KEY NOTES

South Atlantic Region of National Garden Clubs, Inc.

April 2015 Volume 11, Issue 4

"A World of Opportunity—<u>Be</u> Involved"

Inside This Issue Director's Message 1 2 State Presidents Kentucky North Carolina South Carolina Virginia West Virginia Officer Reports 5 **Chairman Reports** 5 Arbor Day Awards Calendars/Vision of Beauty **Container Gardening Energy Conservation** Environmental Education National Garden Week 10 Odds'n'Ends SAR Convention 2015 10 NGC Convention 2015 13

Key Notes issues

Key Notes will be published in early July, October, January, and April. The deadlines for the respective

issues are:

<u>June 20</u>

September 20 December 20 March 20 Please submit your articles by email, if at all possible, to mfloyd3570@aol.com Subject: SAR Key Notes

THE DIRECTOR'S MESSAGE

"A World of Opportunity—<u>Be</u> Involved" "For lo, the winter is past, the rain is over and gone, the flowers appear on the earth, and the sound of the turtledove is heard in our land." This passage from the Song of Solomon is always in my head in the Spring—but never more than this year, which was a record breaker for many of our South Atlantic States, with snow, sleet and winter storms. The promise of warm weather has us thinking of gardens and flowers, even if the planting consists of large containers

of mixed plants, which has become one of my favorite types of gardening, and can be done by apartment dwellers as well as owners of large gardens. Whatever you plant, please remember our pollinators—bees and butterflies.

It is difficult to believe that this is my last Key Notes article as your Director. The time has passed so quickly, and I am grateful for the opportunity to serve you, representing Kentucky. As many of you know, one of my life's disappointments was that I missed the SAR Convention in Hilton Head and getting to visit with our members again. A sudden trip to the ER turned into a six-day hospital stay. The doctors have cleared me for attending upcoming Conventions in North Carolina and Virginia, with the instructions to stop often and walk around. I also will attend the Kentucky Convention next week and the NGC Convention in Louisville, so will be privileged to see many of you. I have had many reports on how well the Convention went, thanks to Norma Miller and all the South Carolina members and others who stepped in to take on responsibilities at the last minute. Ann Fiel was so gracious when I called her with the news. Gardeners are the most flexible and creative people in the world, I believe. A special thanks for all the cards and prayers, you have been so thoughtful.

My congratulations to Sarah Ann Parler, Pat Abercrombie and all the Officers and Chairs for South Atlantic Region for 2015-2017. We know you will lead us well.

I want to acknowledge a feature that has been so helpful to me during my term: our States' websites. They are outstanding and our Webmasters deserve much credit for keeping the sites relevant and full of information for all members. Thank you.

My hope is to see many of you at the SAR Luncheon in Louisville, when we will hear a program on, what else? Bees!! We will also present Certificates of Appreciation.

Continue to BE INVOLVED.

Martha







State Presidents' Themes and Reports



It has been a very rewarding two years as I have served as President of The Garden Club of Kentucky, Inc. and I have loved every moment. We have over 1400 members with 56 clubs around the state and we have had a very busy year planning and preparing for the NGC Convention in Louisville on May 14-17, 2015. We have many wonderful tours, trirefreshers, workshops, vendors and speakers ready for all of our guests and we hope to see all of you from the South Atlantic Region in the beautiful state of Kentucky in May. Our own Sandy Robinson will be installed as the new NGC President and I am sure she would love to see many familiar faces in the audience as she accepts this wonderful position. Our Convention chairs, Ann Fiel and Joan Wipperman have done an excellent job working on this monumental task and we are looking forward to welcoming gardeners from all over.

My work with Monarch Waystations has taken me over 13,000 miles crisscrossing the state working with many of our 49 State Parks to secure a butterfly haven for the migrating Monarchs. We are continuing to partner with WildOnes, a native plant organization as well as Extension Services and Master Gardeners to get the word out and it has paid off. Many newspaper articles as well as magazines have highlighted the plight of the Monarch and our name has been linked with many of them. The Kentucky Department of Parks has accepted our artwork showing the life cycle of the Monarch as well as our state logo and website address on all of the children's menu's

for coloring. This fall we will host for the first time a Monarch/ Pollinator Awareness Weekend at one of these parks and we are hopeful that it will be one of many such events. Our park partnership has many wonderful benefits and opportunities for gaining access and helping to educate many people that otherwise would not have heard of us.

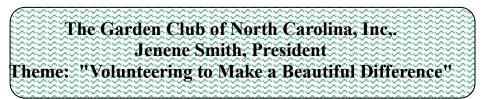
Our tea, Kentucky Morning, created by internationally known, Elmwood Inn Teas has been sold at club meetings, conventions, gift shops and by mail order. It will be available for \$10 to all attending the NGC convention as well as this convention and the proceeds are being used for the NGC convention.

