

KEY NOTES



South Atlantic Region of National Garden Clubs, Inc.

January 2013
Volume 9, Issue 3

“Members Are The Link To the Future”
Invite — Communicate — Educate

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Key Notes issues

Key Notes will be published in early July, October, January, and April.

The deadlines for the respective issues are:

June 20

September 20

December 20

March 27

Please submit your articles by email, if at all possible, to mfloyd3570@aol.com
Subject: SAR Key Notes

(Note the change in dates for deadlines. There will not be as much time after deadline until printing, but this is more realistic timing.)

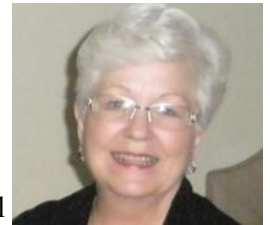
THE DIRECTOR'S MESSAGE

"Members Are The Link To The Future"

Invite New Members -

Communicate Rewards of Membership -

Educate Members about Opportunities for Them



Happy New Year to everyone. I hope you all had special times with special people during this Holiday Season. It is such a busy time we all need to stop and take a break to review the past year and plan for the future.

We have accomplished so much in our South Atlantic Region this past year.

There have been so many flower shows, National Garden Clubs, Inc. accredited schools, home tours, Blue Star Dedications, as well as many seasonal celebrations and other activities this past year and plans for so many more in 2013. Our clubs just keep on doing and are having fun doing it.

I was able to attend a 60th Anniversary of a local club. Cedar Point Garden Club in Portsmouth, Virginia celebrated with a high tea and time sharing memories of fun times during those 60 years. Congratulations to them for all they do!

Please let our Key Notes Editor, Mary Sue Floyd, know about your celebrations and we will be happy to put it in the next issue or on the Web Site Our goal for this administration has been to increase communication and we have done this with Key Notes and the Web Site. I hope you are visiting the Web Site at (southatlanticregiongardenclubs.org) and are sharing Key Notes with your members.

Thank you all for all that you do to keep the message out there that we do exist for the good of all.

I hope you are planning to go to Lexington, Kentucky, March 25-27, 2013 for the SAR convention. Register soon and come have fun and make new friends as well as learn new and interesting ideas.

It is not too early to register for the National Garden Clubs, Inc. convention in Seattle, Washington to be held May 22-26, 2013. Should be a great meeting in a beautiful place.

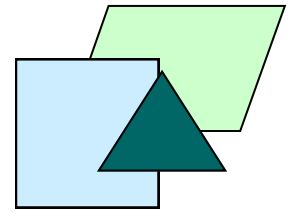
I pray for all who have been affected by weather happenings and the families of the tragic school shooting or any other event that has caused pain and loss to families.

It is my honor to serve as your Director and thank you for helping me.

Mary H. Dixon

Mary H. Dixon, Director
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State Presidents' Themes and Reports



The Garden Club of Kentucky, Inc. **Dianne Caines, President** **"Unleash Your Power"**

What an exciting and busy fall and winter our garden clubs are experiencing! We now have three new Garden Clubs and the strong possibility of two or three additional ones. Working with our District Directors, visiting on site with prospective groups, following up with a phone call and note has certainly been productive.

While visiting with the prospective clubs we left an extra copy or two of our State Garden Club Bulletin and one of the Gourd Books (We still have a few copies that were not given out last year at District Meetings.)

Last year several of our Central Kentucky Club members were invited to participate in the University of Kentucky's Art Center project, "Art in Bloom". This year every garden club member who attended a district meeting received information about the show and several will be entering their response (floral design) to the selected piece of art. The designs will be on display with the selected art in mid-February.

Other interesting Garden Club holiday activities have included the "Wreaths Across America" at military cemeteries in the Ft. Knox area; decorating the State Garden Club Headquarters

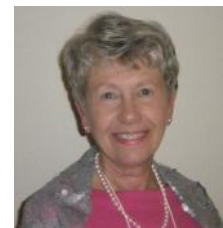
with greens cut from the Headquarter's Arboretum; serving as hostess/tour guides for the Lt. Governor's Mansion Holiday tour (Designers from across Kentucky decorated the Mansion), and, hanging wreaths and Christmas greenery at Shaker Village.

The goal of our District Directors was to increase attendance at District Meetings the past two years. Attendance records were broken. The Director attributed this to outstanding programs for each of the years. Programs included Herb Gardening and Use of Herbs for Medications; an interesting Recycling Program and Protecting the Environment, Design Programs featuring not only the design, but the Design Construction Mechanics, and Attracting Blue Birds--their housing and food.

See you in March in Lexington, Kentucky at the South Atlantic Regional Conference. An unadvertised feature will be the availability of the designs by the featured designer, Lynn Fronk, in a silent auction format. Won't that be fun to take home the knowledge and the mechanics for a new designer? (Registration Forms are on the SAR web-site and the GCof Ky web-site.)

Diane Caines
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The Garden Club of North Carolina, Inc. **Judy Barnes, President** **Theme: "Make a Difference"**



Happy New Year from GCNC.....The decorations are put away and we are ready to start winding down the 2011-2013 term for this president. Still lots of work to do.

