A world of opportunities - Be involved*, meshes with my favorite quote: *"Be the change you want to see in the world"*. Together, we can all help!

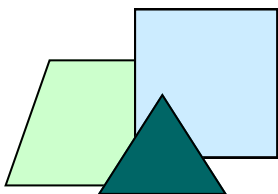
### HISTORIC GARDENS RESTORATION

Linda Craiger

According to Wikipedia, "Historic Garden Restoration is the professional task of restoring historic gardens to the character they had at a previous point in history." I am excited about being the new Chairman for SAR's Historic Gardens Restoration, and will gladly tell you that I know very little about any gardens that have been restored. When I started an "on-line" search for one in KY, my home state, I could not specifically find one, ...but I think My Old Kentucky Home in Bardstown may have one that is at least close. I will do more research.

Do you have a Historic Garden that has been restored in your state? I would love to know about it, and feature some of them in my next articles for Key Notes.

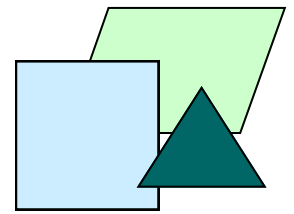
Linda Craiger,  
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Key Notes

July 2013

www.southatlanticregiongardenclubs.org



### HISTORIC TRAILS

Lynn Bell

[lhbell1120@aol.com](mailto:lhbell1120@aol.com)

Summer is a popular travel time in the South Atlantic Region. Here are some interesting places to visit – some familiar, some new to me.

**Kentucky – Powell County.** Powell County is a wonderful location to experience some of nature's breathtaking beauty. The Red River Gorge, a canyon system of the Red River in east-central KY, has been designated a National Natural Landmark. The canyon system features an abundance of high sandstone cliffs, waterfalls and natural bridges. Natural Bridge State Park, located within The Daniel Boone National Forest, features an awesome 65 feet high/78 feet long natural sandstone arch; lodging/dining; a nature center; fishing camping and hiking.

*(Chimney Top Rock in the Red River Gorge is featured below.)*

**North Carolina – Edenton.** Founded in 1712, Edenton is celebrating its 300<sup>th</sup> anniversary through December 2013. Edenton survived the Revolutionary and Civil Wars largely intact. Visitors can visit beautiful historic homes in a variety of architectural styles, unique shops, restaurants and art exhibits. With its village green overlooking the Edenton Bay, Edenton was recently ranked by Forbes.com as one of "America's Prettiest Towns."

**South Carolina – Beaufort.** The second oldest city in SC (behind Charleston), the history of Beaufort is diverse. Beaufort's seaport is located at the head of one of the largest natural harbors on the Atlantic coast, thus explaining the interest of Spanish and French explorers, before the city was founded by the British in 1711. Visitors can take guided walking, van, boat and carriage tours to see the city's historic district and the natural beauty of the coastal Lowcountry.

**Virginia – Virginia Beach.** Virginia Beach is one of the state's most popular tourist attractions. If sand isn't "your

thing," you can enjoy the beach from the expansive Virginia Beach Boardwalk, a piece of "Americana." Attractions in the area include: the Virginia Aquarium & Marine Science Center; two-hour Dolphin Watch excursions (April – October); and the Back Bay National Wildlife Refuge. For historic tours consider The Cape Henry Lighthouse (US National Register of Historic Places, US National Historic Landmark). The original lighthouse was the first lighthouse authorized by the US government in 1792. The Adam Thoroughgood House (circa 1680 or 1720, depending on the source) is one of the oldest houses from the early Colonial Period. The Francis Land House (circa 1805) exemplifies Georgian architecture, with Federal interior style, with tours highlighting plantation life.

**West Virginia – Prabhupada's Palace of Gold.** Approximately 30 minutes from Wheeling, the awesome Palace of Gold (described as "America's Taj Mahal") sits atop the Appalachian foothills. Surrounding the palace are two levels of terraces, with sensational flower gardens, bordered by waterways dotted with lotuses/water lilies and over a hundred ornate water fountains. From the terraces, you can enjoy the mountain air and see the hills of West Virginia, Ohio and Pennsylvania.

So pack your comfortable summer clothes, and perhaps bathing suits and suntan lotion, and enjoy!



### VIDEOS-DVD PROGRAMS

Emmagene Rhodes

[ewrhodes@bellsouth.net](mailto:ewrhodes@bellsouth.net)

Shop Local

Shop local! This is seen often in newspapers, television and our local stores.