This year we will be awarding over \$9,000 in scholarships and we have received 8 very worthy applicants from our colleges and universities. We will be giving these at our annual state convention in April to the recipients.

Our state headquarters, The Wallis House in Paris, Ky. is a Level I Arboretum as well as an historic home built in 1851. It has many old trees on the property as well as newly added specimens and will be on tour during the NGC Convention for Tri-Refresher credits. We hope that many of you will be able to go on this tour.

It has been an honor and a pleasure to have served with the members of the South Atlantic Region and I hope to see you all in Kentucky in May.

Joanna D. Kirby





Congratulations and many thanks to Norma Miller, Convention Chairman, Mary Rvers, Convention Vice-Chairman, Yvonne Morris, President of the Garden Club of South Carolina and all members of the Garden Club of South Carolina for hosting a wonderful SAR Convention at the Marriott in Hilton Head Island, South Carolina, March 22-24, 2015. Everything was so well planned, beautifully decorated and the programs were very interesting and informative. We were truly in "Palmetto Paradise".

We had many exciting events happening in North Carolina. The Flower Show Judges Council held Flower Show School



Course 3, January 21-23, 2015 with 25 students in attendance. The place was Raleigh at our Headquarters and Course 4 will be offered June 8th-10th 2015, further information can be obtained from our website.

On March 18, 2015, the Flower Show Judges Council of North Carolina enjoyed being a part of "Art in Bloom'. This took place at the Museum of Art, Raleigh, North Carolina. Flower arrangements reflected paintings that were on display.

We have twenty-nine documented Blue Star Memorial Markers throughout our state. With three slated in the near future. Since North Carolina is home to the Army at Fort Bragg and the Marines at Camp Lejeune and Cherry Point Air Station as well as the Seymour Johnson Air Force Base, our garden clubs feel strongly about honoring our military and veterans.

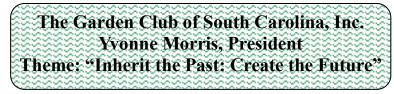
(Continued on page 3)

In 2014 the Garden Club of North Carolina awarded 3 scholarships, totaling \$21,000.00 and Rebecca Anderson was also a recipient of a national scholarship.

We are looking forward to our State Convention to be held in historic New Bern, April 19-21. Our SAR Regional Director, Martha Morgan, will be our honored guest. Attendees will enjoy a flower design demonstration by John Grady Burns. Of interest to many will be a fashion show and a special program entitled "All About Tea". For further details, please go to our website. Then its off to Lousville, Kentucky for our National Garden Club Convention, May 15 through 17, 2015

The Garden Club of North Carolina is proudly celebrating it's 90th year of service to the Federated Garden Clubs in our state. We also have given much through the years to promote the beautification of our communities, our cities, and our state. To name a few that are on going: the Roadside Wildflower projects, Blue Star Memorials, three outstanding public gardens, and scholarships that have helped change lives of many students, .North Carolina has "A World of Opportunities and we are Involved" and we are "Making a World of Difference" and we are "Volunteering to Make a Beautiful Difference." It has been an honor and a pleasure to serve with Martha Morgan and all the members of South Atlantic Region. I appreciate all the help and encouragement that all of you gave to me during my two years as president.

Jenene Smith





Since SAR Director Martha Morgan attended our GCSC Annual Meeting in April of 2014, the Garden Club of South Carolina has been steadily preparing to host this SAR Convention. Without the leadership and efforts of SAR Convention Chair Norma Miller, this would not have been possible. We want to thank her and all of our members who joined Norma to make this happen.

At the end of December there was a change in leadership of the Garden Club of South Carolina. Since I acceded to the Office of President, I have been working to move GCSC forward. We have been preparing for our April State Convention in Charleston. In March, I attended five of our seven districts' spring meetings to present my plans for the 2015-17 term. (I missed the other two meetings because of my commitment to taking Course 3 of Flower Show School.) There are so many talented members and so many great programs and projects going on in our clubs!

We are in the process of planning our 85th Anniversary of the Garden Club of South Carolina. The Celebration Event will take place May 7 in Aiken at Rose Hill Estate, former home of Claudia (Mrs. Sheffield) Phelps, the founder and First President of the Garden Club of South Carolina. I am especially excited about attending the NGC Convention in Louisville, Kentucky.