One of our exciting events that will end in January has been a project with the North Carolina Museum of Art in Raleigh. The NC Museum has been privileged to host a traveling exhibit from the Museum of Fine Art in Boston titled "Still Life Masterpieces" featuring works by Renoir, Cezanne, Matisse, O'Keeffe, and many others. The NC Museum approached The Garden Club of North Carolina to put floral designs in the museum interpreting the art. The North Carolina Judges Council volunteered to spearhead this project. During the first week of each of the four months of the exhibit three designers selected a painting to interpret. The designs have been wonderful and this has been a very successful endeavor. The Museum has been very complimentary of the designs and impressed by the interest shown by the public. The designs can be seen online on the Museum's web site at ncartmuseum.org. Go to the Exhibitions page and on the

right side is a link to the designs.

GCNC has submitted all the paperwork necessary for the IRS so that our clubs that wanted to participate will be able to come under our non-profit umbrella. Our Corresponding Secretary, Shirley Dromms, worked very hard on this project and spent many hours on the phone with the IRS—getting different answers many times. This project did cost GCNC \$3000. Much research was done to see if this could be avoided but it was not possible to do so. We asked each club that participated to put in \$75 and GCNC would pick up the rest. Now we are waiting for the IRS to approve all of the paperwork. We are keeping our fingers crossed that all the I's were dotted and T's were crossed. Our 1st in a series Nature Ornament, with cardinal and dogwoods, has been a success. Our 2013 Ornament will have the Eastern Swallowtail Butterfly, the state butterfly that was designated in 2012 by the efforts of Cape Fear Garden.

Information about the Lexington meeting is on our website and will be in my newsletter in January. Hope to see many of you there.

Judy Barnes
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Key Notes

January 2013

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Garden Club of South Carolina, Inc.
Maida Owen Dantzler, President
Theme: "Initiate, Collaborate, Celebrate"

Happy New Year! This is a curious time of year, in my mind. The Thanksgiving and Christmas holidays are so firmly focused on tradition, memories, and relationships, a wistful look to the past. Then the calendar flips over to a new year...and, suddenly, the focus shifts to new views, resolutions and transitions to all things bigger and better, fresh approaches to fresh situations. Certainly the 2012-2013 transition period has proven to be more interesting than most, with the lively Presidential campaigns and election, to heated discussion on economic issues and the dreaded "fiscal cliff." Winston Churchill said, "A love for tradition has never weakened a nation, indeed it has strengthened nations in their hour of peril; but the new view must come, the world must roll forward."

Garden Clubs across South Carolina must roll forward as well, as they plan and implement their projects in the new year. Certainly there are many traditional events and projects in their communities that must be continued...and there are many fresh situations and opportunities to be explored. Many GCSC clubs are developing Good To Grow gardens with cooperating schools, teaching students how to grow and harvest food from their own plots; learning to grow their own food yields vital knowledge that can be taken home in the hopes of improving the eating habits of our young people and their families. Certainly, it is our hope that these values and skills will be just a

portion of lifelong learning for these young people.

Congratulations to The Avid Gardeners, whose unique Plant It Pink garden on the grounds of the Hilton Head Island Hospital is slated to be featured in the Spring issue of *flower* magazine, accompanying an interview of our National Garden Clubs, Inc. President Shirley Nicolai. The Plant It Pink program has been one of broad interest to our membership, bringing visible focus to the fight against a disease that affects so many.

The Garden Clubs of South Carolina have been generous in their embrace of the theme of this administration, "Initiate, Collaborate, Celebrate," most likely as a result of the fact that they already personified that description. Garden clubs have long been at the center of civic improvements, joining forces with other organizations to create and implement projects that benefit their communities. Whether continuing traditional events and projects or creating new and exciting programs, they provide creative energy that provides the spark needed to complete these objectives. For, as Robert Lewis Stevenson stated, "Every heart that has beat strongly and cheerfully has left a hopeful impulse behind it in the world, and bettered the tradition of mankind."

Maida Dantzler
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West Virginia Garden Club, Inc.
Brenda J. Moore, President
**Theme: "West Virginia Garden Club
Members Keeping West Virginia Wild and
Wonderful"**

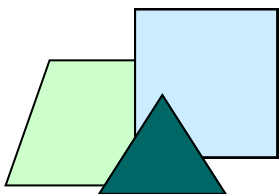
"I am only one; but still I am one. I cannot do everything, but still I can do something. I will not refuse to do the something I can do." -Helen Keller

One of my favorite movies is "It's a Wonderful Life". The movie, which I'm sure all of you have seen, is about the character George Bailey. The movie shows what other people's lives would've been like had George never been born. It was amazing this one life changed not only individual lives, but the economy and attitude of an entire town.

We've also heard the expression that one vote makes a difference. Did you know that in 1800 – ONE VOTE in the electoral college made Thomas Jefferson President over Aaron Burr, in 1845 – ONE VOTE brought Texas into the Union, in 1868 -ONE VOTE prevented President Andrew Johnson from being impeached and in 1955 – ONE VOTE elected the mayor of Huron, Ohio. Get the picture?

Yes, one person and one club can make a difference. We've seen it in how clubs are keeping West Virginia Wild and Wonderful by

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State Presidents' Themes and Reports (continued)

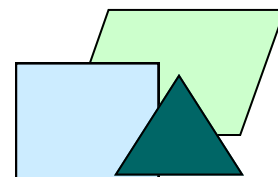
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their civic projects. We are also seeing a change by adding members to clubs one by one so that our state membership decline is at a point we're about to start growing again. My goal is to see that happens.

