

# KEY NOTES



South Atlantic Region of National Garden Clubs, Inc.

April 2014  
Volume 10, Issue 4

"A World of Opportunity—Be Involved"

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## *Key Notes issues*

*Key Notes* will be published in early July, October, January, and April.

The deadlines for the respective issues are:

### **June 20**

September 20

December 20

March 26

Please submit your articles by email, if at all possible, to [mfloyd3570@aol.com](mailto:mfloyd3570@aol.com)

Subject: SAR Key Notes

## THE DIRECTOR'S MESSAGE

"A World of Opportunity—Be Involved"



The Fifty-third Annual Convention of the South Atlantic Region, National Garden Clubs, meeting in March in Roanoke, VA, was a great time of fellowship, fun and learning or re-learning many things. The Convention Committee, chaired by Janice Clem, had given many hours to planning and the organization was evident. We enjoyed the historic Hotel Roanoke, the speakers, the meals, the beautiful Flower Show, and visiting with Garden Club friends, new and old. Plan now to meet with us next year in Hilton Head Island, SC, as our NGC President, Linda Nelson joins us.

Continuing my "Gardening Autobiography" started in the January issue, I will skip to my official Garden Club involvement, with a short mention that my interest in gardening was nurtured by the Director of the Carnegie Public Library in Paducah, where I was on staff in the Children's Department for 14 years. When Russ and I moved from Paducah, I was sorry to leave my miniature rose garden where the roses had fairy tale names. With four children, most of the involvement I had during the next few years was with their activities: Scouts, Church, Sports, etc., so I did not become active in a Garden Club until I joined the Bicentennial Club in Bowling Green, whose President was my next door neighbor, Ann Hocker. I joined in October, 1978, and in April, 1979, was elected President. Two years later, Ann and I attended a Flower Show School held in Bowling Green and are now Master Judges. I also am a Master Gardening Consultant, and a Master Landscape Design Consultant. I have served each of these Councils in Kentucky as Chairman, currently, I am LDC Chairman. This is why I have chosen the word "Opportunity" in my theme, because through Garden Clubs we can take advantage of so many opportunities to continue learning, whatever our age. In 1999-2001, I was honored to serve as President of the Garden Club of Kentucky. I have served on the Board of National Garden Clubs, Inc. for seven terms, and as SAR Nominating Committee Representative twice. My children, Sally, Laura, Rusty, and Emily, along with their Dad, Russ, have been supportive through the years and you, my Garden Club Friends, have encouraged me along the way. I am proud to serve as your SAR Director.

Be Involved.

*Martha*



## State Presidents' Themes and Reports



### **The Garden Club of Kentucky, Inc. Joanna D. Kirby, President "Kentucky, Let's Grow" Helping Hands Across Kentucky**

After a long, cold and wet winter we can now see the beginning of Spring and feel the earth as it begins to awaken in our gardens and in our minds. Even though I usually like to spend the winter months working on projects around the house, this winter found me out and about with clubs and members as they began to prepare for the planting of their yards, gardens and communities. I believe that the great state of Kentucky will come alive with gardens for butterflies as well as all of the other pollinators that so need our help if they are to survive.

The Garden Club of Kentucky, Inc. has continued to see an increase in membership and we are hopeful that we will attract new members as we work with our state park system, extension co-ops and partner with other types of clubs as we work on mutual projects. I feel that by bringing awareness to the environment we are helping to sustain nature through education and resources and our clubs are working hard within their communities to be the helping hands.

We hosted the Landscape Design School Course IV on March 19-20 in Bowling Green which will be the last session for this course. The instructors have been excellent and we feel very fortunate to have held all four courses here.

We continue to send out our quarterly publication, The Bulletin to over 1500 members across the state and thanks to the hard work and dedication of Ann Fiel we can read timely and informative articles on many gardening subjects. Much of the printed information is now available online as we encourage members to view our website, print forms and documents and stay abreast of all the news, flower shows, garden tours and updates.

For the first time the GCKY will hold a one day annual convention and our hosting district has been hard at work to put this on for us. We will have our regular business meeting, an awards luncheon, vendors and a presentation on Monarch butterflies to round out the day. It will be interesting to see if we can get everything accomplished in one day that normally takes two plus but we feel confident that it will be fun and informative.

As we move forward with our clocks and spring into action I want to share this wonderful quote with each of you,

"A goal without a plan is just a wish." Antoine de Saint-Exupery

May God bless you and your families,

*Joanna D. Kirby*



### **The Garden Club of North Carolina, Inc., Jenene Smith, President Theme: "Volunteering to Make a Beautiful Difference"**

Congratulations and many thanks to Janice Clem, Convention Chairman, Shirley Edillon, Convention Vice Chairman, Marilyn Mason, President of the Virginia Federation of Garden Clubs and all members of the Virginia Federation of Garden Clubs for hosting a wonderful SAR Convention at the Hotel Roanoke, March 23-25. Everything was so well planned, beautifully decorated and the programs were very interesting and informative. Thanks to you all for making this meeting such a pleasant experience even tho' some of us did get snow delayed. I am

glad we "followed the Star to SAR" in Roanoke where we were treated like Stars!

Members of the Garden Club Council of Winston-Salem/Forsyth County are busy getting ready for the Garden Club of North Carolina, Inc. state convention, to be held in Winston-Salem, April 13-15 at the Twin City Quarters. After months of careful planning, the 2014 State Flower Show will be presented and at the Monday luncheon flower designer, Reggie Walser will be the featured speaker. You are all cordially invited to attend and registration and information is on our website, [www.gardenclubofnc.org](http://www.gardenclubofnc.org).