Uvonne Morris



Virginia Federation of Garden Clubs, Inc. Marilyn J. Mason, President Theme: "Working Together To Preserve Our Legacy -Conserve, Preserve, Restore, Educate"

It has been an honor and a privilege to serve as the Virginia Federation of Garden Club's President. As I have traveled throughout Virginia these past two years, I have been both pleased and impressed with all that our Districts and Clubs have done to attract and retain members by offering a wide variety of interesting programs and activities.

At VFGC, many of our goals have been enabled through projects resulting from more than \$14,000 in two grant programs -Key Grants for Youth and Community Beautification and Restoration.

Our VFGC scholarship program has provided financial assistance to five students totaling \$10,000; and our successful President's Project has funded numerous awards for planting

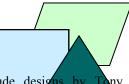
trees native to Virginia. We are also pleased to report that by the end of this administration there will have been 11 Blue Star Memorial dedications in Virginia! - a last one by VFGC at the Culpeper National Cemetery.

Our Chairmen have also worked to inform and educate through articles in the Old Dominion Gardener. Of particular note were a series featuring the preservation of 'bees' and butterflies in our environment.

As I review Club Annual Reports, there has been an increased amount of work and time in working with youth in the school systems. Many of these programs involve introducing elemen-(Continued on page 4)







(Continued from page 3)

tary grade students to growing produce which they can then eat in their school as well as learning about horticulture.

I am especially proud of how our Clubs and Districts have worked to fulfill this President's theme: "Working Together to Preserve Our Legacy – Conserve, Preserve, Restore, and Educate". I could not be more proud.

At Virginia's Convention next month in Williamsburg, we will be dedicating a native Eastern Redbud tree in the City of

Williamsburg. Program highlights include designs by Tany Todesco and a second program will feature "New Ideas in Landscaping".

I must say circling Virginia to attend District meetings, anniversaries, Blue Star Memorial dedications, the schools and flower shows have kept this President 'on the move'. This has truly been an enjoyable experience – one I will remember for a long time.

Marilyn Mason





A very wise woman once told me that, "the older we get, the faster time goes by." That woman was my late mother, and she was so right.

It's hard to believe that two years have passed any my term is coming to a close as West Virginia Garden Club President. As in any organization, there have been ups and downs . . .

mostly ups . . . during this term. West Virginia Garden Club has been suffering with loss of members for several years. Reasons range from club members "aging out" to members being involved in more facets of their lives with little time left to commit to their garden club.

But, with that said, I am happy to report that, during my term as President, I have been privileged to accept a newly chartered club each year. Currently, WVGC's membership consists of 96 active clubs with a little over 2000 members. These members have worked so very hard with their new and ongoing projects. Projects include beautification of many communities, schools, and neighborhoods; working with community leaders to better what can be offered to their citizens; planning for new Blue Star Memorial Markers; planting trees; providing garden therapy; and so much more than can be listed.

The scope of Garden Club is changing with the times, and I, for one, am happy to see this come to pass. We are utilizing the internet with our website, Facebook, and messaging. We are reaching out to new and current members using every means available. WVGC will present nearly 50 awards at their annual convention in Wheeling, WV on April 19-21. These awards are a testament to the perseverance, loyalty and commitment our members have for this organization. This president has had the unique opportunity to meet and serve with members of, in my opinion, the best organization around.

Just like the crocus that sticks its head out of the snow, West Virginia Garden Club is alive and growing, and I am proud to have been a part of it as President for these past two years.

Fatty Arndt





Officer Reports

CHAPLAIN JoJean Scott

"Anyway"

People are often unreasonable, illogical and self centered. Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives. Be kind anyway.

If you are successful, you will win some false friends and some true enemies. Succeed anyway.

If you are honest and frank, people may cheat you. Be honest and frank anyway.

What you spend years building, some one could destroy overnight. Build anyway.

If you find serenity and happiness, they may be jealous. Be happy anyway.

The good you do today, people will often forget tomorrow. Do good anyway.

Give the world the best you have and it may never be enough.

Give the world the best you've got anyway.

You see, in the final analysis, it is between you and your God;

It was never between you and them, anyway.

Mother Teresa

Chairman Reports



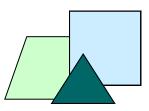
ARBOR DAY Geneva Hunt

Did any of your garden clubs do anything special to celebrate Arbor Day last spring? We need to promote Arbor Day by planting trees or other plantings or by cleaning up an area or any other way to promote Arbor Day.

Try to get publicity for your club and state while celebrating in your own way.

Let this chairman know what you did or what plans you have for Arbor Day 2015. She would like to hear from clubs and states so she can highlight some of the activities.