Garden Clubs need to make a note of shopping local. When clubs are planning programs for the year or when a planned speaker cancels then make a trip to your local library. The librarian is your local resource. Ask for help to find tapes or DVDs about subjects relating to interesting subjects for you club. The Librarian may even know of local speakers to call. If you strike out here move to your states garden club resources. Many states have programs to lend and are happy to put them in the mail for you.

When shopping local fails, go on line to National Garden Clubs website, [www.gardenclub.org](http://www.gardenclub.org).

SAR members BE involved. Email SAR's Videos-DVD Programs chairman your ideas on how you found your programs.





## Odds 'N' Ends

### Dates From Our States

**October 3 - 4**, Nationally Accredited Judges Club of SC Symposium  
2013, Greenville, South Carolina

**July 15, 16 & 17**, Flower Show Judges Symposium Stonewall Jackson  
Hotel 24 S Market Street Staunton, VA

**September 9 - 12**, Flower Show School Course 2 Stonewall Jackson Ho-  
tel 24 S Market Street Staunton, VA

**September 24-25**, Landscape Design School Quality Inn 5351 Richmond  
Road Williamsburg, VA

**Nov. 3-5** Flower Show Judges Symposium, Raleigh NC

Please let this editor know of dates in your state to be listed in the section.

### SAR Directory Corrections

Mary Sue Floyd [mfloyd3570@aol.com](mailto:mfloyd3570@aol.com)

2013-2015 SAR Board members should let this chair-  
man and the SAR Director Martha Morgan  
([marthamorgan@insightbb.com](mailto:marthamorgan@insightbb.com)) know of any correc-  
tions prior to the printing of the 2013-2015 SAR Di-  
rectory. We would like to have the directory contain  
no mistakes, if that's possible!

This will be put together, hopefully, by early August  
and mailed to each State President and each SAR  
Board member.

## SAR Convention 2014

### South Atlantic Region Convention "Follow the Star to SAR" March 23-25, 2014 Roanoke VA

The 2014 South Atlantic Region Convention is  
hosted by the Virginia Federation of Garden  
Clubs. The committee has been busy planning  
for an interesting and exciting time for all.

All the details and the Registration Form will be  
in the October and January issues of the SAR  
Key Notes.

But mark your calendar now and plan to join the  
fun

*follow the star to SAR*

SOUTH ATLANTIC REGION  
*convention*

MARCH 23-25, 2014

The Hotel Roanoke  
& Conference Center  
110 Shenandoah Ave NW  
Roanoke, VA 24016  
540-985-5900

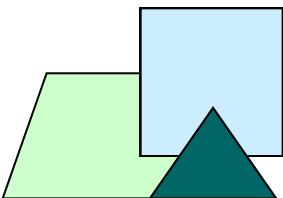
THE HOTEL ROANOKE & CONFERENCE CENTER  
110 Shenandoah Ave NW · Roanoke, VA 24016  
540-985-5900 · [www.hotelroanoke.com](http://www.hotelroanoke.com)

- Award Winning Historic Four Star Hotel Known as the "Grand Old Lady"
- Located in Downtown Roanoke
- 63,000 Square-foot State-of-the-Art Conference Center
- 332 Elegant Guest Rooms (\$99 Single, Double, Triple, Quad + Applicable Taxes)
- High-Speed Internet, Wired & Wireless Availability
- Famous Regency Dining Room
- Complete Fitness Center & Outdoor Pool
- Complimentary Shuttle to/from Roanoke Regional Airport
- Valet & Self Park

DIRECTIONS  
From I-81 to I-581 Downtown Exit #5  
From Rt. 220 to I-581 to Elm Ave. Exit #6 to Williamson Rd. to Walks Ave  
From Rt. 460 West, Williamson Rd. to Walks Ave

*follow the star to SAR*

SOUTH ATLANTIC REGION  
[www.southatlanticregiongardenclubs.com](http://www.southatlanticregiongardenclubs.com)



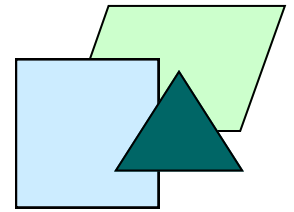
Key Notes

July 2013

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)



# NGC Convention 2013



The NGC 2013 Convention was in Seattle WA May 24-26, 2013. The Theme was “Rain Shine”, and we had rain and shine (outdoors only). We had lots of shine inside! There were tours, workshops, speakers, designs, entertainment, vendors, and more. And, of course, everyone attending had the opportunity to meet new garden club members and exchange ideas.

Each of our 2011-2013 State Presidents shared the highlights of the activities and projects in their respective state; and 2011-2013 SAR Director Mary Dixon secured an excellent speaker for our Regional Luncheon.