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[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

## State Presidents' Themes and Reports (continued)

(Continued from page 2)

Hopefully April will bring some stability in our weather and we can move toward an official spring. After a brutal winter, we are glad to see it warm up so planting can begin in earnest.

The Garden Club of North Carolina invites you to attend our 48th Flower Show Symposium, June 15-17, 2014 at the Sheraton Imperial Hotel in Durham, North Carolina.

The brochure is posted on our website. We also invite you to attend at any time the three gardens we support,

the Danlel Boone Native Gardens in Boone, the Elizabethan Gardens in Manteo and the Martha Franck Fragrance Garden for the Blind in Raleigh.

Some of us from North Carolina are excitedly making plans to attend the National Garden Club convention in Norman, Oklahoma, April 30 through May 3. We look forward to seeing you at the Convention and the SAR luncheon.

Happy Spring and Happy Easter

*Jenene Smith*

**The Garden Club of South Carolina, Inc.**  
**Judith Johnson Dill, President**  
**Theme: "Inherit the Past: Create the Future"**



Although winter continued to keep us in thrall, The Garden Club of South Carolina never halted for those icy blasts into supposed spring. We had our seven district meetings and acknowledged accomplishments of members who diligently work in our stated mission projects. We celebrated historic trees and historic places, from historic churches to locations surrounded by towering oaks, dripping with Spanish moss and rooms of historic camellias! We had waxed camellias, rosemary and miniature trees, along with flowering tree branches and azaleas as table designs and favors, making each meeting a memorable event.

On March 29, we had our Youth Symposium, chaired and planned by Susan Bynum, with Laura DiPette, Co Chair, at Saluda Shoals Park, at the Environmental Center, in Columbia. More than a hundred participants learned about trees, enjoying a variety of events that included Tree Walks with the Park Rangers. Young people from kindergarten to 9<sup>th</sup> grade participated in eight age-appropriate, hands-on activities, all focused on trees. As a highlight, Lucile MacLennan, remarkable member of The Garden Club of Charleston, traveled to Columbia to present a fascinating and informative program on trees. Not only did she delight all with her extraordinary knowledge of trees, but also she presented each child a maple tree, each a "gift" from her historic maple, planted in her garden. In addition, young people, parents and garden club sponsors played Tree Trivia. Thanks to the work of Youth Awards Chair Linda Sicheloff and Youth Awards Co-Chair Margaret Graham, we recognized and applauded award-winning students, along with their participating garden clubs. After enjoying a fried chicken box lunch, Susan Bynum, Chair, gave each participant a 36-inch pine tree, with planting instructions, so that each child could have ownership of our state project.

Working in conjunction with the state park service employees and volunteers, The Garden Club of Charleston, under the leadership of club president, Jane Riddle Pearman, initiated a spectacular project at Charles Towne Landing, the original site of

the first English settlement in South Carolina. As a part of our state initiative, *Historic Trees for Historic Places*, this project features the Living History Tree Trail, beautifully described and depicted in brochures and maps, which accommodate self-guided and guided tours. Using tree trunks from some of the park's fallen trees, the club designed pyrography-created descriptions for various historic trees, which they named for their significant contributions. Currently, The Garden Club of Charleston and The Garden Club of South Carolina are working with the South Carolina Parks and Recreation Department, as well as other related state agencies and private individuals on the project. Plans include expansion of the Living History Walking Trail. Additionally, plans include redesign and reclamation of Mrs. Waring's Garden, the site of The Garden Club of Charleston's Memorial Tree, planted to honor the year's deceased club members. A large and beautiful tract of land, this garden will involve the work of landscape architects or designers to create a space that affords maintenance demands, yet reflects the historic integrity of the site.

The Garden Club of South Carolina is dedicated to achieving and maintaining an active, vibrant scholarship program. Betty Thacker, our state scholarship chair, has challenged each district to collect donations for scholarships. Remarkable, worthy students created keen competition for our scholarships, which we award at our State Meeting on April 24, along with recognition of the district contributing the largest donation to scholarships.

The South Carolina Memorial Garden, owned by The Garden Club of South Carolina and listed on the National Register of Historic Places, it is the first garden dedicated to the servicemen and women, who sacrificed to defend our liberty in World War II. Designed by Loutrel Briggs, leading landscape archi-

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## State Presidents' Themes and Reports (continued)

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tect, this garden is located on the grounds of the Governor's Mansion, and was a gift from Sarah Porter Boylston, a distinguished member of The Columbia Garden Club. Realizing the necessity to adhere to national register requirements and return the garden to the original design, Jane Suggs, Memorial Garden Chair, and her stellar committee devised a plan to restore the garden, wall and gate house. They selected talented horticulturalists, skilled brick masons and a blacksmith, all trained to meet historic preservation requirements, to restore the garden, gatehouse and wall. Because of their commitment to Mrs. Boylston's gift of the garden, as well as in recognition of their status as a Charter Member of The Garden Club of South Carolina, The Columbia Garden Club Foundation

provided significant funds for this meaningful and beautiful restoration.

On April 24, SAR Director Martha Morgan is our honored guest at our State Meeting at Forest Lake Club in Columbia. We will celebrate high achievement and honor our scholarship winners, along with award-winning garden clubs. Preceding this, on April 23, members of the GCSC Board of Directors will hold meetings, followed by a *Garden Party*, sponsored by the three Vice Presidents. Held in our Memorial Garden, this event also will honor The Columbia Garden Club and Foundation, for their generosity in funding the restoration of the garden and the gate house.