AWARDS Judy Ann Fray			
At the recent South Atlantic Region Convention, lots of			
awards were given to clubs, groups of clubs and state			
for their activities and work during 2014.			
The following is a list of awards:			
1-Arbor Day			
i. Mooresville GC	North C	arolina	Â
i Moneta GC	Virginia	1	iB
iv Hilton Head Island Coun. of (ina
2. Bird Protection			
i. Green Pine GC	Virginia	ı	
iv. Salisbury GC	Virginia		
3. Butterfly Habitat Award			
Dig-a-Bit GC	North C	arolina	
4 Civic Beautification			
i. Woodland Oaks GC	West V	irginia	
5. Environmental Award			
Spartanburg Garden Club Council South Carolina			
6. Garden Therapy/Healing Garden			
Green Thumb GC	Virginia	ı	
7. Garden Therapy Award			
i. Sardiswood GC	North C	arolina	
ii. Hillcrest Gc	South Carolina		
iv Council of Gc of Greater Charleston South Carolina			
8. Historic Trail & Preservation Award			
Phymosia Garden Club			
9. Horticulture Achievement Award			
i. Myrna Neff, Member/Warren East GC Kentucky			
		(Continued o	on page 6)





Chairman Reports (continued)

(Continued from page 5) 10. Landscape Award Hilliard Park GC Virginia 11. Litter/Recycling/Reclamation Award i. Green Meadow Point GC Virginia ii. Ivy GC South Carolina 12. The National Gardener Award Seasons IV GC Virginia 13. National Garden Week Award i. Hilliard Park GC Virginia South Carolina ii. Clarice Wilson GC iii. Chesapeake Bay GC Virginia iv. Anderson Garden Club Council South Carolina 14. A. Programs: Best Slide, Video, or Power Point Program Two Creeks Garden Club Kentucky 14. B. Best Program without Video, Slides or Power Point The Avid Gardeners GC South Carolina 15. Public Relations Award The Garden Club of Charleston South Carolina 16. Roadside Award Leaf & Petal GC South Carolina 17. Standard Flower Show Schedule A. Single Club: West Hanover GC Virginia B. Two or More Clubs/Council Eastern Carolina Judges Coun. North Carolina 18. Martha Smith Visual Community Beautification Woodland Oaks GC West Virginia 19. "Plant It Pink" Award The Avid Gardeners GC South Carolina 20. "Vision of Beauty" Calendar Sales Green Pine GC Virginia 22. The Emily Stephens "Green Space" Award Azalea Garden Club of Marion South Carolina 23. Blue Star Memorial Landscaping 1. Highway Marker: Durham Council of GC North Carolina 23. Blue Star Memorial Landscaping 2. By-Way Marker Columbia GC South Carolina 27. Water Conservation Award Chapin GC South Carolina 28. Website Award A. Moneta GC Virginia B. Coastal GC North Carolina 29. Youth Education Award The Ivy League GC South Carolina 30. SAR Life Membership Award The Garden Club of North Carolina 31. 2015 SAR Convention Registration Award The Garden Club of North Carolina 32. Youth Activities Award The 5th Grade Class, Hilton Head Creative Arts School South Carolina

Key Notes

www.southatlanticregiongardenclubs.org

33. NGC High School Essay Contest "Choosing to Make a Difference for a Better World", Winner: Matthew Newton Santee SC South Carolina 34. Smokey Bear/Woodsy Owl Posters First Grade: Christine Talbot Virginia Christopher Academy, Green Pine GC Second Grade: Salma Sami Virginia Thoroughgood Elem. Thoroughgood GC Third Grade: Kayla Grubbs Virginia Western Branch Intermediate Green Meadow Point GC Fourth Grade: Hunter Lutz Virginia A.G. Richardson Elem. Calfee GC Fifth Grade: Madeline L. Smith Virginia Western Branch Intermediate Green Meadow Point GC 35. NGC Youth Sculpture Contest Grade 4: Ciara Reeves The Madison GC Virginia Grade 5: Hailey Conn Fleming County GC Kentucky Grade 6: Allison Hedges (Overall winner) Fleming County GC Kentucky Grade 7.: Khalid E. West The Madison GC Virginia Grade 8: Jerica Cropp The Madison GC Virginia 36. NGC Youth Poetry Contest Grade 1. Andreas Suvalic, Alvaton Elem. Two Creeks GC Kentucky Grade 2: Madi Hunt, Alvaton Elem. Two Creeks GC Kentucky Grade 3: Ellie Sonne, Calhoun Academy Rose GC of St. Matthews South Carolina Grade 4: Joey Johnson, Waverly Yowell Elem. Madison GC Virginia Grade 5: Allyson Smith, Alvaton Elem (Overall Winner) Two Creeks GC Kentucky Grade 6. Kadri Romanin, Ridgewood Christian School Green Hills GC Virginia Grade 7.: Harrison Kilgus, Calhoun Academy Rose GC of St. Matthews South Carolina Grade 8: Laney Maria McCord, Simons Middle School Fleming County GC Kentucky Grade 9: Charlotte Williams, Calhoun Academy Two Creeks GC Kentucky Publicity Press Books Small Club: Green Meadow Point GC Virginia Medium Club: Madison GC Virginia Large Club: Chesapeake Bay GC Virginia District: Tidewater District Virginia Council: Portsmouth Area Council of GC Virginia