In my WVGC Presidential acceptance speech which I gave in Shepherdstown almost 1-1/2 years ago I stated to our WVGC members: "I challenge you to make sure the lives of every existing and potential garden club members are touched and that everybody finds acceptance and a place in WVGC". Our members have taken that plea to heart and have done that beautifully. I am amazed at how many members we have add-

ed this year, although we have lost members to illness or death and had three clubs leave WVGC. Our 2013 convention will definitely be a celebration of how hard our members have worked and a tribute to the power of one. We each have the ability to change history. Use that ability! "One kernel is felt in a hogshead; one drop of water helps to swell the ocean; a spark of fire helps to give light to the world. None are too small, too feeble, too poor to be of service. Think of this and act." Hannah More (1745-1833).

Brenda Moore, President, West Virginia Garden Club
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Chairman Reports

Arboreta and Botanical Gardens

Karen Prewitt

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Since it is winter and most of our arboretums and botanical gardens are in a dormant, or re-grouping mode, I thought that I would depart in this *Key Notes* issue from the format I've been using that outlines current events at facilities throughout our South Atlantic Region.

Instead, I wanted to share with you some exciting news about how volunteers near Asheville North Carolina are working to help achieve a revival of the American chestnut tree [*Castanea dentata*]. A recent newspaper article piqued my interest because I grew up in east Tennessee on a mountain about sixty miles from Asheville referred to by the locals as the Old Chestnut Ridge.

I remember during my childhood that friends of my parents and grandparents would always shake their heads sorrowfully when they mentioned the way the ridge used to look before the chestnut blight in the 1920's took out so many handsome old trees.

The chestnut blight actually started in New York in 1904 when diseased Asian chestnut nursery stock from Japan was accidentally imported into the New York Zoological Garden. The diseased stock began to infect trees in the upper Appalachian forests in New England between 1911-1913. The disease was transmitted by both wind and rain and caused orange-brown canker sores that ultimately killed the tree. By the mid 1920's the southern Appalachian forests succumbed too. Within forty years the entire population of American Chestnuts were wiped out. The chestnuts killed by the blight comprised 50% of the overall eastern hardwood tree stands!

Until I did some additional research for this article, I had not known that the chestnut tree was called "the redwood of the

east" because it towered over everything in the southeastern forests and often achieved a height of 100 feet or over. Nor did I realize the economic impact the loss of the trees had during the Depression years. The chestnut tree was appreciated for its delicious and plentiful nuts, which provided a cash crop for many of Appalachia's farming families, the wood was also easy to split and was used for posts and split rail fences to secure their property. Most importantly, the bark and wood was rich in tannic acid, which was the primary ingredient used for tanning leather. Leather tanners made a point of locating their industry near the source of chestnut trees and the leather industry provided jobs for hundreds of Appalachian families. With the demise of a single species of tree the economy of an entire region was greatly affected.

The good news is that volunteers in the Blue Ridge area of the Smoky Mountains between the North Carolina and Virginia lines have spent the last thirty years attempting to breed an American chestnut stock that is resistant to blight... and they are beginning to have some success.

Much of the success is attributed to a retired corn geneticist from the University of Minnesota. Charles Burnham read about failed efforts with chestnut trees and began to think about ways that his prior research developing better strains of corn could be used to help with trees. By cross breeding and "back-cross-breeding" with the Chinese chestnut, scientists are beginning to establish a strain that is closer to the original American chestnut, but with a stronger immune system. The new strain is referred to as *Restoration Chestnut 1.0*. It is hoped that by the year 2023 that regionally adapted strains will begin to produce trees that are resistant to blight.

At a recent national conference held in Asheville in mid-October, The American Chestnut Foundation Board voted to

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Chairman Reports (continued)

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adopt an ambitious plan for planting millions of new trees. What a coup it would be for scientists if our southern forests were again filled with 'American' Chestnut trees!

P.S. Don't forget to check out the Lexington Botanical Garden when you attend the SAR Conference March 25-27 in Lexington.



Blue Star Memorials

Judy Ann Fray ja.fray@verizon.net

SAR Blue Star Award Deadline Approaches

At this time, we call attention to the March 1 deadline for each state in the SAR to submit application for the largest number of NEW Blue Star Memorials dedicated since March 1 of 2012. Please see SAR Award # 13 in the Yearbook for details.

Each state's Blue Star Memorial chairman must send proof of number of memorials and the date of dedication. PROOF may include ceremony programs, newspaper articles, garden club publication publicity. Everything must reach the SAR Chairman, Judy Ann Fray, by March 10.

We are eager to learn how many new markers of all types have been dedicated this year.

Best of luck to all,

Container Gardening

Helen Heater, Chairman

heaterhj@aol.com

A Time to Plan For Next Growing Season

Our regions' weather is not always conducive to do container gardening all year round, unless we are blessed with an extremely mild winter. However during these winter months it does give us ("those that are avid gardeners") time to reflect what we liked or disliked this past season and time to plan for the upcoming spring.

I thought it might be of interest to share some ideas and tips that come to mind that you might be interested in trying .

Just a few Vegetable ideas:

*Tomatoes in a Pot or a Salad in a Container-Enjoy the unbeatable flavor of tomatoes (patio tomatoes work well in a container) grown along with herbs, like marjoram, basil, Italian parsley, sage ,red coral or butter lettuce and even nasturtiums or pansies ; and yes these flowers are not only colorful but edible. They can make a great color splash by adding the petals in a salad. A nice touch at your next garden club luncheon.