*Judith Dill*

### Virginia Federation of Garden Clubs, Inc.

**Marilyn J. Mason, President**

**Theme: "Working Together To Preserve Our Legacy  
-Conserve, Preserve, Restore, Educate"**



*A good team, like a good show, comes into being when the separate individuals working together create, in essence, another separate higher entity - the team - the show - which is better than any of those individuals can ever be on their own.*

*Gary David Goldberg*

"Working Together" – an integral part of my theme - was never more proven true than in hosting the SAR Convention in Roanoke March 23-25. The team effectively kept all 159 SAR participants "Involved and Shining" throughout the Convention with workshops, design programs, entertainment, and many shopping venues.

SAR Director, Martha Morgan, was honored with a centerpiece arrangement depicting her theme "A World of Opportunities – Be Involved".

Each of the SAR State Presidents was honored as well with complementary designs. The six VFGC districts 'worked together' to provide beautiful fund-raising baskets, table favors or centerpieces. The Piedmont, Tidewater, Shenandoah, South Central and Southwest Judges Councils brought designing elegance and beauty to our dining tables. The Blue Ridge District and the Blue Ridge Flower Show Judges Council presented a Standard Flower Show using Martha Morgan's theme. Creative designs and beautiful horticulture together with three exhibits made the show complete.

On Sunday, there was a tour of Historic Hotel Roanoke and two workshops on "Simple Ways to Transform Your Garden

by Margaret "Fred" Douglas, Landscape consultant; and "Living Walls – A Look at Vertical Gardening" by Bill Smoot of Tidewater District. On Monday, there were two additional workshops on "Landscape in Miniature" by Pam Shank, and "Horrid Insects & Lesser Known Trivia About What's Eating Your Garden" by Teresa Dellinger.

We enjoyed evening design programs titled "The Brilliance of Creativity" by Frances Thrash, NGC Flower Show Instructor; a program by grower, Lisa Ziegler, on "Growing Your Own Bouquets"; and a short morning program on "Bringing a Breath of Spring" to our lives by Jim Taetz, Floral designer. Entertaining highlights were an Ikebana floral design skit and a "Garden Fashion Show" – both presented by Moneta Garden Club.

We owe a huge vote of thanks to our Chairman, Janice Clem, and Vice-Chairman, Shirley Edillon who assembled this hard-working team to carry out this fun, educational, and inspirational Convention. Many complements have been received on the successful meeting that it was.

I am so proud of our VFGC members who certainly 'Made us Shine' and I 'thank' those who attended by "Following the Star to SAR".

Thoughts now turn to Spring – hopefully, that will be soon! My travels throughout this beautiful state will begin as I will learn how each of our Districts are striving to "Make a Difference" through their projects.

*Marilyn Mason*

## State Presidents' Themes and Reports (continued)



**West Virginia Garden Club, Inc.**  
**Patricia Arndt, President**  
**Theme: "Those Who Plant Gardens Believe in Tomorrow"**

The 2014 SAR meeting in Roanoke was a wonderful experience. Having been only my second time attending the Regional meeting, I wondered why I hadn't attended more during my past 19 years in West Virginia Garden Club. I encourage all members to attend as many meetings "outside" their local clubs. Only then will they get the full experience of being a member of one of the best organizations in the world!

Here is a brief report for West Virginia Garden Club. Membership is a continuing concern for our state clubs. As of this date, WVGC has 103 clubs, comprised of nearly 2100 members. Our roster has decreased just a bit from last year, but we do see a light ahead. Clubs are looking at their recruiting efforts in order to attract more potential members. At our state meeting held April 6-8 in Huntington, WV, I had the pleasure and honor of presenting a charter to our newest club, Mountain Laurel, with 16 new and energetic members.

The main thrust of my administration is working with our youth, promoting new youth clubs, and introducing them to our world of gardening, conservation, and appreciation of our resources. Some of our clubs have taken this goal to heart. One of our

clubs has embraced the youth movement. Last year, they won 11 awards, mostly for their project with elementary school students. This year, they have partnered with their local Parks and Recreation Board to design, finance, and plant a large and inventive children's garden.

Statewide, our members have completed many beautification projects. Some of these include restoration and planting along Rail Trails, installation of new Blue Star Memorial Markers, and numerous community beautification projects.

I am both proud and humbled to serve the members of West Virginia Garden Club. Traveling across our state last fall and visiting the various district meetings, I was amazed at the energy, creativity, and dedication of our members. I am so looking forward to the second year of my term, and I look forward to working toward and promoting the goals of our outstanding organization.

Patty Arndt, President, WVGC

*Patty Arndt*

## Officer Reports

Jo Jean Scott  
SAR Chaplain, 2013 - 2015

March 31st

This has been the first day of spring for me. Even though there were great bunches of daffodils for Golden Days last week and even though gathering them brought me close to nature, there had to be more. Today there was more! There was driving the truck to pick up gasoline for the Gator. There was walking the aisles to find a rake with broom action. There was sweeping the leaves away to find peonies waking from winter's sleep. There was the spring song of the Cardinal coming from the woods and, as I listened and watched, the woods themselves seemed to turn from winter's color tones to hues of softest bronze and green. Once again in spring I know "God is in His heaven. All is right with the world".



Chaplain JoJean Scott  
Memorial Service  
During Convention

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# Chairman Reports



## ARBOR DAY

Geneva Hunt

Did any of your garden clubs do anything special to celebrate Arbor Day last spring? We need to promote Arbor Day by planting trees or other plantings or by cleaning up an area or any other way to promote Arbor Day.

Try to get publicity for your club and state while celebrating in your own way.

Let this chairman know what you did or what plans you have for Arbor Day 2014.