(Continued on page 7)

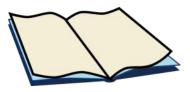
April 2015

Chairman Reports (continued)

(Continued from page 6)

SAR Director's Special Project Award "Beauty Spots for Bees & Butterflies" Four Seasons GC (10 Members) Estill County, Kentucky Boiling Sprig Lakes GC (26 members), North Carolina 16-A. Club Yearbooks 1. Dogwood GC South Carolina 2. Camellia GC South Carolina 3. Mountain GC North Carolina 4. Abingdon GC Virginia 5. Flowertown GC South Carolina 6. Salisbury GC Virginia 7. Cape Fear GC North Carolina

- 16-B. Club/Council Yearbook
- Onslow GC Council North Carolina 16-C. Yearbook for Council of Judges or Consultants Landscape Design Consultants South Carolina



CALENDARS/VISION OF BEAUTY Elaine Thornton

New SAR leadership, make sure your states are promoting our exquisite *Vision of Beauty* calendars. With new state, regional and national administrations doing their scheduling for the next two years, everyone needs their Vision of Beauty calendars so they don't miss any important meetings, speakers and flower shows. Thanks to our wonderful previous SAR leadership and good luck to the new SAR leadership.

CONTAINER GARDENING

Helen Heater

"Think Outside The Box"

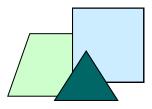
In past articles, we've covered pretty much a gamut of containers, pedestal pots, regular pots, hanging pots, terrariums, old shoes, even broken wheel borrows. Let's think box containers "Window Boxes" to be specific, one of the oldest forms of container gardening. Window boxes were very popular a few years back, especially to get that cottage look. It seems like everything runs in trends or repeats of different forms periodically. The first thing to keep in mind they don't have to be placed at a window. They can be secured to a deck or porch railings, fences or patios, or even placed throughout you other flower gardens for that extra pop of color.

They can add curb appeal to your home. When placed as a window box they can be viewed from inside and outside. They are also perfect for miniature herb or vegetable gardens placed on your deck or patio for those younger gardeners in your home.

What to plant? Just to name a few plants that would do well, colorful, and achieve a few other looks are: small spikes, coleus, nasturtiums, mini petunias or marigolds, alyssum, begonias, salvia, asparagus ferns, little cutie thyme, sage, just to name a few. Plants like begonias, coleus, sage, thyme for example provide another benefit, they are great to fill in nicely when pinched back periodically. Plants like salvia, small spikes, or even geraniums in the back make a nice back-ground or that layered look. Alyssum, little cutie thyme, variegated vinca- vine, asparagus ferns in the front spill over the edge creating that fuller look. Besides adding or combining all types of texture or varieties of plan materials give your window boxes more elegant and dramatic look. For color: coleus can be one of the most colorful plants individually.

Planting and caring for your window boxes are basically the same concept as any other container gardens. Start with making sure you have excellent or proper drainage. Make sure to cover the holes with a layer of styrofoam peanuts, then a nice layer of soil (gage by the size and depth of your box container and plants). Place and plant your plants to create the look you want as mentioned above perhaps. Once the plants are in place add a small layer of moss around or on top to help retain moisture or when actually during the planting add other moisture retaining materials found in your garden centers.

One last thing to keep in mind when choosing your plants: make sure they have similar requirements or needs. Also,make sure when fertilizing you go by the suggestions on the packet for regularity of watering or periodic requirements. Remember to water more frequently as you have limited nutrients in such smaller amounts of soil in smaller containers. Don't forget also to keep them deadheaded (if needed) and pinched them back to keep them looking fresh. Have fun and enjoy.



ENERGY CONSERVATION Gail Hill

The Value of Trees

I live in Greensboro, North Carolina and it is said around our town that Greensboro is kind of like a retirement community for trees. We have too many overmature trees. It's okay, even necessary, to cut down some of the over-mature trees and then plant saplings that will grow in their place. This is a city that gets riled up about its trees, but not always for the right reasons. While we appreciate them for their beauty, we sometimes quite literally miss the forest for the trees, overlooking the extensive practical benefits the trees provide.