*Herbs in a Pot – Edible and Aromatic- Create a visual interest and a spicy, functional container garden and colorful, too. Try rosemary, oregano, curly parsley, thyme and purple sage together. This container would not only be aromatic but a convenient way to have fresh herbs at your finger tips and an easy way to spice up your cooking. Cooking more with herbs and less salt is healthier .

Just a few Flower ideas:

*Fragrance in a Pot--Create a beautiful fragrant and serene container garden. Enjoy the pure white blooms of gardenias that exude a sweet heavy perfume, combined with white sweet alyssum, miniature daisies, a white carpet rose and/or white petunias. This makes a glorious and beautiful all white container of some of the most fragrant flowers. This combination is great for a corner or area that needs that bright and fragrant touch.

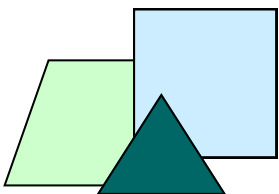
* Color in a Pot.-- Enjoy the vibrant color of Begonias in your container, for an eye catching display. A variety of tree and tuberous begonias, and a the small " Gumdrop" ones make a wonderful pot of color.

This combination also provides a great variety of foliage.

On a negative or cautious note, begonias are susceptible to a powdery mildew. Be sure to follow growing requirements, i.e, temperature, fertilizing and watering tips closely. If mildew is detected spray with a low toxic fungicide. However the color and the foliage texture combination outweigh this small downside.

There are so many possibilities in containers and plant combinations, the ideas are endless.

Let your imagination run wild to create a fabulous flowering and foliage design for your patio or entry way. Most important, let your container gardening be fun.



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Edible Gardens

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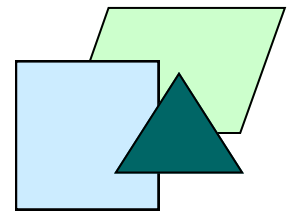
The Benefits of Clear Plastic Over The Vegetable Garden

Most of us have either snow on the ground or perhaps a tree down from the wind at this point. It will be a pleasant task to think about the late winter/early spring planting of a vegetable garden. While you sit by the fire, thumb through seed catalogs and pick out new ones that you want to try. There are many new varieties out there for us to enjoy.

For years I have had trouble with squash "beetles" sucking out the life from my yellow squash plants just as they are flowering and starting to produce fruit. I have asked everyone I have come in contact with about this problem. Wonderful news! I have the solution to pass on to you. It seems the white flying "butterfly" that I had been seeing in the garden lays eggs at the base of the plant and the "beetle" hatches out to devour the squash plant. I used to think that the white butterfly was so pretty! As I was told about the life cycle of the bug there came also a solution. Take clear 3 ply plastic and cover the garden area in early March before doing any planting. It can be secured with soil or with rocks. The soil under the plastic heats up and destroys the eggs and thus the larva. The plastic also gives warming to the winter locked ground and thus gives a jump start to seed germination and plant growth. Of course before doing any actual planting the plastic needs to be removed. Join me in trying this new (at least to me) technique.

Endangered Species

Gloria Crump
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Our Endangered Species, and in this situation especially the plants and animals, must be protected and saved as they have medicinal, agricultural, ecological, commercial and aesthetic/recreational value to us.

Medicinal: Plants and animals are responsible for a variety of medications. About forty percent of all prescriptions written today are composed from the natural compounds of different species that saves lives and contribute to a prospering pharmaceutical industry worth over \$40 billion annually.

The Pacific Yew found in the ancient forests of the Pacific Northwest has a substance in its bark taxol that was recently identified as one of the most promising treatments for ovarian and breast cancer.

Additionally, millions of American heart disease sufferers would perish within 72 hours of a heart attack without digitalis, a drug derived from the purple foxglove.

Agricultural: Humans depend upon only 20 species of the estimated 80,000 edible plants in the world, such as wheat and corn, to provide 90% of the world's food. Wild relatives of these common crops contain essential disease-resistant material. They also provide humans with the means to develop new crops that can grow in inadequate lands such as in poor soils or drought-stricken areas to help solve the world hunger problem.

Ecological: Plant and animal species are the foundation of healthy ecosystems. Humans depend on ecosystems such as coastal estuaries, prairie grasslands, and ancient forests to purify their air, clean their water, and supply them with food. When species become endangered, it is an indicator that the health of these vital ecosystems is beginning to unravel. The U.S. Fish and Wildlife Services estimates that losing one plant species can trigger the loss of up to 30 other insect, plant and higher animal species.

Commercial: Various wild species are commercially raised, directly contributing to local and regional economies. Salmon fishing in the Pacific Northwest provides 60,000 jobs and \$1 billion annually in personal income, and is the center of Pacific Northwest Native American culture. However, it is in trouble as salmon decline due to habitat degradation from dams, clearcutting, and overgrazing along streams.

Aesthetic/Recreational: Plant and animal species and their ecosystems form the basic of America's multi-billion dollar, job-intensive tourism industry as well as supplying recreational, spiritual, and quality-of-life values.

Our quality of life and that of future generations depends on **our** preservation of plant and animal species.

Source of information: The National Wildlife Federation's Endangered Special Program

Historic Trails

Lynn Bell
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Historic Hampton Plantation, South Carolina

As we begin a new year, a winter trip in the South Atlantic Region sounds like a good idea to me! Let's look at some places of interest in the five states.