## AWARDS

Judy Ann Fray

The SAR Awards Chairman gladly presented awards to clubs for their work throughout 2013. After reading a brief statement of the work for each award, the club/district/state name was announced.

State presidents collected the awards for those in their states and will distribute them to the recipients.

A list of awards is found on page 15 of this issue. Now is the time to begin putting together information for next year's award applications. This chairman wants to have even more applications next year and give out lots more awards. You do the work, so apply!

## CALENDARS/*VISION OF BEAUTY*

Elaine Thornton

Make your plans now to decide how many "Vision of Beauty" calendars you want. The 2015 calendar will be available at and following this year's NGC Convention.

## CONTAINER GARDENING

Helen Heater

"Winter a Time for Planning and Inspiration"

Get Ready, Get Set, Go!!! It's Spring!!!!

It seems that it has been a long and rather arduous winter, if you feel like I do it's time for lots of color and time to garden. If you haven't tried container gardening, try it this spring. It can be fun and exciting and it can change your garden landscape. So let's get started with these few reminders, and Happy Planting.

Variety and ease of moving and caring can make container gardening a very smart and beautiful choice.

### Container Choices:

Make sure they are a source of inspiration. There are so many beautiful containers and we don't want to leave the idea that they are just the vessel. Beautiful and unique containers are half of the equation."The WOW FACTOR" So start with a quality pot with a look you'll really love regardless what is growing in it.

### Perfect Plants:

Know the growth habits, the mature size of plants before buying them. Variety and ease of care make container planting definitely a smart choice. Container plants are available in all seasons and will allow you to choose the exact bloom and leaf color you want. Evaluating the health of the plants is so important for a healthy start.

First: The plant size, flower buds and leaves should all be fresh" and show a healthy color". Avoid plants that have chewed or ragged leaves as this could be a result of bug damage, and avoid plants with dead stems or yellowing leaves, etc, as this could be a sign of disease.

Second: If purchasing large plants look at the branch structure. Make sure it is well proportioned, not leggy or lopsided. Even growth patterns are the best.

Third: The overall plant should not be top heavy or seem too big for your container. Make sure and look for roots coming out the drainage holes. Small roots may not be a problem but large ones could be problematic.

Remember most of all flowering plants aren't always necessary the best for a great looking container. The combination of textures and foliage color can be just as beautiful and exciting.

### Season to Shine:

Container plants just have one season "to shine" and consistent water, fertilizer and a suitable location, so make sure: **sun lovers in the sun and shade lovers in the shade)** \_ As these are the keys to a lush, beautiful and bountiful plantings.

Remember In Sept. issue I encouraged you to plant bulbs in pots so that you would have something to put in your entry way or "Put a little spring on your steps. " Hope they are looking great!

## Chairman Reports (continued)

### ENERGY/CONSERVATION

Gail Hill



#### Easy Energy Saving Habits (Free!)

Follow these energy saving tips to help fight air pollution, global warming and your skyrocketing electric or natural gas bill.

By making energy efficient choices you can save electricity and money without giving up the comforts of home – whether you rent an apartment, own a home or live with your parents.

Don't forget the basics. This simple stuff will save energy- and money –right now.

#### Unplug

- Unplug seldom used appliances, like an extra refrigerator in the basement or garage that contains just a few items. You may save around \$10 every month in your utility bill.
- Unplug your chargers when you're not charging. Every house is full of little plastic power supplies to charge cell phones, PDA's digital cameras, cordless tools and other personal gadgets. Keep them unplugged until you need them.
- Use power strips to switch off televisions, home theater equipment, and stereos when you're not using them. Even when you think these products are off, together, their "standby" consumption can be equivalent to that of a 75 or 100 watt light bulb running continuously.

#### Set Computers to Sleep and Hibernate

- Enable the "sleep mode" feature on your computer, allowing it to use less power during periods of inactivity. In Windows, the power management settings are found on your control panel. Mac users, look for energy saving settings under system preferences in the apple menu.
- Configure your computer to "hibernate" automatically after 30 minutes or so of inactivity. The "hibernate mode" turns the computer off in a way that doesn't require you to reload everything when you switch it back on. Allowing your computer to hibernate saves energy and is more time-efficient than shutting down and restarting your computer from scratch. When you're done for the day, shut down.

#### Take Control of Temperature

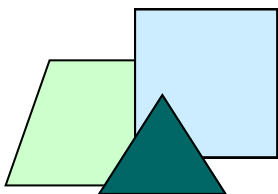
- Set your thermostat in winter to 68 degrees or less during the daytime, and 55 degrees before going to sleep (or when you're away for the day). During the summer, set thermostats to 78 degrees or more.
- Use daylight wisely. During the heating season, leave shades and blinds open on sunny days, but close them at night to reduce the amount of heat lost through windows. Close shades and blinds during the summer or when the air conditioner is in use or will be in use later in the day.
- Set the thermostat on your water heater between 120 and 130 degrees. Lower temperatures can save more energy, but you might run out of hot water or end up using extra electricity to boost the hot water temperature in your dishwasher.

#### Use Appliances Efficiently

- Set your refrigerator temperature at 38-42 degrees Fahrenheit; your freezer should be set between 0 and 5 degrees Fahrenheit. Use the power-save switch if your fridge has one, and make sure the door seals tightly. You can check this by making sure that a dollar bill closed in between the door gaskets is difficult to pull out. If it slides easily between the gaskets, replace them.
- Don't preheat or "peek" inside the oven more than necessary. Check the seal on the oven door, and use a microwave oven for cooking or reheating small items.
- Wash only full loads in your dishwasher, using short cycles for all but the dirtiest dishes. This saves water and the energy used to pump and heat it. Air-drying, if you have the time, can also reduce energy use.
- In your clothes washer, set the appropriate water level for the size of the load; wash in cold water when practical, and always rinse in cold.
- Clean the lint filter in the dryer after each use. Dry heavy and light fabrics separately and don't add wet items to a load that's already partly dry. If available, use the moisture sensor setting. (A clothesline is the most energy-efficient clothes dryer of all).