Of course, they're beautiful, but they also protect our air and water. Trees work very efficiently to filter storm water and remove carbon from the air. Trees do that better than anything else on the planet. A study of the area's tree canopy in 2009 found that the roughly 32,000 acres of trees in Greensboro provide \$23.4 million worth of storm water management and air pollution control each year. What other asset does a city have that gives that kind of annual return?

Trees are part of the city infrastructure, just like sewer pipes and city streets. Nobody quarrels that those things are valuable and need to be maintained, but they do argue about the value of trees. When it comes to the overall tree canopy, you need a roughly equal balance of juvenile trees (up to 15 years old), intermediate trees (15 to 60 years old), and mature trees (60 years old and older). Juvenile and intermediate trees process a lot more pollution than mature trees. Mature trees, like mature people, tend to store more of what they consume.

Greensboro Beautiful had to cut hundreds of trees (mostly pines) at David Caldwell Historic Park in 2000 after a storm felled them. A virtual native forest was replanted with 200 trees, oaks, maples, magnolias, sourwood and birch. And sometimes you have to cut a tree down because it's in the wrong place. The sugar maple was removed from Friendly because it was too hot and humid here. They were all in declining condition and were growing into the power lines. Now Greensboro Beautiful has a program with Duke Power helping people to know "Right Tree-Right Place". Developers can be fined for clear-cutting trees without approval, and they can be required to replant trees according to city specifications. Greensboro Beautiful

Key Notes April 2015 www.southatlanticregiongardenclubs.org also lends a hand with tree giveaways and neighborhood beautification projects.

Trees are hard workers and we don't realize that. We enjoy them for their aesthetic value. But that has a dollar value also. Trees increase property values and the appeal of neighborhoods and cities. Trees help cool our homes, block the wind, and hold the land in place.

All of these are extremely important. The gifts of trees even include the lovely sound when a breeze stirs a pine forest or any collection of trees, not to mention the fruits, nuts and goodies.

TOP 10 REASONS WE NEED TREES

- 1. Trees help purify the air by absorbing pollutants.
- 2. Trees increase property values and improve the tax base in communities.
- 3. Trees improve neighborhood appeal, attracting business, shoppers and homeowners.
- 4. Trees cool cities and towns by reducing heat generated by buildings and paved surfaces.
- 5. Tree shade, properly placed, can save an average household up to \$250 annually in energy costs.
- 6. Trees reduce the amount of pollutants in sewer systems, saving communities millions of dollars in water treatment costs.
- 7. Trees soften harsh building lines and large expanses of pavement, making urban environments much more pleasant.
- 8. Trees provide habitat for birds and other wildlife, maintaining a balance with nature even in urban areas.
- 9. Trees reduce the amount of waterborne pollutants that reach streams and rivers.
- 10. Trees reduce levels of domestic violence and foster safer, more sociable Neighborhood environments.



ENVIRONMENTAL EDUCATION ~ LITTER ~ RECYCLING Grassroots Green

Karen Prewitt

Spring has finally arrived in the Lowcountry and with it a reminder that it is also spring-cleaning time. It is not just the pine pollen that needs to be cleaned off of every flat surface – that I can deal with, but the thought of going through the house and editing all those things that I don't *really* need is a much more difficult task.

I was amused the other day to see a sign noting: "Love it or List it!" What a great idea for getting rid of unwanted furniture, clothes, the exercise bike you don't use, etc.

All those things taking up valuable space can be recycled, they can also put \$ in your pocket.

Visual clutter [especially paper] gets to me, and occasionally I have to go on a purge binge and practice what I preach as your SAR re-cycling chairman.

Did you know: The average American uses 680 pounds of paper a year, and will throw away 600 times the amount of his, or her own weight in garbage? For a 150- pound person, that would leave a trash legacy of 90,000 pounds of waste.

If every American recycled *all* their newspapers, we could save 250 million trees a year. If every American recycled *one tenth* of their annual newspapers, we could save 25 million trees. Each ton of recycled paper [2,000 pounds] can save 17 trees, 380 gallons of oil, three cubic yards of landfill space, 4, 000 kilowatts of energy and 7,000 gallons of water!

Those seventeen saved trees will also absorb 250 pounds of carbon dioxide.

Product packaging accounts for 65% of our household trash and out of every ten dollars spent on a product, one dollar of that amount goes to packaging... that is thrown away.

The average family uses 182 gallons of soft drinks, 29 gallons of juice, 104 gallons of milk and 26 gallons of bottled water a year. That is a lot of containers that could be recycled.

And since it's Easter time, I'll remind you to recycle aluminum foil. Did you know that an estimated 80 million *Hershey's Kisses* are wrapped *each day*, using enough foil to wrap an estimated forty football fields. All that foil is recyclable, but not many people realize it!