Kentucky – Bell County. Located in SE Kentucky, Bell County's scenic attractions include Cumberland Gap National Historical Park, "Gateway to the West" and one of the best passes through the Appalachian Mountains; and Chained Rock and Honeymoon Falls at Pine Mountain State Resort. Many sites commem-



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Chairman Reports (continued)

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orate 18th century explorers Dr. Thomas Walker and Daniel Boone. The city of Middlesboro has recently been cited for its geologic history as being formed by an asteroid strike!

North Carolina – Historic Happy Valley. Located in the NW portion of the state, this is a scenic 28 mile stretch on Highway 268. The valley is dotted with historic farms, churches and cemeteries. Daniel Boone lived there with his family in the mid-18th century before settling in KY. The area is rich in music tradition; and the residents continue to construct traditional pole and log barns, cultivate heirloom fruits and vegetables and raise bees for honey. Fort Defiance, the restored home of General William Lenoir, features 300 pieces of original furniture/artifacts.

South Carolina – Winter Attractions. At Murrells Inlet, Huntington Beach State Park has been called the best birding site in the state and among the best on the east coast. The park has been named as a Southern Living's Readers' Choice Award winner several times. Hampton Plantation State Historic Site in McClellanville (Charleston County) is recognized as a prime example of a colonial plantation home. Visitors experience the influence of the French Huguenots, who built Hampton Plantation, on the culture of the region.

Virginia – Historic Alexandria. Founded in 1749, Alexandria is listed on the National Register of Historic Places. The city features numerous historical and cultural attractions and is nationally known for its 18th and 19th century architecture. Also visit the nearby 500-acre Mount Vernon Estate and Gardens on the Potomac River. Daily tours teach of the 18th century lifestyle of George and Martha Washington and their family. During the Holiday Season the home is beautifully decorated and 45 acres are open for exploring.

West Virginia – Harpers Ferry. Located in the NE section of the state at the confluence of the Potomac and Shenandoah Rivers, the lower part is located within the Harpers Ferry National Historical Park (guided tours year-round). Most of the remainder is in the Harpers Ferry Historic District: many homes in the National Register of Historic Places; 19th century streetscapes; guided tours and museums. History abounds with references to John Brown's raid and the critical part the area played in the Civil War due to the town's strategic location.

So "dress in layers" and enjoy an interesting and fun winter trip in the South Atlantic Region



Penny Pines

Audrey Kelly

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Penny Pines is a National Presidents Project in which a individual/Group or Garden Club can contribute by donating \$68.00 to a Penny Pine Plantation as part of the cost of replanting and/or replacement of trees that live naturally in a particular damaged area, whether by fire or by other natural misfortune. (These do not have to be pine trees) You can also designate a special state you wish to benefit from this contribution.

NGC and USDA Forest Service are proud to have formed this partnership sustaining our national & urban forests through this program.

For each \$68.00 donation, you will receive a Penny Pine Certificate from National Garden Clubs, Inc. made "In Honor of / or "In Memory of" a special someone who has made a difference. The form can be found on NGC Website: www.gardenclub.org. Please send in your form with \$68.00 check to the address that is on the form.

I am encouraging all 5 states in the South Atlantic Region to participate in this project by having a committee chairman and if possible to present an award to your District with the largest number of plantations (donations). Then the next step is to get your Districts to have a committee chairman and if possible to present award in their district to the club with the largest number of plantations (donations). This way we will have a chain reaction.

In the South Atlantic Region yearbook it states to send the checks to me, Audrey Kelly, but I am finding that if you send them straight to NGC as stated on the form it will get to the NGC sooner with all the proper info for the NGC to send you your certificate. The deadline for the SAR awards is March 1 through February 28th.

Please keep an eye on your newsletters from your state and districts on this project since this is a new project that has only been in effect for about 6 years. I am hoping to get more info out to everyone on this by any publications that I can.

Publicity Press Book

Barbara Ohmsen basohmsen@cox.net

Just a reminder to get your press books to this chairman by January 15. I realize it puts a close deadline on you - but you did it last year. Thank you for sending me these books!

**Pleased Share This Newsletter With Clubs In Your State And With Members Of The State Boards
Thank You**

Key Notes

January 2013

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Chairman Reports (continued)

Scholarships

Betsy Steele BetsySteele@Truvista.net
The Corrie Whitlock Memorial Scholarship
DON'T LET YOUR STATE BE LEFT OUT!

The deadline is fast approaching for applicants interested in The Corrie Whitlock Memorial Scholarship. All five states in the South Atlantic Region are encouraged to send applications from a rising college junior or senior majoring in the study of Horticulture, Floriculture, Landscape Design, Botany, Plant Pathology, Biology, Forestry, Agronomy, Environmental Concerns, City Planning, Land Management and/or allied subjects.

Applications may be obtained from the Garden Club Scholarship Chairman of each state in the region or printed from the SAR website, www.southatlanticregiongardenclubs.org. Completed applications must be sent to the STATE SCHOLARSHIP CHAIRMAN by **FEBRUARY 1, 2013** and the STATE'S best application must come to the REGIONAL SCHOLARSHIP CHAIRMAN by **MARCH 1, 2013**.

Betsy Steele P.O. Box 339 Richburg, SC 29729

Smokey Bear/Woodsy Owl Posters

Barbara Ohmsen basohmsen@cox.net

This is just a reminder that posters are due to this chairman by January 24. Please be sure that you have filled in ALL INFORMATION requested on the forms you received last summer. THANK YOU!