#### Turn Out the Lights

- Don't forget to flick the switch when you leave a room.
- Remember this at the office, too. Turn out or dim the lights in unused conference rooms, and when you step out to lunch. Work by daylight when possible. A typical commercial building used more energy for lighting than anything else.



### ENVIRONMENTAL EDUCATION ~ LITTER ~ RECYCLING

*Grassroots Green*

Karen Prewitt

#### Waste Watchers

Anyone reading this article in *Keynotes* is probably a child of the generation whose mother's reminded us to eat everything on our plate at the dinner table, "because there were starving children who had nothing to eat in some part of the world".

Ironically, some of today's most innovative new ideas regarding recycling have to do with mom's sage advice about not wasting food.

The U.S. Department of Agriculture's statistics tell us that food production in the U.S. uses 80% of the available freshwater, 50% of the land and 10% of the energy budget to produce the food that ends up on our plates. This same source has recently also noted that 40% of the food produced in America is wasted and the average family of four throws away \$2,275.00 of food in a year. People buying in bulk in big-box stores and not using all that they purchase also cause some of these food losses.

Food waste now takes up more space in landfills than paper or plastic and the resulting decomposition of organic materials accounts for 16% of all the environmentally harmful methane gas emissions in the U.S.

How many of us regularly pick through the fruit and vegetable displays at our local supermarket in order to find the perfectly shaped bunch of grapes, or the yellow squash without a single blemish, or the avocado whose firmness is just right?

Did you ever stop to think what the grocery stores do with rejected fruits and vegetables? Did you ever stop to think how many of the fruits and vegetables grown in this country never even make the cut to be accepted for a grocery store display? Well, even if *you* haven't considered the issue, it seems that others have worried about those aesthetically challenged foods and are concerned enough to come up with new ways to get them to a different kind of market.

Recently, a California farmer was lamenting that the produce he had brought to a farmers market had not sold by the end of the day. As part of his posting for the day, he put a photo of his left over crops on Facebook. Within a few hours, fans of this social media attraction scooped up all his remaining produce! Seven months later this same farmer started a new business brokering food sales from other farms in his area and to date has re-cycled about 100,000 pounds of food!

The shipment of food is another source of food losses. It is estimated that one in every seven truckloads of perishable goods delivered to supermarkets gets thrown away.

A veteran truck driver founded *Food Cowboy*, a for-profit firm that re-routes rejected food deliveries to food banks and other charities. The USDA asked this company to help form a national technology innovation council that would work to find solutions to food waste. Even companies like *Trader Joe's* are now looking for ways to create take out meals from imperfect fruits and vegetables.

Waste Watchers seems like a perfect project for a garden club to undertake in their community. Why not consider partnering with a local farmer or grocery store and charity?

It is a brave new world - and mom would be proud of you!

### LAND TRUST/NATURE CONSERVANCY

Maudie Karickhoff

The Nature Conservancy (TNC) and The Trust for the Public Land (TPL) are instrumental in establishing and preserving natural areas, wilderness areas, coastline reserves, parks, gardens, rivers and lakes. The mission of The Nature Conservancy is "to conserve the lands and waters on which all life depends" in order to "leave a sustainable world for future generations". This use includes recreation, conservation, research, resource management, and promotion of ecological issues. These issues are consistent with National Garden Club goals and programs.

The Mission of the Trust for Public Land is to create parks and protect land for people "ensuring livable communities for generations to come." The TPL is the only nonprofit organization working exclusively to protect land for public enjoyment and use.

The Appalachian Trail, roughly 2,186 miles from Main to Georgia, is one example of preserved areas, and crosses much of the SAR Region. The TPL and TNC joined many other entities to establish and maintain this project. The trail runs through many public lands.

TNC and TPL partner with state agencies, corporations and individuals to carry out their work. You as an individual can help your garden club be involved by learning about the protected areas in your state, visiting with a field trip or contributing financially.

Visit the web sites (TNC – [www.nature.org](http://www.nature.org) and TPL - [www.tpl.org](http://www.tpl.org)) to find examples of locations in your area, then share the information with your garden club.

### NATIONAL LIFE MEMBERSHIP

Patsy Stephens

Why not give a National Life Membership to pay tribute or honor someone in your garden club? We all know someone who has contributed tirelessly and done outstanding work toward meeting the goals of NGC. Please encourage your club to bestow this honor on a deserving member in your club.

National Life Memberships are \$200 each. Each NLM receives a lifetime subscription to The National Gardener and recognition at National, Regional, and State meetings. One half of the NLM fee is credited to the Permanent Home and Endow-

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## Chairman Reports (continued)

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ment Fund and one half goes to the NGC Scholarship Fund.

NLM pins are available through Member Services. Purchase of the pin is the responsibility of the person or group giving the honorarium. This is a separate expense and in addition to the NLM fee of \$200.

Checks should be made payable to National Garden Clubs and attached to a completed application form that is available on line or by request to me.