It only costs \$30.00 a ton to recycle trash, but \$50.00 a ton to send it to the landfill, or \$65-75 dollars a ton to incinerate it.

Recycling is something each of us can do - every day. Spring-cleaning at your house is the perfect way to celebrate **Earth Day**. Don't forget April 22^{nd!}

NATIONAL GARDEN WEEK JUNE 7-13, 2015 Judy Bond, Chairman

The first full week in June has been designated National Garden Week. All clubs should use this opportunity to emphasize the benefits of being a member of an affiliated garden club.

Posters and proclamations can be downloaded from the NGC website, gardenclub.org. Just click on "Projects", "Ongoing" and "National Garden Week". There you will also find information about archiving the photos of your activities. Possibilities are endless!

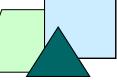
• Sponsor a hands-on "How Do You Select Flowers/Shrubs for Your Garden" workshop at an area nursery. Have a plant sale.

- Beautify a manageable blighted area with the cooperative efforts of another group.
- Host a member garden tour include a water garden, a vegetable garden, a rose garden, etc.
- Conduct a "Get to Know Us" event at the public library. Arrange for a display of gardening books and/or an information table.

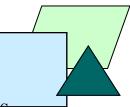
Display floral designs with posters and membership brochures in prominent locations in your community.

Both SAR and NGC offer awards for the best overall promotion of National Garden Week showing community awareness throughout the entire week including local and/or state proclamations. These awards (SAR 13 and NGC 53) are available at different club size levels and compositions. Does your state offer an award/s for National Garden Week? If not, why not?

Don't miss this once-a-year opportunity to celebrate our passion!



Odds 'N' Ends



The following members of SAR are the representatives on the NGC Nominating Committee for 2015-2017 NGC Nominating Committee:

Ann Fiel, Kentucky, Representative Martha Morgan, Kentucky, Alternate Betsy Steele, South Carolina, Representative Maida Dantzler, South Carolina, Alternate

DATES FROM OUR STATES

Information on all of these is on the website of each state Flower Show School course 4: June 8-10, 2015 in Raleigh NC Flower Show School course 2: Aug. 24-26, 2015 in Lynchburg VA Landscape Design School course 1: May 20-22, 2015 in Morgantown WV Check each state's website for information on these and other schools. Each state can be accessed from the SAR website.

SAR Convention 2015

"PALMETTOS IN PARADISE" South Atlantic Region Convention March 22-24, 2015 Marriott Resort & Spa Hilton Head Island SC



NGC/SAR 2015 CONVENTION

There was a Gala Event! We had a trip back in time on Sunday evening! We travelled back to 1740 and met Eliza Lucas who married Charles Cotesworth Pinckney of historical fame. Eliza developed indigo as one of the South's most successful crops. Because of her accomplishments, she was the first woman inducted into The South Carolina Business Hall of Fame. Prior to that, we enjoyed a tour of several gardens in the area. The weather was a little dreary with some sprinkles, but umbrellas kept us dry, and the flowers were just as lovely as if the sun had been out. On Monday Evening we were treated to a figurative tour through one the most beautiful places in South Carolina. Dr. A. Segars of South Carolina Department of Natural Resources took us through the ACE Basin, the convergence of the Ashley, Cooper and Edisto Rivers, which is the largest estuary on the East Coast. We had a design program, workshops, a fashion show, and heard the SAR winning Essay from Matthew Newton.

We missed our SAR director Martha Morgan who was recuperating from a hospital stay. Alternate Director Ann Fiel presided in her place and led us through the meetings and activities.

We enjoyed spending time with our NGC President Linda Nelson. She held an installation service for our incoming SAR Officers and our five state presidents.

Awards Chairman Judy Ann Fray presented lots of awards to our clubs, councils, and states. However, there were some award categories that did not receive any applications. Maybe next year every category will be awarded. Our SAR Member of Honor Recipient, Barbara Blackwelder, was present. We have two awards, the Jimmell Walker Memorial Membership Award and the NGC Life Membership Award, which will be presented at the Regional Luncheon at the NGC Convention in Louisville.