Water Quality

JoJean Scott jojogarden34@gmail.com

How good are the "little things" of life that we take so for granted. Eyes that see, ears that hear, fingers that grasp and hold, dependable knees, warm in the winter, cool in the summer, gas for the car, clean water in abundance from the tap. We take these and much more for granted until something goes wrong and then we are focused! A splinter in the finger, a twisted knee, the AC does not respond, the price of gasoline, clean water in abundance from the tap.

We love the energy that comes from the flick of a switch to light and warm our homes. How great it is to load up the car or RV and feel it respond with power to make the required miles for a long anticipated trip. It is delightful at holiday times to enjoy myriad downtown lights and beauty. And clean water in abundance from the tap. What price are we willing to pay for these "big things" we take for granted? Fracking, mountain top removal, pipe lines running north to south across the country - shall we truly consider these momentous actions or shall we push these concerns from our minds and say let tomorrow take care of it? The future is going to arrive sooner than we think and where then will be our abundant clean water from the tap?

Wishing every one Blessings and Good Health in 2013.

Odds 'N' Ends

SAR Directory Corrections

Mary Sue Floyd mfloyd3570@aol.com

Remember to send any Directory changes to this Chairman as well as to the SAR Director and the Corresponding Secretary. It is very important that we have the latest information so we can keep good communication with everyone.

Directory changes

Margaret Graham email change: now jpgm69@gmail.com

JoJean Scott email change: jojogarden34@gmail.com

Sympathy: It is with great sadness that we report that Margaret Healey, SAR Personnel Chairman, passed away December 31. At her request there will be no obituary and no services. As she was a widow, cards may sent to her family at the home address (son Bryan Burke lives there) 4807 Kildeer Circle SW, Roanoke VA 24018-8634.

Dates From Our States

Flower Show School Course I Holiday Inn Koger Center Richmond VA Feb. 25-28

GCKY Convention Crowne Plaza Lexington KY Mar. 27-29

WVGC Convention, Waterfront Place Hotel, Morgantown, WV April 7-9

GCNC Convention, Hilton, Wilmington NC Apr. 14-16

GCSC Convention, Florence SC Apr. 25-27

VFGC Convention Charlottesville VA May 8-9

Landscape Design School, Course 3, WVU, Morgantown WV May 15-17

Flower Show School III, Oak Hill, WV August 15-17



Key Notes

January 2013

www.southatlanticregiongardenclubs.org

SAR Convention 2013

Mark your calendar now for our 2013 SAR Convention. It's less than 3 months away. And you know how fast that time will be upon us! And, yes, when you check the calendar you will see that this will be Monday—Wednesday this time. This issue of Key Notes contains the information with details on the Convention and the registration form. It was in the last issue also. It can also be found on the SAR website.

And remember the Director's Award for the state with the most full package registrants by February 25, 2013.

South Atlantic Region Convention “People, Plants, and Places” March 25-27, 2013 Crowne Point Lexington KY

NGC Convention 2013

Plan Ahead: The NGC 2013 Convention will be in Seattle WA May 24-26, 2013. Make your plans to attend. It is an Installation Year. Theme: “Rain Shine”

The committee has been busy making plans for an enjoyable and informative convention.

There will be tours, workshops, speakers, designs, entertainment, vendors, and more. And, of course, everyone attending has the opportunity to meet new garden club members and exchange ideas.

Check the winter issue of *The National Gardener* for all the details, costs and registration form. (Or get it on the NGC website)

Let's try to get as many as possible attending from the South Atlantic Region. You definitely want to be there to cheer on your state president as she reports on the activities of your state. And we hope all of our states come home with awards for their work during the past year. You really do want to be there to cheer for your state then!

And since it is also an installation year, you will meet the incoming NGC President. If you plan to take the pre-convention tour into Canada, remember that you must bring a valid passport. Register early for that tour as it has a limit on space.

The hotel can be booked at anytime beginning now. But don't wait. It will fill up fast.

Sheraton Hotel

1400 Sixth Ave Seattle WA 98101

206-621-9000 or 888-627-7056

The special NGC rate is \$149 per room.

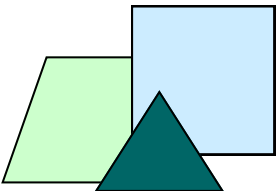


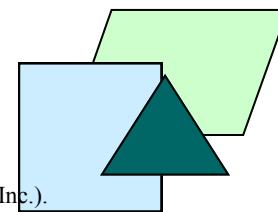
Check out our website and link to each of our states!

Key Notes

January 2013

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MEAL PROGRAM PRESENTERS:

Monday Banquet – “Lucy Bakewell Audubon: A Kentucky Love Story”

Portrayed by Kelly O’Connell Brengelman, of Kentucky Chautauqua (a division of the Kentucky Humanities Council, Inc.). It was not easy being the wife of John James Audubon. Yet, Lucy Bakewell Audubon was incredibly devoted to her husband, the famed naturalist, artist and author of *Birds of America*. She made enormous sacrifices and suffered public scorn as she supported her husband’s talents. In the end, however, the Audubon’s were successful. The two spent many years in Kentucky — in Louisville and later Henderson — as John dabbled in the merchandising business. Though his business ventures failed and his family lost everything in the economic depression of 1819, he devoted more and more time to his talent, spending hours in the woods while Lucy became the breadwinner for their family. She remained steadfast as his confidant and the love of his life, continually defending her husband’s talents as an artist and ornithologist. Without her emotional and financial support, Audubon’s now famous book might never have been published. The story of Lucy and John is perhaps one of the best, and somewhat unknown, Kentucky love stories. In his words, “With her, was I not always rich?”