Patsy Stephens, Chairman

P.O. Box 1157

Wise, VA 24293

Email: [patsy.stephens@verizon.net](mailto:patsy.stephens@verizon.net)

### NATIONAL GARDEN WEEK

JUNE 1-7, 2014

Judy Bond, Chairman

The first week in June has been designated National Garden Week. All clubs should use this opportunity to emphasize the benefits of being a member of an affiliated garden club. Posters and proclamations can be downloaded from the NGC website, [gardenclub.org](http://gardenclub.org). Just click on "Projects", "Ongoing" and "National Garden Week". There you will also find information about archiving the photos of your activities. Possibilities are endless! Arrange for a display of gardening books and/or an information table at your local library. Display floral designs with posters and membership brochures in prominent locations in your community. Have a plant sale, workshop or member garden tour.

Both SAR and NGC offer awards for the best overall promotion of National Garden Week showing community awareness throughout the entire week including local and/or state proclamations. These awards (SAR 13 and NGC 53) are available at different club size levels and compositions. Does your state offer an award/s for National Garden Week?

Don't miss this once-a-year opportunity to celebrate our passion!

### SCHOLARSHIP

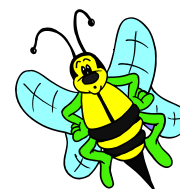
Marsha Alexander

As SAR Scholarship Chairman, I am pleased to announce the 2014 Winner of the Corrie Whitlock SAR Scholarship is Robert Michael Nance. Robert is a student at Virginia Tech majoring in Horticulture. The Virginia Federation of Garden Clubs submitted Robert's application for consideration. Robert has a 3.8 grade point average, is a member of The Horticulture Club, Collegiate 4 H, Golden Key International Honor Society and volunteers at Hahn Horticulture Gardens 45 hours each semester.

During Robert's High School years, he worked at a large Wholesale Nursery where he acquired an interest in Horticulture and a focus for his College Major. After his Freshman year at Virginia Tech, he earned an Internship on the grounds team at Woodberry Forest School. In his spare time he worked at Belmont Christmas Tree Farm. For the Summer of 2014, he has an internship with the Brickman Group at Chesapeake. The committee that judged the Scholarship applications was impressed with Robert's work ethic and enthusiasm for learning all aspects of the Horticulture field.

In his letter to the Members of the Scholarship committee, Robert stated that he is extremely fascinated by the beautification of landscapes and the world through education and experience. He hopes one day to be the groundskeeper for a golf course or athletic field, while also owning a successful commercial and residential landscape company. An alternative would be to become a Horticulture Manager of a large scale nursery, while owning a landscape business on the side. Robert is a very ambitious and deserving young man!

There is more good news! The SAR Board voted to accept the recommendation of the Executive Board to award two (2) \$2000 SAR Scholarships in 2015. I hope that we have worthy applicants from all five states and look forward to announcing two winners at the SAR Meeting in Hilton Head, South Carolina



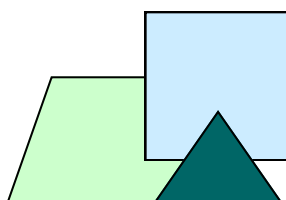
### SAR SPECIAL PROJECTS AWARD

Mary Dixon

#### **"Beauty Spots for Bees and Butterflies"**

SAR Director, Martha F. Morgan, has chosen the theme, "Beauty Spots for Bees and Butterflies" and is offering a variety of awards for these special projects for both 2013 and 2014. This was not awarded for 2013.

Please read the complete instructions/description in the SAR Directory or on the website. We hope to have winning applications for 2014.

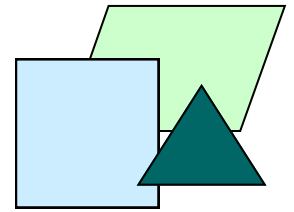


Key Notes

April 2014

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

## Odds 'N' Ends



### Directory Corrections/Changes (changes underlined)

Lea Ann Terrell p. 17 email [nurselat@live.com](mailto:nurselat@live.com)

**SYMPATHY** to Sarah Ann Parler (Youth/Speech & Essay chm) on the death of her husband last September.

**CONCERNS AND PRAYERS** to Loretta Lively (Parl. & Former director), Phebe Kirkman (Book Review chm.) and Carolyn Patterson (Former Director & Org. Study chm) on treatments and recovery.

### DATES FROM OUR STATES

Information on all of these is on the website of each state

GCWV Convention, April 6-8 Huntington WV  
GCKY Convention, April 7-9, Cumberland KY  
GCNC Convention, April 13-15, Winston-Salem NC  
GCSC Convention, April 23-24, Columbia SC  
Flower Show School Course 4, April 24-26, Oak Hill WV  
VFGC Member Meeting, April 28, Roanoke VA  
Wildflower Pilgrimage, May 8-11 Davis WV  
Landscape Design School Course 4, May 14-16, Morgantown WV  
Flower Show Judges Symposium, June 15-17, Durham NC  
Flower Show Judges Symposium, Aug. 18-20, Wintergreen VA  
Flower Show School Course 4, Sept. 8-11, Lynchburg VA  
Landscape Design School Course 4, Norfolk VA

### Lewisburg Home and Garden Tour

June 13-14

\$30 for Saturday Only

\$35 for Friday Evening and Saturday

Friday Speaker George Longenecker

Saturday: Visit 5 Houses and 4 Gardens

[www.lewisburghomeandgardentour.com](http://www.lewisburghomeandgardentour.com)

## NGC Convention 2014

The NGC 2014 Convention will be in Norman OK May 1-3, 2014. The Registration Form, Tours, Speakers, and Programs are given in detail in the latest issue of *The National Gardener*.