We were pleased that awards were given to clubs/council/districts in each of our states. We were treated to an excellent installation ceremony. At this function the new NGC President, Linda Nelson, was installed. We also have in our region two other NGC officers who were installed: First Vice-President Sandra Robinson, and Second Vice-President Nancy Hargroves. And of course our SAR Director Martha Morgan was installed at that time.



NGC President 2013-2015

Linda Nelson

“Making a World of Difference—Choices Matter”

## NGC AWARDS

### TO SAR CLUBS/COUNCILS/DISTRICTS/STATES

There were too many awards coming back to our region to list in this space (a really good problem to encounter).

All awards may be found on the National Garden Clubs site ([www.gardenclub.org](http://www.gardenclub.org))

However, the following Clubs/Councils/Districts/States had winning entries—either first place for their size or overall winners:

#### Kentucky

- Fleming GC The Garden Club of Danville
- Garden Club of Danville (Woodlawn Elem.)
- The Garden Club of Frankfort
- The Garden Club of Kentucky
- The KY Council of Nat. Accredited FS Judges
- Two Creeks GC

#### North Carolina

- Asheville E-Z Gardeners
- Blue Ridge GC
- Boiling Spring Lake GC
- Chapel Hill GC
- Charlotte Council of Garden Clubs
- Four Seasons GC (Mary Beam)
- Goldsboro GC
- Harbor Island GC
- Hillsborough GC
- Holden Beach Beautification Club
- Little Sprouts Jr. GC (Cape Fear GC)
- Raleigh GC
- Rocky Mount GC The Garden Club of Bethanie
- Trent Wood GC (Paula Hatrman)

#### South Carolina

- Bell Isle, Camellia GC of Greater Charleston,

#### Otranto, Town & Village Garden Clubs

- Columbia GC
- Council of GC of Greater Charleston
- Driftwood GC
- Garden Club Council of Greater Columbia
- Hunting Creek GC
- King Alfred GC
- Lancaster GC
- Melrose GC
- Middleburg GC
- Rose GC
- Saint Matthews GC (D. Hutto)
- The Avid Gardeners
- The Council of Garden Clubs of Sumter
- The Garden Club of Charleston
- The Garden Club of South Carolina
- Yaupon GC

#### Virginia

- Cedar Ruin GC
- Chesapeake Bay GC
- Dogwood GC
- Green Meadow Point GC

(Continued on page 12)

#### **NGC Info**

#### **NGC SCHOOL GARDENS/ POLLINATORS CHAIRMAN, June B. Ashworth**

Does your garden club have a school garden? If not maybe that is something that would be a wonderful project for your club. NGC has a contest that can be found under “Youth” on the NGC website. Four awards will be given in 2014 and 2015: \$100, \$75, \$50 and \$25.

The emphasis is on teaching children about the importance of POLLINATORS and the value of NATIVE PLANTS in a garden. Working with our youth is very rewarding. All kinds of bees, butterflies and bats are pollinators. You can study the plants that bees and butterflies like, prepare soil for the garden and then do the plantings. Our youth are our garden club members of tomorrow. Club presidents please go to the NGC website and look under the Youth programs to find the details and your application blank that must reach this chairman by March 1, 2014.

Two clubs in South Atlantic were 2013 winners.

Key Notes

July 2013

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)



SAR Attendees at the NGC Convention



Mary Dixon with the Habitat for Humanity walkers from the South Atlantic Region: Darlene Newell, Elene Combs, Brenda Moore, and Mary Ann Goodman They were up very early for this!!



2013-2015 SAR Director  
Martha Morgan  
Installation

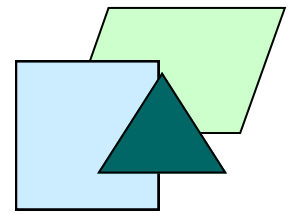


Passing the Gavel

Check out our website and link to each of our states!

Key Notes  
[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

April 2013



## The South Atlantic Region Member States



(Continued from page 10)

Lake of the Woods GC  
Little Neck GC  
Moneta GC  
Rappahanock County GC  
Salisbury GC  
Sheanadoah Designers Guild  
South Boston GC  
Springfield Acres GC (Crestwood Elem.)  
Thomas Jefferson GC  
Tidewater District  
Virginia Federation of Garden Clubs  
West Hanover GC  
Woodland Pond GC

### West Virginia

Gateway GC  
Woodland Oaks GC

And we had NGC Scholarship winners from Kentucky, North Carolina, South Carolina, and Virginia



SARa Bee

**Pleased Share This Newsletter With Clubs In Your State And With Members Of The State Boards  
Thank You**

Key Notes

July 2013

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)