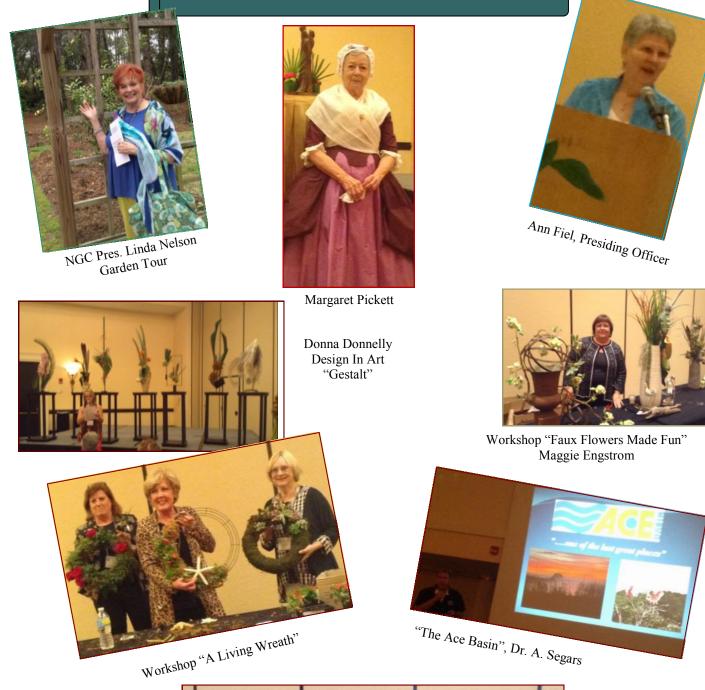
We all thank the Garden Club of South Carolina for their hospitality and their hard work to welcome us to this convention.





"A Carpet of Flowers" Entrance to Convention Area

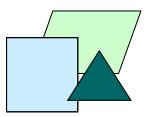
SAR Convention 2015 (continued)







SAR Convention 2015 (continued)





SAR Essay Winner Matthew Newton with Linda Nelson and Sarah Ann Parler



SAR Member of Honor Recipient Barbara Blackwelder (NC) with NGC President Linda Nelson

Installation of 2015-2017 Officers



2015-2017 Alternate Director Pat Abercrombie and Director Sarah Ann Parler



State Presidents Judy Bond (NC), Judy Guye Swanson (WV), Janice Clem (VA), Yvone Morris (SC), Edith Nelson (KY)



Rec. Sect Maida Dantzler, Corr. Sect. Donna Donnelly, Historian Jenene Smith, Chaplain Emily Stephens, Treasurer Jerry Shriver, Parliamentarian Rebecca Crow



Attendees

National Garden Clubs, Inc.

2015 NGC CONVENTION

"Endless Possibilities" May 15-17, 2015 Crowne Plaza Airport Hotel 830 Phillips Lane Louisville KY

It's not too late to register to attend the 2015 NGC Convention, although you will have to pay a late fee. This will be an Installation Year, and one of our own, Sandra Robinson, will be installed as the 2015-2017 NGC President. Ann Fiel is the Convention Chairman and Joan Wipperman is Vice-Chairman.

There are pre-convention tours available May 12, 13, 14.

There are a variety of tours planned, including:

Churchill Downs Horse Race Track with lunch at the backside where trainers and jockeys eat.

Bernheim Forest with their Canopy Tree Walk.

Makers Mark Distillery - a "green" facility where you can view the exquisite newly installed Chihuly ceiling.

Travel past scenic horse farms & rock fences to our historic State Headquarters and arboretum and visit a working horse farm.

Exciting spouses tours and more...

There will be speakers who are nationally & internationally known.

Tri-Refresher credit is offered for all tours, speakers & seminars.

The Life Member Banquet will be a gala affair! You will visit Yew Dell Botanical Gardens, an outstanding American garden. It is the legacy of one of America's finest nurserymen, Theodore Klein, who started designing and building Yew Dell in 1941. Theodore Klein developed sixty new varieties of plants, one of which is the Forest Pansy Redbud.

Jon Carloftis is the speaker fro the Opening Luncheon; Bill Harper is presenting the program for the Design Banquet. We then have the Award of Excellence Luncheon, Awards Banquet, Regional Luncheons, and Installation Banquet.

Each day there will be a choice of three seminars to attend. And as always, vendors with interesting wares.

So there is much to do, and many friends to see (or to meet new friends). Let's have a great turnout from our region. If you haven't attended a National Garden Clubs Convention, this would be our opportunity, since it is so close.

All the details can be found on the NGC website and in the latest issue of The National Gardener



ing/informative articles in each issue The National Gardener. Don't receive it?? Check with your SAR or state chairman or go online to NGC to subscribe. You'll be glad you did!

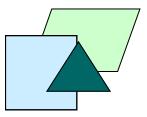
We hope you are reading the interest-

April 2015 Kev Notes www.southatlanticregiongardenclubs.org



NGC President 2013-2015 Linda Nelson "Making a World of Difference-Choices Matter"





The South Atlantic Region Member States





NGC President, Linda Nelson



SARa Bee

Key Notes April 2015 www.southatlanticregiongardenclubs.org Pleased Share This Newsletter With Clubs In Your State And With Members Of The State Boards Thank You