Norman is just outside of Oklahoma City. The hotel is approximately 18 miles from the Oklahoma City airport. The convention is being held at the Embassy Suites in Norman. If you haven't made your reservation, do so. We hope to have a room full when we meet for the Regional Breakfast. At last count we didn't have very many.

There are many interesting programs and activities planned for us. And as everyone knows, a lot of work goes into setting all this up.

There will be a report from the convention in the July Key Notes.



NGC President 2013-2015  
Linda Nelson  
"Making a World of Difference—  
Choices Matter"



# SAR Convention 2014

## South Atlantic Region Convention “Involved and Shining” March 23-25, 2014 Roanoke VA



“FOLLOW THE STAR” TO THE SOUTH ATLANTIC REGION CONVENTION  
MARCH 23-25, 2014

The Hotel Roanoke in Roanoke Virginia  
THEME: “INVOLVED AND SHINING”

Some of you missed it! The SAR 2014 Convention! Just know that you were missed by those attending. Not only are there thanks to the committee for assembling the convention, but thanks go out to those attending, too. Without you, there would have been no convention.

The 2014 SAR Convention was held at beautiful Hotel Roanoke in Roanoke, Virginia on March 23-25.

161 SAR members and guests registered for the convention which featured eight programs, an Ikebana skit, a garden fashion show and a standard flower show.

The Standard Flower Show “A World Of Opportunities – Be involved” was in honor of our SAR Director Martha Morgan and was co-sponsored by the Virginia Federation of Garden Club’s Blue Ridge District and the Blue Ridge District Flower Show Judges Council. Thank you to each person who entered the show!

Congratulations to our top award winners:

**Design Division:**

- The Award of Design Excellence
- Petite Award
- Designer’s Choice Award

- Donna Donnelly, The Garden Club of South Carolina
- Brenda McManaway, Virginia Federation of Garden Clubs
- Donna Donnelly, The Garden Club of South Carolina

**Horticulture Division:**

- The Award of Horticultural Excellence
- Award of Merit
  - Section A. Narcissus
  - Section B. Other Bulbs
  - Section C. Perennials
  - Section D. Flowering Branches

Lu Cavallaro, Virginia Federation of Garden Clubs

**Arboreal Award**

- Section E. Broadleaf Evergreen Shrubs without berries
- Section F. Conifers

- Mary Sue Floyd, Virginia Federation of Garden Clubs
- Lu Cavallero, Virginia Federation of Garden Clubs
- Joy Murray, Virginia Federation of Garden Clubs
- Lu Cavallaro, Virginia Federation of Garden Clubs

**Special Exhibits Division:**

- The Educational Top Exhibitor Award

- Judy Ann Fray, Virginia Federation of Garden Clubs
- Judy Ann Fray, Virginia Federation of Garden Clubs

Thank you to each person who “followed the star to SAR” where the South Atlantic Region of NGC showed that it is indeed “involved and shining.”

Janice Clem

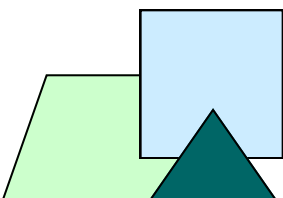
2014 SAR Convention Chairman



Design Excellence

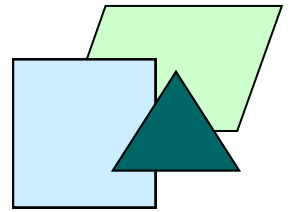


Horticulture Excellence



Key Notes April 2014  
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# SAR Convention 2014 (continued)



A Few Scenes to Show You What You Missed



SAR Director Martha Morgan Presenting Member of Honor Award to Marian Danco



"Ikebana Presentation and Skit"



Workshop #1: Simple Things to Transform Your Garden



Just One of Our Opportunities to Visit With Friends or Make New Friends



Opening Business Session



"Growing Your



Workshop #2:  
Vertical Gardening



Paul Saunders and his  
"Boxwood, Stars for Gardens"



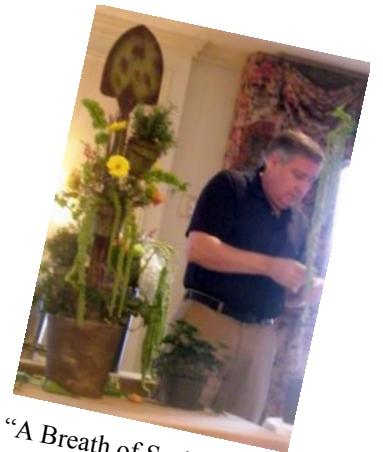
Miniature Landscapes



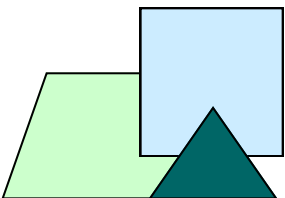
"Horrid Insects"



"The Brilliance of Creativity"

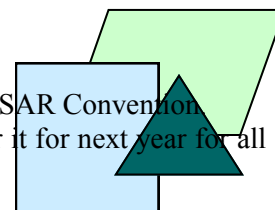


"A Breath of Spring"



## AWARDS

The following awards were presented to Clubs, Council, Districts, or States at the Breakfast at the SAR Convention. If you notice an award, and think “We did that activity/project” but you didn’t apply, then consider it for next year for all your activities for which awards are offered.