Kelly earned a Bachelor of Arts degree in journalism from Morehead State University and has worked as a creative director, producer and writer for various advertising agencies. She now runs her own design service, Kelly-O Creative. Mrs. Kentucky 2003 is a professional actor with the Kentucky Humanities Council; teaches drama classes to elementary school children; is a commercial voice artist; and recently appeared in the film “Surviving Guthrie.” She lives in Midway with her husband and three children.

Tuesday Luncheon – “Life on the Farm” - Jamie Dockery is a Fayette County Extension Agent for Horticulture in Lexington. His previous experience ranges from retail horticultural sales to management of a well-established nursery. He speaks extensively on gardening to community groups and has provided gardening segments for a local television station. A self-proclaimed plant and gardening nut, personal interests include herbaceous perennials, heirlooms preservation, and sustainable agriculture. He earned Bachelor’s degrees in agriculture and biology from Berea College in Berea, Ky. Jamie lives in Lexington and also owns a farm in Central Kentucky.

Tuesday Banquet – “Designing with Things from Different Places” - Lynn Fronk, NGC Master Judge, Flower Show School Design Instructor,

Flower Show School Procedure Instructor, Symposium Instructor, and Flicker Design Chairman. National Flower Arrangers Newsletter Chairman, Central Atlantic Region Schools and Councils Chairman, 2006 winner of the Mildred Heter Buckingham Award for outstanding service to Garden Club of Ohio, Inc., Past President, Ohio Judges Council, President of Creative Arrangers Guild. Lynn has given programs and taught in 38 states, Acapulco, Mexico City, Monterrey, Guatemala City, Columbia, Ecuador and Honduras as well as a presentation at the National Instructors’ Symposium in Little Rock, Arkansas, Memphis, Tennessee, Baton Rouge, Louisiana, Boca Rotan, Fl, San Antonio, TX, and the National Symposium in St. Louis. Lynn lives in Worthington, Ohio.

AFTERNOON LECTURERS:

“Bees & Mysteries” – Abigail Keam graduated from the University of Kentucky with a degree in Middle Eastern Civilization. She then went into private business and kept bees as a hobby. Retiring in 1999, Abigail became a full-time beekeeper, launching “Abigail’s”, making honey/ beeswax-based natural products. She sells her honey and products at the Lexington Farmers’ Market. Abigail has won sixteen honey awards at the Kentucky State Fair and was the first recipient of the Barbara Horn Award, given to those scoring a perfect 100 for a beekeeping-related entry at the Kentucky State Fair. In 2004 Abigail traveled to South Africa to study beekeeping in Africa. Abigail is a member of the Bluegrass Beekeepers Association, the Kentucky State Beekeepers Association, Lexington Farmers’ Market, the Kentucky Guild of Artists and Craftsmen, and the National Society of Arts and Letters. She is a past board member of the Lexington Farmers’ Market and Women in Agriculture boards plus a member of the UK Webb Archaeology Society. She is a past president of the Friends of the Lexington Farmers’ Market and the Lexington Art League.

“Death By A Honeybee” is her first mystery novel and won a Gold Medal Award from Reader’s Favorite and was also on Amazon’s 100 top book list for Women’s Literature and Women Sleuths in March 2012. “Death By Drowning”, her second novel, won a Gold Medal Award for best mystery sleuth in 2011 from Reader’s Favorite. Both books were placed on USA BOOK NEWS - Best Book List of 2011 as Finalists. “Death By Bridle” – 2012, “Death By Bourbon” – Oct., 2012, “Death By Lotto” – 2013. Her books can be purchased at the end of presentation.

“The Browning of Our Eastern Forests” – Joe Collins, Senior Nursery Inspector for the Kentucky Office of the State Entomologist. This office is responsible for the licensing of nurseries and garden centers in Kentucky and conducting annual inspections of these businesses to assist with insect pest problems. They also work with a variety of federal, state and local agencies to survey for exotic pests and develop management strategies for their control.

“Sustainable Gardening from the Ground Up – Dr. Krista Jacobsen is a Lecturer in the University of Kentucky Sustainable Agriculture Program, and teaches a number of classes in the program, including Introduction to Sustainable Agriculture, Cultural Perspectives on Sustainability, and co-teaches Agroecology and Plant Production Systems. Krista is a systems-oriented agroecologist by training, and received her Ph.D. in Ecology from the University of Georgia in 2008. Her research interests include no-till organic farming systems, high tunnel and year-round growing techniques, and soil quality management in organic farming systems.

“Native, Terrestrial Orchids” - Dr. Thomas G Barnes is an Extension Professor & Extension Wildlife Specialist with the University of Kentucky, Department of Forestry and book author. Education: Ph.D. Texas A&M University, M.S. South Dakota State University, B.A. Huron College. Academic Interests: Wildlife Conservation, Biodiversity, Habitat Restoration. Personal Interests: Photography and Gardening. Author: “Wildflowers and Ferns of Kentucky” and “Kentucky’s Last Great Places”. His books (which include many beautiful photos) can be purchased at end of presentation.

SOUTH ATLANTIC REGION CONVENTION

March 25 – 27, 2013
 People, Plants, & Places
 Crowne Plaza – The Campbell House, Lexington KY

Registration: Please complete form, make check payable to: "2013 NGC SAR Convention" and mail both to: Carolyn Westerfield, 392 Southland Dr-E, London KY 40744-8181 email: cwesterfield@kayandkay.com; phone: 606-309-6433 Postmark by February 25, 2013 for On-time Registration

Name _____ Phone _____
 Address _____
 City _____ State _____ Zip _____

Email _____
 May we confirm registration by your email (above)? Yes _____ No _____

Check ALL that apply:
 _____ NGC Officer _____ SAR Director _____ SAR Officer
 _____ NGC Chairman _____ Former SAR Director _____ SAR Chairman
 _____ NGC Life Member _____ SAR Life Member _____ State President
 _____ Club President _____ Club Member _____ Elected Delegate
 _____ Guest _____ Spouse _____

All attendees must pay a registration fee.

Package Plan includes registration fee with 2 dinners, 1 lunch, and 1 breakfast.

KY Members & Non-spouse Guests **Package Plan**.....\$170
 Out of State Members & Non-spouse Guests **Package Plan**.....\$180
 Spouse **Package Plan**.....\$155

OR

KY Members & Non-spouse Guests registration fee.....\$20
 Out of State Members & Non-spouse Guests registration fee.....\$30

Spouse of any member.....\$5
 One day only registration.....\$15
 Late Registration (after Feb 25 - for all).....\$40
 Meals:

Monday Evening.....\$50
 Tuesday Lunch.....\$40
 Tuesday Evening.....\$55
 Wednesday Breakfast.....\$30
 TOTAL ENCLOSED \$ _____

Please indicate special dietary requirements: _____ Diabetic _____ Vegetarian _____ Vegan
 _____ Other (medical reasons only)

Specify _____
 No requests for substitutions will be accommodated at the time of meal service.
 We will make every effort to accommodate your medical allergies but will not be able to accommodate individual dislikes. Thank you for your cooperation!

Hotel Reservations

Crowne Plaza – The Campbell House, 1375 S Broadway, Lexington KY 40504
 Call the hotel at 800-593-5447 and mention NGC SAR convention.
 Or make reservations on internet: <http://www.crowneplaza.com/hotels/us/en/lexington/lexsb/hoteldetail/hotel-room-rates>

Reservation deadline is February 23, 2013 (at midnight)

In the box on the left-hand side headed "Book This Hotel", enter the required reservation information, click on "Have a Group Code?" and type in NGC, then click on "View Rates"

2 Beds Executive (double beds) \$89 per night
 King Bed Leisure (one king bed) \$89 per night
 1 King Bed Superior 2 Room Suite \$189 per night

Check-in 4pm Check-out Noon
 Parking All rooms are non-smoking. Free

Travel Information

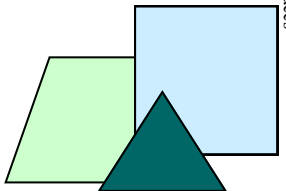
By Air:
 Blue Grass Airport (airport code LEX), 4000 Terminal Drive, Lexington, KY
 Airlines: Delta, United Airlines, US Airways, American Eagle, & Allegiant Air
 The hotel offers free shuttle service to and from airport. Call the Hotel at (859) 255-4281 upon deplaning (prior to securing your baggage) as they are located only twenty minutes from the airport. By the time you get your luggage, the van should be at the Shuttle Pick-Up area, which is located at the median by the Baggage Claim exit doors.

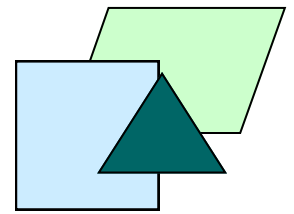
By Automobile:

Interstates I-64 and I-75 merge in Lexington at I-75 exit 111 and I-64 exit 81 (on right to I-75 N). Take I-75/I-64 Exit 113. Turn right at end of ramp onto N Broadway (US-27 S). Drive approx. 4.8 miles - hotel is on S Broadway with right turn into entrance (just past Rite Aid Pharmacy).

Monday, March 25, 2013
 9:00am - 2pm
 1:00pm - 6:00pm
 12:00pm - 1:00pm
 1:15pm - 2:15pm
 2:00pm
 2:30pm - 3:15pm
 3:30pm - 4:15pm
 5:30pm - 6:30pm
 6:30pm
 6:30pm
 Tuesday, March 26, 2013
 8:00am - 6:00pm
 8:00am - 6:30pm
 8:30am - 12:00h
 12:00h - 2:00pm
 2:30pm - 3:15pm
 3:30pm - 4:15pm
 5:30pm - 6:30pm
 6:30pm
 Wednesday - March 27, 2013
 8:00am - 8:30am
 8:00am - 11:00am
 8:30am
 After Close of Convention

Exhibits & Vendor Room Set up
 Registration
 Regional Finance Committee Meeting
 Regional Executive Committee Meeting
 Exhibits, Vendor Room Opens
 Lecture - Bees & Mysteries
 Lecture - The Browning of Our Eastern Forests
 Reception - Cash Bar
 Vendors close for the day
 Dinner & Program - Lucy Bakewell Audubon: A Kentucky Love Story
 Breakfast on your own
 Registration
 Vendors open
 Official Opening
 Lunch & Program - Life on the Farm
 Lecture - Sustainable Gardening From the Ground Up
 Lecture - Native, Terrestrial Orchids
 Reception - Cash Bar
 Dinner & Program - Designing with Things from Different Places
 Registration
 Vendors open
 Awards Breakfast (Final Business included)
 2013 - 2015 Board Meeting





The South Atlantic Region Member States



**HAPPY
2013
TO
ALL!!**