#1 Arbor Day/Tree Planting	
i Kalmia Garden Study Club	SC
ii The Madison Garden Club	VA
iii Flowertown Garden Club	SC
iv Hilton Head Council of Garden Clubs	SC
#2 Bird Protection	
i Lake Trace Garden Club	NC
ii None	
iii Lancaster Council of Garden Clubs	SC
iv Cape Fear Garden Club, Wilmington	NC
#3 Butterfly Habitat	
Moneta Garden Club	VA
#4 Civic Beautification	
i Camellia Garden Club	SC
i Azalea Garden Club of Marion	SC
iii Salisbury Garden Club	VA
#5 Environmental Award	
The Garden Club of Charleston	SC
#6 Garden Therapy/Healing Garden	
Clarice Wilson Garden Club	SC
#7 Garden therapy	
i Two Creeks Garden Club, Alvaton	KY
ii Azalea Garden Club of Sumter	SC
iii Garden Club of Frankfort	KY
#8 Historic Trail & Preservation	
Woodland Oaks Garden Club	WV
#9 Horticulture Achievement	
Sue Derbyshire of Emma Scott Garden Club	WV
#10 Landscape Award	
Francis Fauquier Garden Club	VA
#11 Litter/Recycling/Reclamation	
i Green Meadow Point Garden Club	VA
#12 <i>The National Gardener</i>	
None	
#13 National Garden Week	
i Mooresville Garden Club	NC
ii The Beaufort Garden Club	SC
#14.A Best Slide, Video, or Power Point Program	
Two Creeks Garden Club, Alvaton	WV
#14.B Best Program Without Slides, Video, or Power Point	
Salisbury Garden Club	VA
#15 Public Relations	
Garden Club of Danville	KY
#16 Roadside	
May Farm Garden Club of Kingston	VA

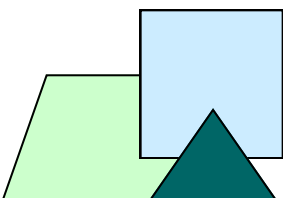


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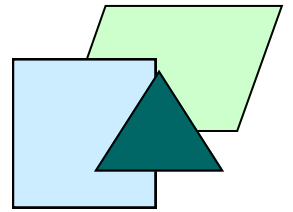
# Awards

(Continued from page 14)

#17 Standard Flower Show Schedule		#35 NGC Youth Sculpture Contest	
A. Single Club		4th Grade: Caroline Lucas	SC
Dogwood Garden Club, Shenandoah District	VA	5th Grade: Taylor Johnson	KY
B. Two or More Clubs or Council		6th Grade: Logan Crowe	SC
Winchester Council of Garden Clubs	VA	7th Grade: Morgan King	SC
#18 The Martha Smith Visual community Improvement		8th Grade: Ezra Buettner	WV
Woodland Oaks Garden Club	WV	Overall Sculpture Winner	
#19 'Plant It Pink'		Taylor Johnson	
Dig-a-Bit Garden Club	NC	#36 NGC Youth Poetry Contest	
#20 <i>Vision of Beauty</i> Calendars Sales		1st Grade: Amanda Bilchick	VA
Green Pine Garden Club	VA	2nd Grade: None	
#21 Flowering Trees Landscape Award		3rd Grade: Joey Johnson	VA
Open Gate Garden Club	KY	4th Grade: Caroline White	VA
#22 The Emily Floyd Stephens "Green Space" Award		5th Grade: Alyssa Staples	VA
Sue Derbyshire Emma Scott Garden Club	WV	6th Grade: Jessica Bilchick	VA
#23 Blue Star Memorial Landscaping		7th Grade: Lexi Heck	WV
Fair Hills & Glasgow Garden Clubs (sharing)	VA	8th Grade: None	
#24 Edith Coogler Landscape Award		9th Grade: Julie Sorenson	VA
None		Special Education: Aiden McAdoo	KY
#25 Jimmell Walker Memorial Membership Award		ESL: Grade 4: Tammy Namakin	KY
Awarded at Regional Meal at NGC Convention		Overall Winner: Caroline White	
#26 National Life Member Award		Press Book	
Virginia Federation of Garden Clubs	VA	Small Club: Green Meadow Point GC	VA
#27 Water Conservation Award		Medium Club: Rappahannock GC	VA
None		Large Club: Chesapeake Bay GC	VA
#28 Website Award		District: Tidewater District	VA
Gateway Garden Club	WV	Club Yearbooks (NGC #16-A)	
West Hanover Garden Club	VA	20 & Under: Bland GC	SC
#29 Youth Education Award		21-29 Members: Kalmia Garden Study	SC
Boiling Spring Lakes Garden Club	NC	30-44 Members: Lancasre GC	SC
#30 SAR Life Memberships		45-69 Members: Hanover Towne GC	VA
The Garden Club of North Carolina (?)	NC	70-99 Members: Flowertown GC	SC
#31 2014 SAR Convention Registration Award		100-299 Members: Raleigh GC	NC
West Virginia Garden Clubs	WV	300+ Members: The GC of Charleston	SC
#32 Youth Activities Award		Council Yearbook (NGC #16-B)	
Gold Dusters Junior Garden Club	VA	GC Council of Greater Columbia	SC
#33 NGC High School Essay Contest		Yearbook for Councils of Judges or Consultants	
Anna Chastain		(NGC #16- E)	
(Sponsored by Pickens Garden Club)	SC	Landscape Design Consultants Council	SC
#34 Smokey Bear/Woodsy Owl Posters			
1st Grade: Raini Blankenship	SC		
2nd Grade: Sam Keeney	WV		
3rd Grade: Hunter Lutz	VA		
4th Grade: Enzo Cooper	VA		
5th Grade: David DiNardo	VA		



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## *The South Atlantic Region Member States*



SARa Bee

**Pleased Share This Newsletter With Clubs In Your  
State And With Members Of The State Boards  
Thank You**

*Key Notes*

*April 2014*

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)